

A Rational Approach to Prescribing and Deprescribing Benzodiazepines

October 16th, 2024

Description

This webinar, A Rational Approach to Prescribing and Deprescribing Benzodiazepines, will discuss the importance of deprescribing, especially for older adults. We will specifically focus on promoting safe benzodiazepine prescribing practices for this population. By the end of this webinar participants will be able to:

- Discuss the epidemiology of benzodiazepine prescribing and latest risk/benefit evidence
- Describe why deprescribing may be an important intervention for many older adults
- Review what benzodiazepine deprescribing entails

Target Audience: Physicians, Social Workers, Nurses, Administrators - Primary care physicians and primary care practice team members participating in CoCM.

Planner: Donovan Maust, MD. Michigan Medicine

Co-Planners: Sarah A. Bernes, MPH, LMSW, MBA, PRISM, Lindsay West, MSW, MICMT, Marie Beisel, MSN, RN, CCM, MICMT

12:30 - 12:40 pm	Welcome and Introductions Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH
12:40 pm - 12:55pm	Epidemiology of benzodiazepine prescribing Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH
12:55 pm – 1:05 pm	Risks and benefits of benzodiazepines Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH
1:05 pm - 1:25 pm	Rationale for deprescribing as an intervention for older adults Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH
1:25 pm - 1:45 pm	Deprescribing practices Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH
1:45 pm -2:00pm	Question and answer Donovan Maust, MD; Sarah Vordenberg, PharmD, MPH

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The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Michigan Medical School designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Michigan Institute for Care Management and Transformation is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This course is approved by the NASW-Michigan CE Approving Body. Michigan Institute for Care Management and Transformation is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved provider Number: MICEC110216.