

Michigan Community Resources

Organization/Program	Web Site	Phone Number/Email
Information and Assistance About Older Adult Programs		
Area Agency on Aging	http://www.michigan.gov/osa select Aging Services	517-886-1029
Michigan Office of Services to the Aging	http://www.michigan.gov/osa	517-373-8230
Michigan Aging and Adult Services Search	https://www.osapartner.net/miseniors/Default.aspx search by geography or service name	
Adult Foster Care/Adult Protective Services/Independent Living Assistance/Community Placement		
DHS Adult Services State of Michigan	http://www.michigan.gov/osa select Adult Services	
Adult Protective Services	http://www.michigan.gov/osa select Adult Services see also Special Programs; Prevent Elder and Vulnerable Adult Abuse, Exploitation, Neglect Today (PREVNT) Initiative	
Adult Protective Services/Guardianship/Domestic Crisis		
Michigan Department of Health and Human Services (MDDHS)	http://www.michigan.gov/mdhhs	
Care/Caregiver Resources		
Citizens for Better Care – Nursing Home Ombudsman	http://www.cbcmi.org/ombudsman-program.html	
Creating Confident Caregivers®	http://www.michigan.gov/osa select Special Programs	
Michigan Long-Term Care Ombudsman Program	http://mltcop.org/	
Michigan Department of Community Health	www.michigan.gov/primarycare	

Health in Aging	www.healthinaging.org	
American Geriatrics Society	www.americangeriatrics.org	
Home Repair & Maintenance/Utilities		
DHS Adult Services State of Michigan	www.michigan.gov/dhs	

Cancer Information & Resources for Care Management

Organization/Program	Web Site	Phone Number/Email
American Cancer Society (ACS)	http://www.cancer.org/treatment/supportprogramsservices/index	Search for resources by zip code or city and type of service
Advocacy		
National Coalition for Cancer Survivorship (NCCS)	http://www.canceradvocacy.org/resources/cancer-survival-toolbox/ http://www.canceradvocacy.org/	
American Cancer Society Cancer Action Network	www.acscan.org	
International Cancer Advocacy Network (ICAN)	www.askican.org	
National Comprehensive Cancer Network (NCCN)	www.nccn.org/patients/advocacy/default.aspx	
Amputee Support		
Amputee Coalition and Amputee Resource Guide	http://www.amputee-coalition.org/limb-loss-resource-center/resources-by-state/#	Resource Specialists at 888/267-5669 Monday-Friday 8:00am-5:00pm EST
Amputee News	http://amputeenews.com/	
U-CAN Support Group	https://medicine.umich.edu/dept/pmr/programs/orthotics-prosthetics/u-can-amputee-support-group	Meets the first Tuesday of each month, 5:30 p.m. to 7:30 p.m., at the University of

		Michigan Orthotics and Prosthetics Center(link is external)
Appearance		
ACS – Look Better Feel Better	http://lookgoodfeelbetter.org/	1-800-395-LOOK
Wigs (Cranial Prosthesis)	TLC Tender Loving Care catalogue http://www.tlcdirect.org/	1-800-850-9445
Cancer Information		
American Cancer Society	http://www.cancer.org/	
Michigan Department of Community Health	www.michigan.gov/primarycare	
National Cancer Institute	http://www.cancer.gov/	

Cancer Information & Resources for Care Management

Cancer Community		
Cancer Care	www.cancercare.org	
Wellness Community/Gilda's Club	www.cancersupportcommunity.org/	
Counseling		
American Psychosocial Oncology Society APOS Hotline	www.apos-society.org	1-866-276-7443
State of Michigan Community Mental Health	http://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4899---,00.html	
Complementary Medicine		
National Center for Complementary and Integrative Health	https://nccih.nih.gov/health	
Domestic Violence		
Michigan Department of Community Health	http://www.michigan.gov/mdhhs/0,5885,7-339-71548_7261---,00.html	
Elder Abuse	www.michigan.gov/mdhhs	1-855-444-3911

Domestic Violence Resource Directory – By County	http://www.michigan.gov/som/0,4669,7-192-29941_30586_240---,00.html	
Michigan Coalition to End Domestic and Sexual Violence	http://www.mcedsv.org/	
University of Michigan Domestic Violence and Sexual Assault Resources Pages	https://umdearborn.edu/students/womens-resource-center/community-resources/domestic-violencesexual-assault https://sapac.umich.edu/resources/list/313	
Drug/Alcohol/Behavioral		
Al-non	www.miafg.org or http://www.al-anon.alateen.org/	
Families Anonymous	www.familiesanonymous.org	
Narcotics Anonymous	http://www.michigan-na.org/	
End of Life/Palliative Care		
Medical College of Wisconsin	http://www.caringcommunity.org/helpful-resources/models-research/end-of-lifepalliative-care-education-resource-center-medical-college-of-wisconsin-milwaukee/	
Children’s Palliative Care Coalition of Michigan	http://childpalliative.org/	
National Hospice and Palliative Care Organization	www.caringinfo.org	
Financial Aid for Living Expenses During treatment		
The Pink Fund	www.thepinkfund.org	
Shades of Pink Foundation (Breast Cancer)	www.shadesofpinkfoundation.org	
Food/Housing/Shelter		
Michigan Homeless Shelters and Social Services	http://www.homelessshelterdirectory.org/michigan.html	
Food Pantries.org	http://www.foodpantries.org/st/michigan	
Kroger Kids Fresh Friends Program	http://www.bargainstobounty.com/2016/02/kroger-kids-fresh-friends-program-free-produce-month/	

Cancer Information & Resources for Care Management

Foundations		
Skin Cancer Foundation	www.skincancer.org	
Colon Cancer Foundation	www.coloncancerfoundation.org	
Lung Cancer Foundation	www.lcfamerica.org	
Leukemia & Lymphoma Society	www.lls.org	
Myelodysplastic Syndrome Foundation	http://www.mds-foundation.org/	
Prostate Cancer Foundation	www.pcf.org	
Pancreatic Cancer Action Network	www.pancan.org	
Breast Cancer Foundation	www.nationalbreastcancer.org	
Triple Negative Breast Cancer Foundation	www.tnbcfoundation.org	
Fundraising		
You Caring-free Online Fundraising	www.youcaring.com	
Grief/Bereavement		
Grief Net	www.griefnet.org	
County Health Department		
Health Insurance		
Medicare/Medicaid	www.michigan.gov/	
American Society of Hematology	http://hematology.org/Patients/Blood	
National Comprehensive Cancer Network	www.nccn.org	
Legal issues		

Cancer Legal resource Center	www.CancerLegalResourceCenter.org Loyola Law School	
Lymphedema		
National Lymphedema Network	http://www.lymphnet.org/	
Leg Lymphedema Treatment	http://www.lymphnet.org/pdfDocs/position.papers/Diagnosis.Treatment.pdf	
Medications – Some at Low Cost		
Sam’s Club	www.samsclub.com search for pharmacy	Do not need to be a member to use the pharmacy
Costco	www.costco.com	
Kroger	www.kroger.com/pharmacy	
Walmart	www.walmart.com/pharmacy	
Meijer	https://www.meijer.com/content/content.jsp?pageName=free_prescriptions	Limited number of medications available at no cost

Cancer Information & Resources for Care Management

Ostomy Support		
Meet An Ostomate	www.meetanostomate.org	
United Ostomy Associations of America Support Group search	http://www.ostomy.org/UOAA_Affiliated_Support_Groups.html	
Spectrum Health Ostomy Clinic	http://www.spectrumhealth.org/patient-care/services-and-treatment-detail-pages/wound-ostomy-and-continenence-program	
Peer/Buddy Programs		

Lung Cancer Alliance	www.lungcanceralliance.org	
Colon Cancer Alliance	http://www.ccalliance.org/get-support/peer-to-peer-support/	
Melanoma	www.melanoma.org/find-support/phone-buddy	
FORCE – Facing Our Risk of Cancer Empowered	https://www.facingourrisk.org/support/find-support.php	BRCA positive individuals
Peripheral Neuropathy		
Cancer.net	http://www.cancer.net/navigating-cancer-care/side-effects/peripheral-neuropathy	
National Institute of Health	www.ninds.nih.gov/disorders/peripheralneuropathy/	
Psychosocial Issues		
American Psychosocial Oncology Society	https://www.apos-society.org/	
Scholarships/Camps/Retreats		
Bluebird Cancer Retreats – Adults	www.bluebirdmi.org	
Casting for Recovery (Women)	www.castingforrecovery.org	
Reel Recovery (Men)	www.reelrecovery.org	
Screening Information		
American Cancer Society	www.cancer.org/healthy/findcancerearly/index	
Suicide/Mental Health		
MDHHS Suicide	http://www.michigan.gov/mdhhs/0,5885,7-339-71548_54879-358892--,00.html	1-800-273-TALK (8255) www.suicidepreventionlifeline.org

Prevention page		
Michigan Suicide Hotlines – 24hr/7 days	http://www.suicide.org/hotlines/michigan-suicide-hotlines.html	
Suicide Prevention Resource Center	www.sprc.org/states/michigan	Resource Guide for Families Dealing with Mental Illness http://www.michigan.gov/documents/MDC_H-MentalIllness-10AUG04_102671_7.pdf
Sun Protective Clothing		
Solumbra	www.sunprecautions.com	
Coolibar	www.coolibar.com	
Support Groups		
American Cancer Society	www.cancer.org	
Treatment		
NIH	www.cancer.gov	
National Comprehensive Cancer Network	www.nccn.org	

Cancer Information & Resources for Care Management

Transportation to Treatment		
Road to Recovery	https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html	1-800-227-2345
Tobacco/Smoking Cessation		
Nicotine Anonymous	https://nicotine-anonymous.org/	
American Lung Association	http://www.lung.org/stop-smoking/	
Michigan Department of Community Health, Tobacco Quitline	http://www.michigan.gov/mdhhs/0,5885,7-339-73970_71692_8347-198548--,00.html	1-800-QUIT-NOW (784-8669) available 24 hours a day, 7 days a week.

Volunteerism		
American Cancer Society	www.cancer.org	
Gilda's Club Cancer Support Community	http://www.gildasclubdetroit.org/	
Leukemia & Lymphoma Society	www.lls.org	

Essential Needs & Community Resources Support for Care Management

Organization	Web Site	Phone Number/Email
Community Services		
Michigan Works – Job Search Resource center	www.michiganworks.org	
Michigan 2-1-1	http://www.mi211.org/	
Helping Hand	http://www.michigan.gov/helpinghand/0,4595,7-258-54142---,00.html	
Listing of 2-1-1 by county	http://www.referweb.net/211michigan/	
211 - United Way-Southeastern Michigan	https://unitedwaysem.org/2-1-1/	

Food		
County Department of Human Services Food Assistance Program (Bridge Card)	https://www.mibridges.michigan.gov/access/	
WIC – Women Infants and Children Special Supplemental Nutrition Program	http://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910---,00.html	
Health Insurance		
You should contact your insurance carrier to determine what behavioral health coverage you have. If you do not have a carrier or find you have no coverage, contact network 180		
County Department of Human Service – Medicaid Applications	http://www.michigan.gov/mdhhs	
Healthy Michigan Plan	http://www.michigan.gov/healthymiplan	1-855-789-5610
MMAP – Health Benefits Information and Counseling Medicaid Applications	www.mmapinc.org	1-800-803-7174
Medication Assistance		
Medicare/Medicaid Assistance Program – Medicare prescription Drug Coverage Assistance Through MMAP’s Extra Help Program	www.mmapinc.org	
Needy Meds.org	www.needymeds.org	
Partnership for Prescription Assistance	www.pparx.org	
Transportation		
Managed Care Medicaid Medical transportation Lines (call 5 days ahead): Priority Health (888)975-8102; Molina (888)898-7969; Meridian Health Plan (800)821-9369; United Health Care (877)892-3995; McLaren Health Plan (888)327-0671		

Utilities		
The Thaw Fund	http://www.thawfund.org/	
DHS Adult Services of Michigan	www.michigan.gov/mdhhs	

Behavioral Health Support for Care Managers

Organization	Web Site	Phone Number/Email
Alcohol and Substance Abuse Services		
Michigan Department of Community Health	http://www.michigan.gov/mdhhs	
Alcoholics Anonymous	http://www.aa.org/	
Counseling		
Michigan Department of Community Health	http://www.michigan.gov/mdhhs	
Mental Health Association in Michigan	http://www.mha-mi.com/	
Suicide/Crisis Intervention		
Michigan Association for Suicide Prevention	http://masponweb.org/	
Michigan Suicide Prevention Coalition	http://www.sprc.org/states/michigan	
MDHHS Suicide Prevention page	http://www.michigan.gov/mdhhs/0,5885,7-339-71548_54879-358892--,00.html	1-800-273-TALK (8255) www.suicidepreventionlifeline.org

Michigan Suicide Hotlines – 24hr/7 days	http://www.suicide.org/hotlines/michigan-suicide-hotlines.html	
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Organization	Web Site	Phone Number/Email
Pregnancy and Newborn Services		
Pregnancy Resource Center - pregnancy testing, baby clothes and formula, support and information	www.prcgr.org	616-456-6873
MDHHS Free or Low Cost Family Planning Services	http://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943_52115-203971--00.html	
Planned Parenthood of Michigan	https://www.plannedparenthood.org/planned-parenthood-michigan	
Michigan Pregnancy Resource Directory	https://www.helpinyourarea.com/michigan/	
Pregnancy Aid Detroit	http://www.pregnancyaiddetroit.org/	
Domestic Crisis and Child Protective Services		
DHS Child Protective Services - abuse investigation, intervention, treatment, foster care	http://www.michigan.gov/mdhhs	
Family Centered Medical Home		
Family Centered Medical Home Resources	http://www.medicalhomeportal.org/	
Prevention and Health Promotion		
American Academy of Pediatrics “Bright Futures” Guidelines	https://brightfutures.aap.org/Pages/default.aspx	
Other Resources		
The National Resource Center for Youth Services at the University of Oklahoma OUTREACH	http://www.nrcys.ou.edu/	
Legal and Governmental		

Organization	Web Site	Phone Number/Email
HIPAA for minors	http://www.michigan.gov/documents/mdch/Michigan_Minor_Consent_Laws_292779_7.pdf	
Adverse Childhood Experiences (ACE)		
Resilience Trumps ACES	http://www.resiliencetrumpsaces.org/	
Behavioral Health		
American Academy of Child and Adolescent Psychiatry	www.aacap.org	
Mental Health America (resource site for families and support group locator)	http://www.mentalhealthamerica.net/	
Autism Alliance of Michigan	https://autismallianceofmichigan.org/	
Autism Speaks	https://www.autismspeaks.org/site-wide/michigan	
Weight Management		
Beaumont Healthy Kids Program	http://www.beaumontchildrenshospital.com/weight-loss	248-655-5900 / 888-899-4600
Helen DeVos Children's Hospital Healthy Weight Center	http://www.helendevoschildrens.org/healthyweightcenter	616-391-7999
Henry Ford Health System Pediatrics Let's Get Healthy!	https://www.henryford.com/services/pediatrics/education/lets-get-healthy	313-874-6653
St John Providence Outpatient Nutrition Management Services Program	http://www.stjohnprovidence.org/weight-loss	248-849-3903
St Joseph Mercy Health System Shapedown Program-Ann Arbor	http://www.stjoesannarbor.org/shapedown	734-712-5800 #2
St Joseph Mercy Health System-Oakland	http://www.stjoeshealth.org/healthy-links-hmr-program-for-weight-management	248-858-2556
University of Michigan Pediatric Comprehensive Weight Management Center	http://www.uofmhealth.org/medical-services/ped-weight-management http://www.mottchildren.org/mconnect	734-615-3829

Organization	Web Site	Phone Number/Email
MPOWER Michigan Pediatric Outpatient Weight Evaluation and Reduction Programs		
Life's Simple 7 for Kids	http://www.heart.org/HEARTORG/HealthyLiving/HealthyKids/LifesSimple7forKids/Lifes-Simple-7-for-Kids_UCM_466610_SubHomePage.jsp#	
Just for kids	http://www.just-for-kids.org/	
Choose My Plate	https://www.choosemyplate.gov/search/node	
Let's Go	https://mainehealth.org/lets-go	
Educational Rights for Children with Disabilities		
Michigan Administrative Rules for Special Education R 340.1700	https://www.michigan.gov/documents/mde/MARSE_Supplemented_with_ID_EA_Regs_379598_7.pdf	
Michigan Alliance for Families	www.michiganallianceforfamilies.org	800-552-4821
Michigan Alliance for Families 13 Eligibility Categories for children who may benefit from support in the educational system	http://www.michiganallianceforfamilies.org/education/eligibility-categories/	800-552-4821
Michigan Protection & Advocacy Service, Inc. (MPAS)	www.mpas.org	
Special Education: An Advocate's Manual <ul style="list-style-type: none"> Obtained from MPAS 	http://www.michiganallianceforfamilies.org/wp-content/uploads/2017/11/MPAS-Advocacy-Manual-Updated-10-17.pdf	800-288-5923
Center for Educational Networking	www.cenmi.org	888-463-7656

**Disclaimer: The above database is not all inclusive. Nor does MiCMRC endorse these services. They are listed for your information and use if helpful.