

Trainer Organization SMS Curriculum TEMPLATE – Self-Management support (SMS) APPLICATION -

**Steps to complete the SMS Course Trainer Application:**

1. Review the MICMT SMS Trainer Organization Requirements and Lead Trainer Qualifications document. **[Click Here](https://micmrc.org/sites/default/files/SMS%20Training%20organization%20and%20trainier%20criteria%20v2.pdf)**

2. Review the MICMT Standardized SMS course curriculum which includes topic, objectives, modality. [**Click Here**](https://micmrc.org/sites/default/files/Self-Managment%20curriculum%20grid%20v5.pdf)

* Review SMS Standardized course content (slide decks, case studies, handouts): [**Self Study Modules**](https://micmrc.org/Self-management-support-self-study)**,** **[One Day in Person Course Materials for Participants, Course Slide Decks, Handouts and Activities for Trainers](https://micmrc.org/self-management-support-course-participant-materials" \t "_blank)**

3. Complete this Trainer Organization SMS curriculum template (see table below).

* Purpose of the Trainer Organization SMS curriculum template:

a) inform MICMT if your course will include content in addition to the MICMT SMS standardized curriculum,

b) describe the content addition, and

c) indicate for each agenda topic the teaching modality you will use.

* The approved training organization may add content to the standardized MICMT SMS course materials, provided the MICMT standardized SMS curriculum is covered.
  1. POs are encouraged to add content to the standardized SMS course content to tailor the information which is specific for their practices. For ex. Using population health related examples in self-management support lessons
  2. For the Billing content which includes Self-Study, the in person “Sustainability and Billing” power point, and case studies; the expectation is for the Trainer Organization to use the MICMT billing course material with “additions only”.
  3. All MICMT SMS standardized course objectives are to be used in the approved Statewide SMS Trainer courses.

* Once you complete this document please save the document. When you proceed to complete the web based MICMT Statewide SMS course Trainer Application, you will receive a prompt to upload this document.

4. Complete the web based MICMT Statewide SMS course Trainer Application. [**Click Here**](https://umich.qualtrics.com/jfe/form/SV_2gJRotTHOk1EFQV)

To view the MICMT SMS Statewide Trainer Application web page[**Click Here**](https://micmrc.org/self-management-support-course-statewide-trainer-organization-application-and-resources)

PO/Trainer Organization Name:

| **MICMT Standardized Self-Management Support – Self Study** | | | |  |
| --- | --- | --- | --- | --- |
| **SMS Topic** | **Objectives** | **If your PO/Trainer Organization plans to *add content*, please describe.**  ***OR***  **If you are *not adding content* indicate N/A** | **Please indicate the *modality* your PO/ Trainer Organization will use to teach each agenda topic** | **Is your PO/ Trainer Organiza-tion willing to share “added Content” Y/N** |
| **Introduction to Care Management and Care Coordination** | 1. Define Care Management 2. Describe the goals of Care Management 3. Describe the Triple Aim and the relationship to Care Management 4. Define the Patient Centered Medical Home |  |  |  |
| **Social Determinants of Health** | 1 Describe how addressing social determinants of health in primary care can improve patient’s health  2 Learn how team members, (MAs, CHWs) can work together to address SDoH |  |  |  |
| **Team Based Care** | Relate 2 major trends in primary care team structure in the physician office setting |  |  |  |
| **Patient Engagement** | 1. 1. Define Patient and Family Engagement 2. 2. Describe concepts integral to patient and family engagement 3. 3. List potential challenges to effective patient and family engagement 4. 4. Incorporate evidence-based engagement strategies when working with patients and families 5. 5. Increase awareness of the positive expected outcomes for successful patient and family engagement |  |  |  |
| **Health Literacy** | Describe how health literacy effects patients ability for self-management |  |  |  |
| **Cultural**  **Competency** | Define cultural competence in the healthcare setting |  |  |  |

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| **MICMT Standardized Self-Management Support Course Agenda – 1 Day in person** | | | |  |
| **MICMT standardized SMS course Topic** | **Objectives** | **If your PO/Trainer Organization plans to *add content*, please describe.**  ***OR***  **If you are *not adding content* indicate N/A** | **Please indicate the *modality* your PO/ Trainer Organization will use to teach each agenda topic** | **Is your PO/ Trainer Organization willing to share “added Content” Y/N** |
| **MICMT Curriculum Course Introduction** | 1.Describe Michigan Institute for Care management and Transformation goals and resources available for physician office team members  2. Apply behavior change to personal goals |  |  |  |
| **Self-Management** | 1. Define Self-Management  2. Describe Self-Management Support |  |  |  |
| **Chronic Illness and Self-Management** | Describe chronic illness care related to self-management |  |  |  |
| **Motivational Interviewing** | 1. Provide an understanding of the MI spirit  2. Illustrate how principals and applications of MI can support patient self-management |  |  |  |
| **Team Based Care and Self-Management** | Define and relate team based care to self-management support |  |  |  |
| **Action Planning and Problem Solving** | 1. Define an action plan  2. Describe the use of brief action planning  3. Understand how problem solving can be helpful in addressing barriers to care planning |  |  |  |
| **MICMT standardized SMS course Topic** | **Objectives** | **If your PO/Trainer Organization plans to *add content*, please describe.**  ***OR***  **If you are *not adding* content indicate N/A** | **Please indicate the *modality* your PO/ Trainer Organization will use to teach each agenda topic** | **Is your PO/ Trainer Organization willing to share “added Content” Y/N** |
| **Sustainability and Billing**   * Payer Billing code (Handout5)   **Activity**   * Care Management Billing Scenarios (Activity 7) | 1. Relate care manager activities to the tracking and billing codes 2. Relate caseload and care management activity billing to sustainability 3. Demonstrate use of billing codes in daily care management work |  |  |  |
| **Practice Session** | Demonstrate an effective patient interaction using motivational interviewing and brief action planning |  |  |  |
| **Wrap up**   * MICMT Statewide SMS Post test and evaluation |  |  |  |  |