

## Note Card information:

### Mary

- You agree to care management services
- Self-Reported Problems
  - I don't feel like going out much. It's too much effort.
  - My church friends are getting frustrated with me.
  - I don't always remember to take my medications
  - My daughter sets up my pills for the week and gets upset with me when she finds pills not taken, I don't take them right
  - I don't see the point in all of these things since Fred is gone and I am getting old
- Strengths
  - Can do my own ADLs
  - Church is important to me
  - I enjoy taking care of my dog. He is my constant companion
- Concerns
  - I don't have much money for food after I get my medications and pay bills.
  - I buy cheap canned vegetables and cheap quick things to prepare and eat when I go to the grocery store (don't shop that often so need canned or frozen.
  - I worry about my vision. I am afraid to drive and I know I need to get help with transportation as my eye sight is getting worse. I also have trouble making out my bills but am afraid to tell my daughter or ask for help  
My daughter works and has limited time to take care of me.
  - I worry about the electric bill in the winter. I get shut off notices in the winter. Sometimes it is either eat, take meds or pay the bills.
  - I am concerned about my depression but I was not ready for counseling after my husband died.
- Desires
  - I want to stay in my home as long as possible and I am concerned about going back to the hospital and being placed in a nursing home like my mother

## Note Care Information:

### Provider:

- The Care Manager has made contact with you and you have approved to have care management services initiated.
- You are supportive of care management services and expect that the Care Manager will take care of all Mary's concerns along with her daughters
- Your medical treatment plan includes focusing on Mary's fluid management and keeping her out of the ER and Hospital.
- You would like evidence that Mary is safe living independently in her home

## Note Card Information:

### Daughter

- Your mom is often sad and anxious.
  - You notice that your mom has had difficulty remembering simple things and when you have addressed this with her, she becomes very defensive.
  - You fill her pill boxes for her once per week
  - You do not want to put your mother in a nursing facility, yet you don't know what options are available
  - You have three children and due to other commitments you're not able to give any more time to assisting your mother.
  - You're feeling a little frustrated and overwhelmed
  - You're unsure if your mother is sharing everything with you
  - You could use some help as you are the primary caregiver for your mother
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