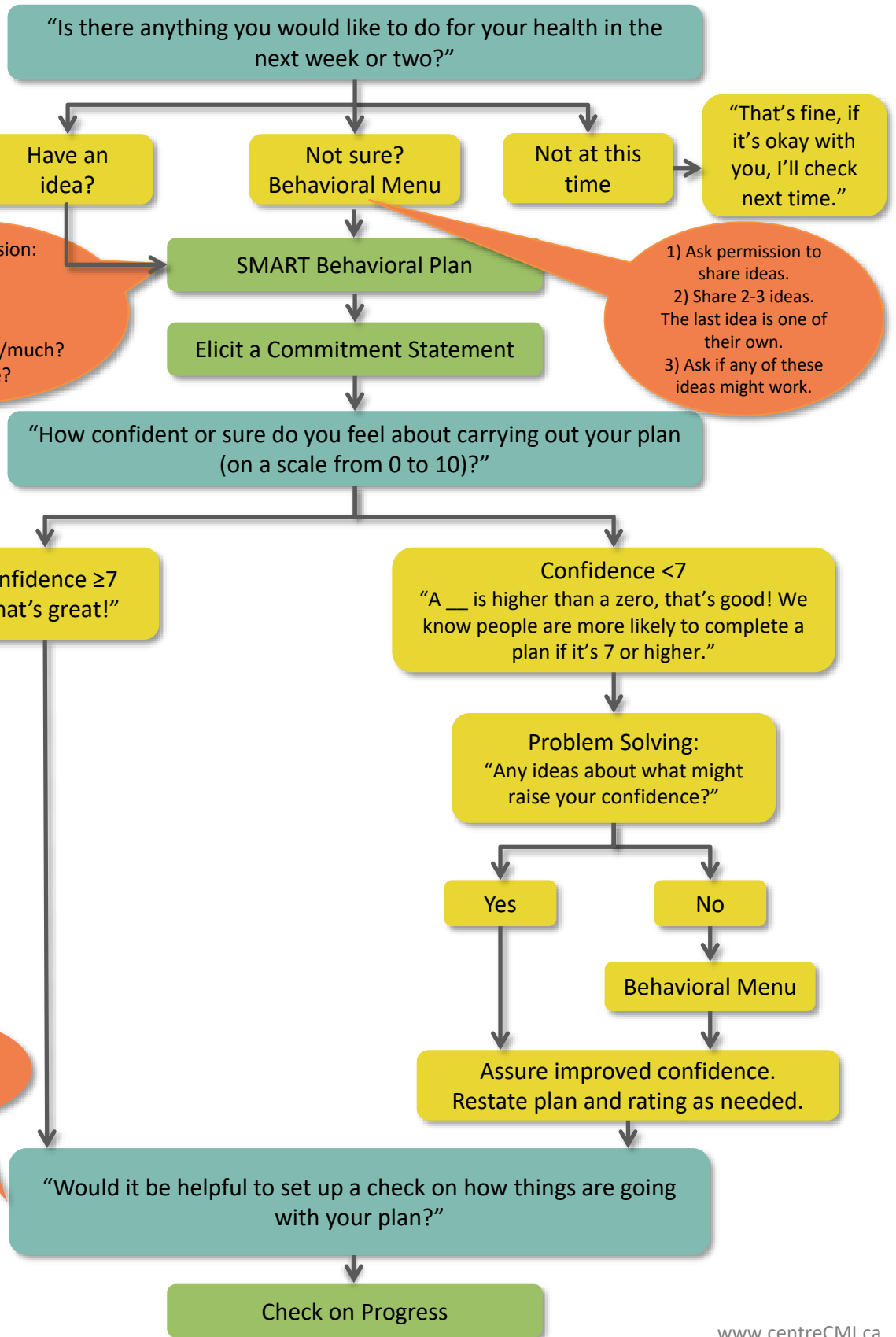
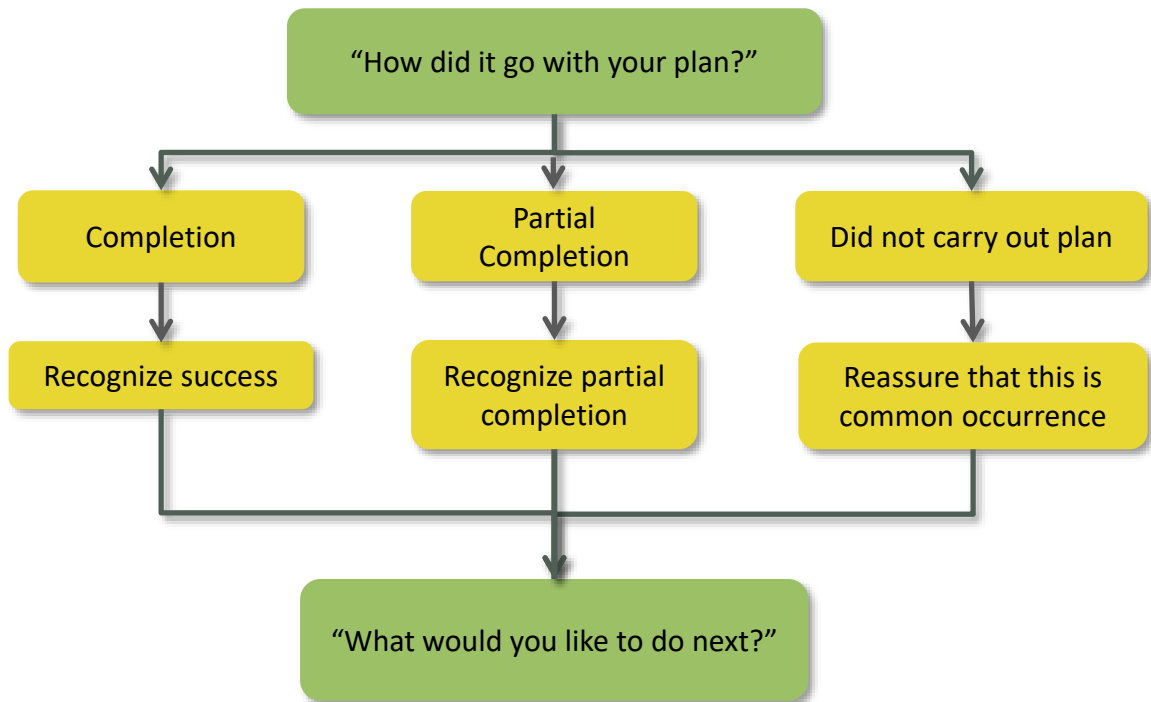


# Brief Action Planning Flow Chart

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## Checking on the Brief Action Plan



### The Spirit of Motivational Interviewing is the foundation of Brief Action Planning

**Compassion:** Caring what is important to another person and feeling moved to help.

**Acceptance:** Respecting another person and their right to change or not to change.

**Partnership:** Working together with another person and recognizing them as equal.

**Evocation:** Bringing out another's ideas, strengths and knowledge about the situation and themselves. This can include encouraging to explore.

Adapted from Miller W, Rollnick S. Motivational Interviewing:  
Preparing People for Change, 3ed. 2012.

Note: This flow chart provides prompts for those familiar with BAP and is intended to be used with the BAP Guide which contains critical information not detailed on the flow chart.

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