



## Care Management Introduction Activity

Introduce yourself to your neighbor. Your name and practice.

Using the definitions below in your own word state how you would or have described Care Management and Care Management Services to someone in your practice.

<p><b>Care management is a set of activities designed to assist patients and their support systems in managing medical conditions more effectively.</b></p> <p><small>“Care Management Definition and Framework.” Center for Health Care Strategies, 2007 (<a href="http://www.chcs.org/usf_doc/Care%20Management%20Framework.pdf">www.chcs.org/usf_doc/Care Management Framework. pdf</a>).</small></p>	
<p><b>The goals of care management:</b></p> <ul style="list-style-type: none"> <li>• To improve patients’ functional health status,</li> <li>• Enhance coordination of care,</li> <li>• Eliminate duplication of services,</li> <li>• Reduce the need for expensive medical services,</li> <li>• Increase patient engagement in self care</li> </ul>	
<p><b>Successful evidence-based interventions</b></p> <ul style="list-style-type: none"> <li>• Comprehensive care planning for complex patients</li> <li>• Coordination with specialists and community resources</li> <li>• Medication reconciliation</li> <li>• Care transition support</li> <li>• Individualized care plan</li> </ul>	

