



Reflections Activity

Activity#5

Write a complex reflection for each statement

- “I really hate pricking my finger!”

- “I’m not going to stop eating steak no matter what!”

- “Well, I do drink most days, but not that much really”

- “I’m usually the rock of the family, and even at work, but now this!”
- “I wouldn’t say that I miss many days, (of medication) but it’s not always so easy.”
- “I really want to lose weight, but I hate exercising!”