

Implementing Collaborative Care with Perinatal Patients

November 14, 2024

Agenda

8:00 AM - 8:30 AM	Welcome & Collaborative Care in Perinatal Practice* <i>Sarah Bernes</i> <i>Audience: Primary Care Provider (PCP)/Obstetrics (OB), Psychiatric Consultant (PC), Behavioral Health Care Manager (BHCM)</i>
8:30 AM - 9:30 AM	Perinatal Mood and Anxiety Disorders* <i>Samantha Shaw</i> <i>Audience: PCP/OB, PC, BCHM</i>
9:30 AM - 9:45 AM	Break
9:45 AM - 10:30 AM	Other Perinatal Mental Health Disorders* <i>Alyssa Stevenson</i> <i>Audience: PCP/OB, PC, BCHM</i>
10:30 AM - 11:30 AM	Perinatal Psychopharmacology* <i>Alyssa Stevenson</i> <i>Audience: PCP/OB, PC, BCHM</i>
11:30 AM - 11:45 AM 11:30 AM - 12:30 PM	Break for PCs Lunch for BCHMs
11:45 AM - 12:45 PM	Perinatal Psychopathology and Pharmacological Intervention* <i>Mahela Ashraf</i> <i>Audience: PC</i>
12:30 PM - 1:30 PM	Collaborative Care Assessment with Perinatal Patients <i>Rena Menke, Karen Gall</i> <i>Audience: BCHM</i>
1:30 PM - 2:30 PM	Brief Interventions with Perinatal Patients <i>Rena Menke, Molly Crump</i> <i>Audience: BCHM</i>
2:30 PM - 2:45 PM	Break
2:45 PM - 3:45 PM	Providing Trauma Informed Care to Perinatal Patients <i>Karen Gall</i> <i>Audience: BCHM</i>
3:45 PM - 4:00 PM	Conclusion and next steps <i>Sarah Bernes</i> <i>Audience: BCHM</i>

*CME offered for only identified sections above

Description

The *Implementing Collaborative Care with Perinatal Patients* training is designed for practices that have completed the *Implementing Collaborative Care* ("Base Training") and have completed the OB/GYN Practice Assessment with a determination that the practice is ready for implementation. The training is intended to help the medical provider, psychiatric consultant, behavioral health care manager, and other practice team members gain the foundational knowledge and skills for implementing CoCM with the perinatal population. After completing this activity, participants will be able to incorporate workflows and other operational techniques unique to Collaborative Care within their practice to address the behavioral health needs of the perinatal population with

fidelity to the Collaborative Care Model. They will be able to implement the Behavioral Health Collaborative Care Model in their practices to address the behavioral health needs of the perinatal population.

Target Audience: OB/GYN physicians, primary care physicians, and psychiatric consultant physicians participating in CoCM and members of the OB/GYN/primary care practice team

Planner: Samantha Shaw, MD, Michigan Medicine

Co-Planners: Sarah A. Bernes, MPH, LMSW, MBA, PRISM, Lindsay West, MSW, MICMT, Marie Beisel, MSN, RN, CCM, MICMT

[Register here](#)

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