

Implementing Collaborative Care (CoCM) with adolescent and pediatric patients

Date: March 5, 2024

The logo consists of the word "PRISM" in a bold, orange, sans-serif font. To the right of the text is a decorative graphic made of many overlapping triangles in various shades of blue and purple, creating a faceted, prism-like effect.

PRISM

Thank you to Blue Cross Blue Shield of Michigan

Blue Cross Blue Shield of Michigan has contracted with PRISM to provide training and implementation on the evidence-based treatment model of Collaborative Care to primary care practices throughout the state of Michigan.



Zoom features

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Yes/No buttons, and raise your hand

View a list of everyone in the training, rename yourself

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Emojis, yes/no buttons, and raise your hand

Recording

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Participants (2)

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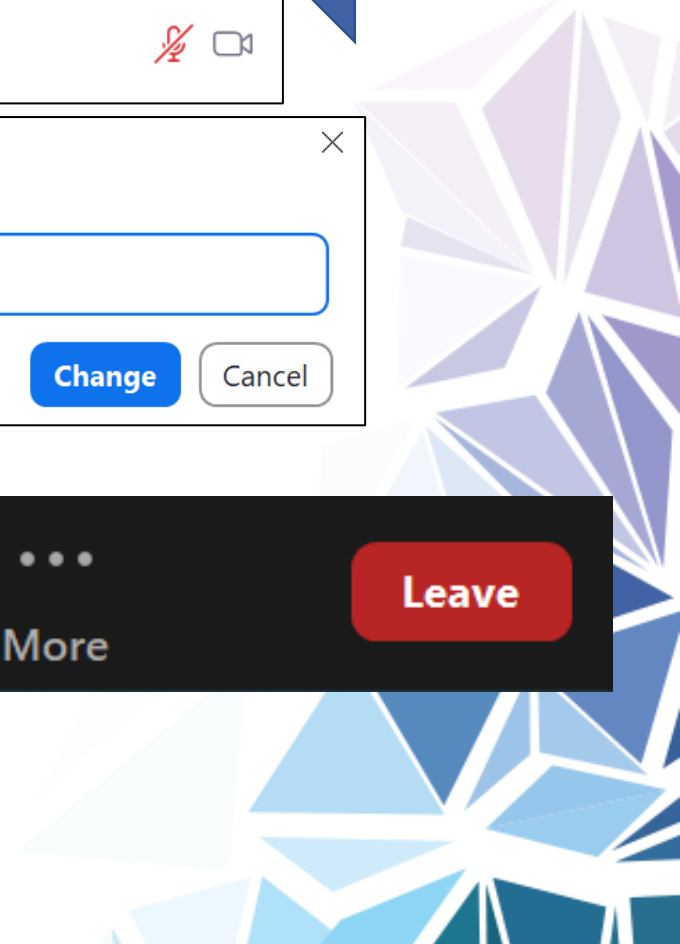
Participants 2

Chat

Reactions

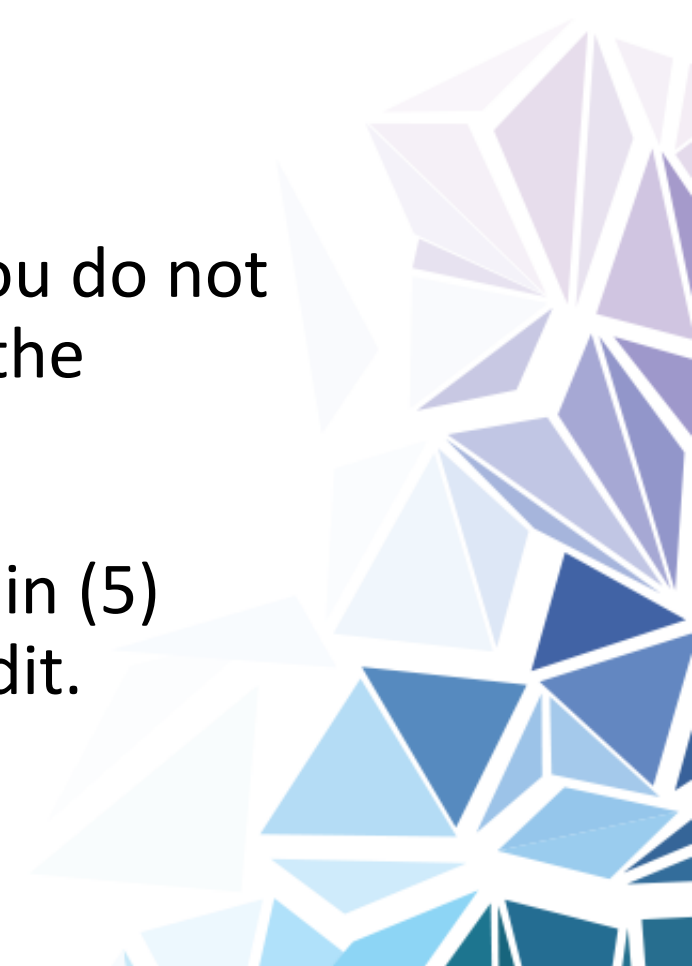
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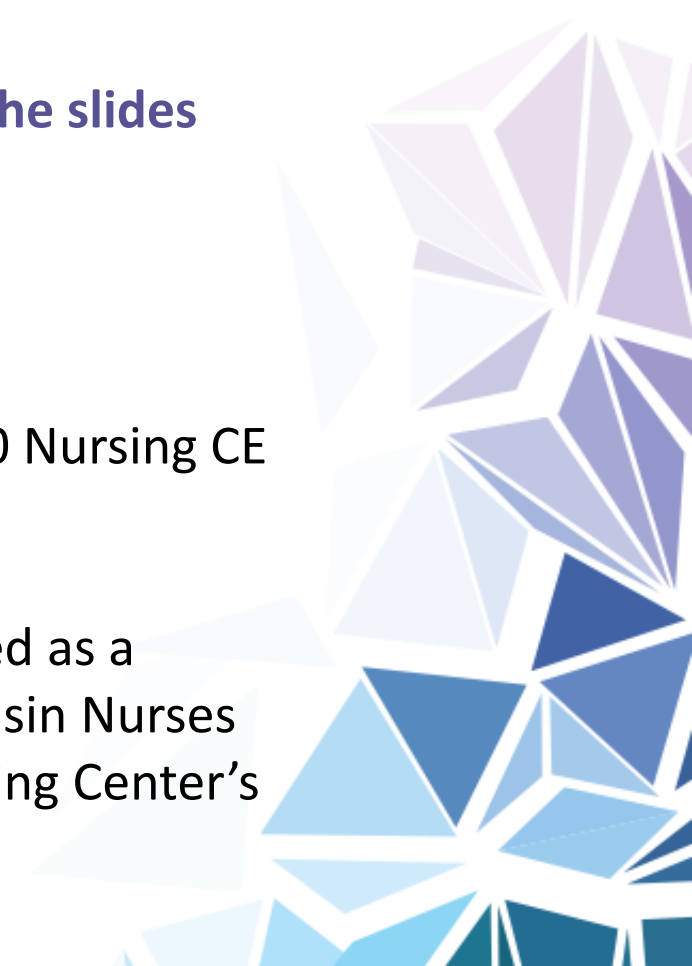
Instructions for behavioral health care managers and other practice staff

- **Following the course completion on 3/5/2024**, you will receive an e-mail from the Michigan Institute for Care Management and Transformation.
- Please allow up to 24 hours to receive the e-mail. If you do not receive within 24 hours, please submit an inquiry via the [MICMT contact form](#).
- Please follow the link to complete the evaluation within (5) business days for each session you attend to earn credit.



Disclosures for nursing participants

- No one in control of content has relevant financial relationships with ineligible companies.
- Successful completion of the course includes **having audio and seeing the slides live and joining the course by your individual computer**
 - attend the entire session(s)
 - credit awarded as commensurate with participation
- Upon successful completion the participant may earn a maximum of 5.0 Nursing CE contact hours.
- Michigan Institute for Care Management and Transformation is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Disclosures for social work participants

- No one in control of content has relevant financial relationships with ineligible companies.
- Successful completion of the course includes **having audio and seeing the slides live and joining the course by your individual computer**
 - must attend “Collaborative Care with pediatric and adolescent patients” 8-8:30am and “Identifying and referring pediatric and adolescent patients to Collaborative Care” 8:30-9:30am
 - thereafter attend the entire session(s)
 - credit awarded as commensurate with participation
- Upon successful completion the participant may earn a maximum of 5.0 Social Work CE contact hours.
- This course is approved by the NASW-Michigan CE Approving Body. Michigan Institute for Care Management and Transformation is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved provider Number: MICEC 110216.



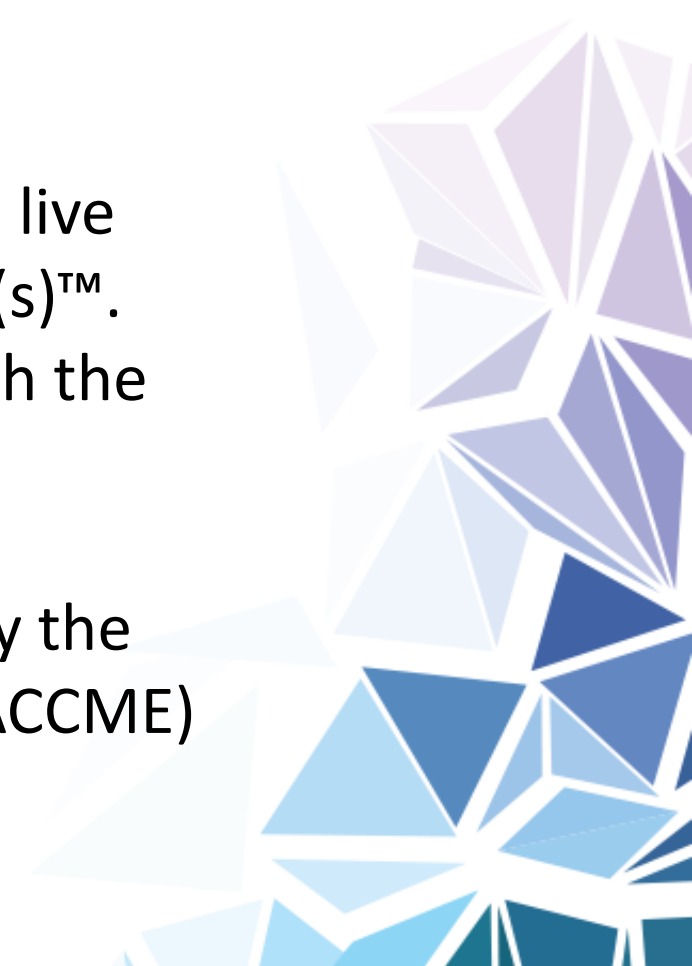
Instructions for physicians

- Attendance must be registered within 6 months to be awarded credit.
- Please complete the following steps to fill out the course evaluation and print your certificate:
 - Login to your account at MiCME at <https://micme.medicine.umich.edu/>
 - You must have a MiCME account to claim credit for any University of Michigan Medical School CME activity.
 - Don't have an account? Click on the "Login or Create a MiCME Account" link at the top of the page and follow the instructions.
 - See CME Activity Information “Implementing Collaborative Care with adolescent and pediatric patients” 3.5.24 handout for full details.



Disclosures for physician participants

- There are no relevant financial relationships with ACCME-defined commercial interests to disclose for this activity.
- The University of Michigan Medical School designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Learning outcome

- Participants will be able to incorporate workflows and other operational techniques unique to Collaborative Care within their practice to address the behavioral health needs of the adolescent and pediatric population with fidelity to the Collaborative Care Model.



Presenters

- **Sarah A. Bernes, MPH, LMSW, MBA**, Lead Training and Implementation Specialist
- **Molly Crump, LMSW**, Training and Implementation Specialist
- **Karen Gall, LMSW, ACTRP**, Training and Implementation Specialist
- **Dayna LePlatte, MD**, Clinical Assistant Professor of Psychiatry
- **Heide Rollings, MD**, Clinical Assistant Professor of Psychiatry, Michigan State University; Pine Rest Christian Mental Health Services



Today's agenda (Eastern time)

| Time | Topic |
|-----------------|---|
| 8:00-8:30am | Collaborative Care with pediatric and adolescent patients |
| 8:30-9:30am | Identifying and referring pediatric and adolescent patients to Collaborative Care |
| 9:30-9:45am | BREAK |
| 9:45-11:30am | Mood, anxiety, and substance use disorders |
| 11:30am-12:30pm | LUNCH |
| 12:30-1:15pm | ADHD, DMDD, and oppositional behaviors |
| 1:15-2:30pm | Suicide in children and adolescents |
| 2:30-2:45pm | BREAK |
| 2:45-4:00pm | Other common issues during childhood and adolescence |

Collaborative Care with pediatric and adolescent patients



Learning objectives

- Summarize how collaborative care is different when used with adolescent and pediatric patients.



Role of the primary or specialty care provider in CoCM

- **Oversees all aspects of a patient's care**
- Screens for common mental health issues
- Introduces collaborative care and refers patients to the program
- Receives recommendations from the psychiatric consultant and determines whether to accept them
- **Prescribes medications as needed**



Role of the behavioral health care manager (BHCM) in CoCM

- **Manages caseload** of enrolled Patient using the systematic case review tool
- Provides **brief behavioral interventions** and supports medication management
- Tracks treatment response and side effects using **standardized scales**
- Supports patient through **self-management planning**, safety planning, and relapse prevention planning
- Participates in **weekly caseload consultation** with the psychiatric consultant



Role of the Psychiatric Consultant (PC) in CoCM

- Participates in **weekly caseload consultation** with the behavioral health care manager
- **Recommends treatment** adjustments, including medications and other interventions
- Educates the rest of the team on psychopharmacology
- **Does not see patient directly**
- **Does not prescribe medications**



Role of the patient and their caregivers in CoCM

- Consents to enrolling in collaborative care
- Reports symptoms and side effects
- Learns about the nature of their mental health condition
- Determines which types of treatments to accept
- Creates self-management and relapse prevention plans with the behavioral care manager



Special considerations for treating pediatric and adolescent patients in CoCM (1 of 2)

- Care typically involves the patient and their supportive adults
- Clinic policies regarding consent and confidentiality around the treatment of adolescents
- Collaboration with schools and other youth-serving agencies



Special considerations for treating pediatric and adolescent patients in CoCM (2 of 2)

- Monitoring symptoms may vary in frequency based on:
 - Patient's age and developmental level
 - Caregiver involvement
 - Monitoring tool selected
- Parents and providers may have strong feelings about medications
- BHCM caseload size and working hours



Disclaimer

Each physician organization and/or practice is solely responsible for all billing practices and medical care and services delivered to its patients and all decisions related to such medical care and services. Neither MICMT or the Regents of the University of Michigan shall be responsible for any delivery of medical care or other services to any patient, or any decisions, acts or omissions of persons in connection with the delivery of medical care or other services to any patient.

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Resources

- [AIMS Center Pediatric Collaborative Care Implementation Guide](#)

