

Implementing Collaborative Care with Perinatal Patients

February 14, 2024

Agenda

| | |
|--|--|
| 8:00 AM - 8:30 AM | Welcome & Collaborative Care in Perinatal Practice* <i>Sarah Bernes</i> <i>Audience: Primary Care Provider (PCP)/Obstetrics (OB), Psychiatric Consultant (PC), Behavioral Health Care Manager (BHCM)</i> |
| 8:30 AM - 9:30 AM | Perinatal Mood and Anxiety Disorders* <i>Samantha Shaw</i> <i>Audience: PCP/OB, PC, BHCM</i> |
| 9:30 AM - 9:45 AM | Break |
| 9:45 AM - 10:30 AM | Other Perinatal Mental Health Disorders* <i>Alyssa Stevenson</i> <i>Audience: PCP/OB, PC, BHCM</i> |
| 10:30 AM - 11:30 AM | Perinatal Psychopharmacology* <i>Alyssa Stevenson</i> <i>Audience: PCP/OB, PC, BHCM</i> |
| 11:30 AM - 11:45 AM 11:30 AM - 12:30 PM | Break for PCs Lunch for BHCMs |
| 11:45 AM - 12:45 PM | Perinatal Psychopathology and Pharmacological Intervention* <i>Mahela Ashraf</i> <i>Audience: PC</i> |
| 12:30 PM - 1:30 PM | Collaborative Care Assessment with Perinatal Patients <i>Karen Gall</i> <i>Audience: BHCM</i> |
| 1:30 PM - 2:30 PM | Brief Interventions with Perinatal Patients <i>Molly Crump</i> <i>Audience: BHCM</i> |
| 2:30 PM - 2:45 PM | Break |
| 2:45 PM - 3:45 PM | Providing Trauma Informed Care to Perinatal Patients <i>Karen Gall</i> <i>Audience: BHCM</i> |
| 3:45 PM - 4:00 PM | Conclusion and next steps <i>Sarah Bernes</i> <i>Audience: BHCM</i> |

*CME offered for only identified sections above

Description

The *Implementing Collaborative Care with Perinatal Patients* training is designed for practices that have completed the *Implementing Collaborative Care* ("Base Training") and have completed the OB/GYN Practice Assessment with a determination that the practice is ready for implementation. The training is intended to help the medical provider, psychiatric consultant, behavioral health care manager, and other practice team members gain the foundational knowledge and skills for implementing CoCM with the perinatal population. After completing this activity, participants will be able to incorporate workflows and other operational techniques unique to Collaborative Care within their practice to address the behavioral health needs of the perinatal population with

fidelity to the Collaborative Care Model. They will be able to implement the Behavioral Health Collaborative Care Model in their practices to address the behavioral health needs of the perinatal population.

Target Audience: OB/GYN physicians, primary care physicians, and psychiatric consultant physicians participating in CoCM and members of the OB/GYN/primary care practice team

Planner: Samantha Shaw, MD, Michigan Medicine

Co-Planners: Sarah A. Bernes, MPH, LMSW, MBA, PRISM, Lindsay West, MSW, MICMT, Marie Beisel, MSN, RN, CCM, MICMT

[Register here](#)

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Michigan Medical School designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credit(s)*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

[Claim CME](#)

Michigan Institute for Care Management and Transformation is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This course is approved by the NASW-Michigan CE Approving Body. Michigan Institute for Care Management and Transformation is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved provider Number: MICEC 110216.