

A Care Manager's Guide to Understanding Nutrition and Stage 4 and Stage 5 Chronic Kidney Disease

Release Date: 12/22/2023

Expiration Date: 12/21/2024

Estimated Time to Complete: 30 minutes

How to Receive CME/CE Credit: Upon completion of the module, click the link to be directed to the CME attestation and evaluation for credit.

<https://beaumont.cloud-cme.com/CKD4&5>

Learning Objectives

- Explain the benefits of following an eating pattern that helps manage kidney disease in combination with diabetes, cardiovascular disease, and hypertension.
- Discuss updates to current recommendations for the kidney diet.
- Explain how the kidney diet is tailored based on individual labs.



Attention PHYSICIAN participants: The CME credits that physicians earn from this activity will be submitted to ACCME's CME Passport, a free, centralized web application where you can create a personalized account to view, track, and generate transcripts of your reported CME credit. Visit <http://cmepassport.org> for more information and to create your account.

Credit will be reported to CME Passport within 30 days of completion of the evaluation. If you do NOT want your credit reported to CME Passport, you must opt out at <https://beaumont.cloud-cme.com> > Sign In > My CME > Profile.

CE Credit Information



In support of improving patient care, this activity has been planned and implemented by Beaumont Health and Michigan Institute For Care Management And Transformation. Beaumont Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 0.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

Medicine CME: Beaumont Health designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing CE: Beaumont Health designates this activity for a maximum of 0.5 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacy CE: Beaumont Health designates this activity for 0.5 ACPE contact hour(s). ACPE Universal Activity Number (UAN): JA4008259-9999-23-167-H01-P. Learners should claim only the credit

commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor within 30 days after activity completion. Per ACPE rules, Beaumont Health does not have access nor the ability to upload credits requested after 60 days. It is the individual learner's responsibility to provide the correct NABP ID and DOB (MMDD) to receive credit.

Dietetic CPEU:



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).
If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).
RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

Disclosure of Relevant Financial Relationships

All individuals involved with this accredited CE activity have no relevant financial relationships with ineligible companies to disclose.

Mitigation of Conflicts of Interest: In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, Beaumont Health implemented mechanisms to identify and mitigate relevant financial relationships with ineligible companies for all individuals in a position to control content of this activity.

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Disclaimer: The information provided at this activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

Questions? cme@beaumont.edu