



Thank you for joining!
We will get started promptly at 10:00 am





2023 Annual Meeting

October 13, 2023





Welcome

Hae Mi Choe, PharmD
Executive Director

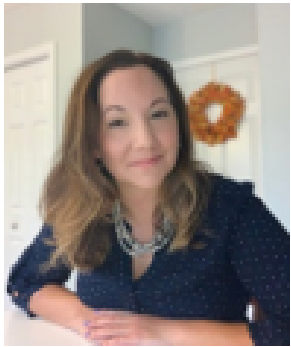


Agenda

9:30 – 10:00 AM	Continental Breakfast/Networking
10:00 – 10:10 AM	Welcome & Introduction <i>Hae Mi Choe, PharmD, MICMT Executive Director</i>
10:10 – 11:10 AM	Building a Healthy Team Culture for Leaders <i>April Allen, MA, CAADC, Limited Licensed Psychologist, Pine Rest</i>
11:10 – 11:35 AM	MICMT Updates & 2024 Scorecard <i>Alicia Majcher, MHSA, MICMT Director of Operations</i>
11:35 AM – 12:00 PM	Collaborative Care Model Implementation: Current State <i>Kathleen Kobernik, BCBSM</i> <i>Susan Blackburn, Trinity Health Alliance of Michigan (Affinia)</i> <i>Sara Biag, United Physicians</i> <i>Cari Radinski, Huron Valley Physician Association</i>
12:00 – 1:00 PM	Lunch
1:00 – 2:00 PM	Transitions of Care Approaches <i>Sandy Kaltz, McLaren Physician Partners</i> <i>Annette Price, Silver Pine Medical Group, United Physician, Inc</i> <i>Susan Nason, Bronson Network LLC</i> <i>Carissa Cowen, Munson Healthcare Clinically Integrated Network, Northern Michigan Care Partners</i>
2:00 – 2:30 PM	Transitions of Care Discussion <ul style="list-style-type: none">• <i>Open discussion</i>• <i>Supporting medication reconciliation education</i>



Introduction



April Allen, MA, CAADC, Limited License Psychologist

April is a Limited Licensed Psychologist and Certified Advanced Alcohol and Drug Counselor. She has worked at the Pine Rest Caledonia Clinic since 2010. April has a master's degree in counseling from Western Michigan University, and specializes in treatment for anxiety disorders, depression, family therapy, PTSD, trauma, and abuse. April is currently a PhD candidate and is the Training Coordinator for the EAP/CAP/SAP Department.



Building a Healthy Team Culture for Leaders

April Allen, MA, CAADC
Pine Rest





MICMT Updates

Alicia Majcher, MHSA

MICMT, Administrative Director



2023 – Year in Review



Congrats to all on a successful year!

Highlights of the year

- 433 attendees at Team-Based Care Conference
- Re-vamped MICMT website launched
- Community Health Worker, Patient Engagement, & Transitions of Care webinar series
- Chronic kidney disease modules posted
- New PDCM billing video for required training



2023 Training Cycle Summary



- Intro to Team-Based Care
 - Totals:
 - **814 Attendees**
 - 39 Approved Trainers
 - 88 Sessions
- Patient Engagement
 - Totals:
 - **493 Attendees**
 - 32 Approved Trainers
 - 68 Sessions
- Foundational CM Codes & Billing
 - Totals:
 - **155 Attendees**
 - 16 Approved Trainers
 - 28 Sessions

Trainings that occurred between 10/11/22 & 10/10/23.





PDCM Outcomes VBR

PO Performance for PDCM (1%, 2 encounters) participating practices.

Based on:

- SubPO/PO scores which reflect the performance of all PDCM practices within that SubPO/PO.
- claims incurred in Calendar Year 2022 with a calculated improvement score based on year over year performance for claims incurred in Calendar Year 2021.



Adult OVBR Summary

(N = 39 POs)

	One or more Sub PO earned VBR (Nbr. of POs)	PO earned VBR for improvement (Nbr. of POs)	PO earned VBR for performance (Nbr. of POs)	Total POs Earning VBR (Nbr. of POs)	Change in Total Compared to last year (Nbr. of POs)
Adult: Comprehensive Diabetes Control: HbA1c < 8%	3	0	32	35	↑2
Adult: High Blood Pressure	5	1	30	36	↑1
Adult: ED Encounters (per 1000 members per year)	9	7	3	19	↑8
Adult: IP Encounters (per 1000 members per year)	9	9	19	37	↑22



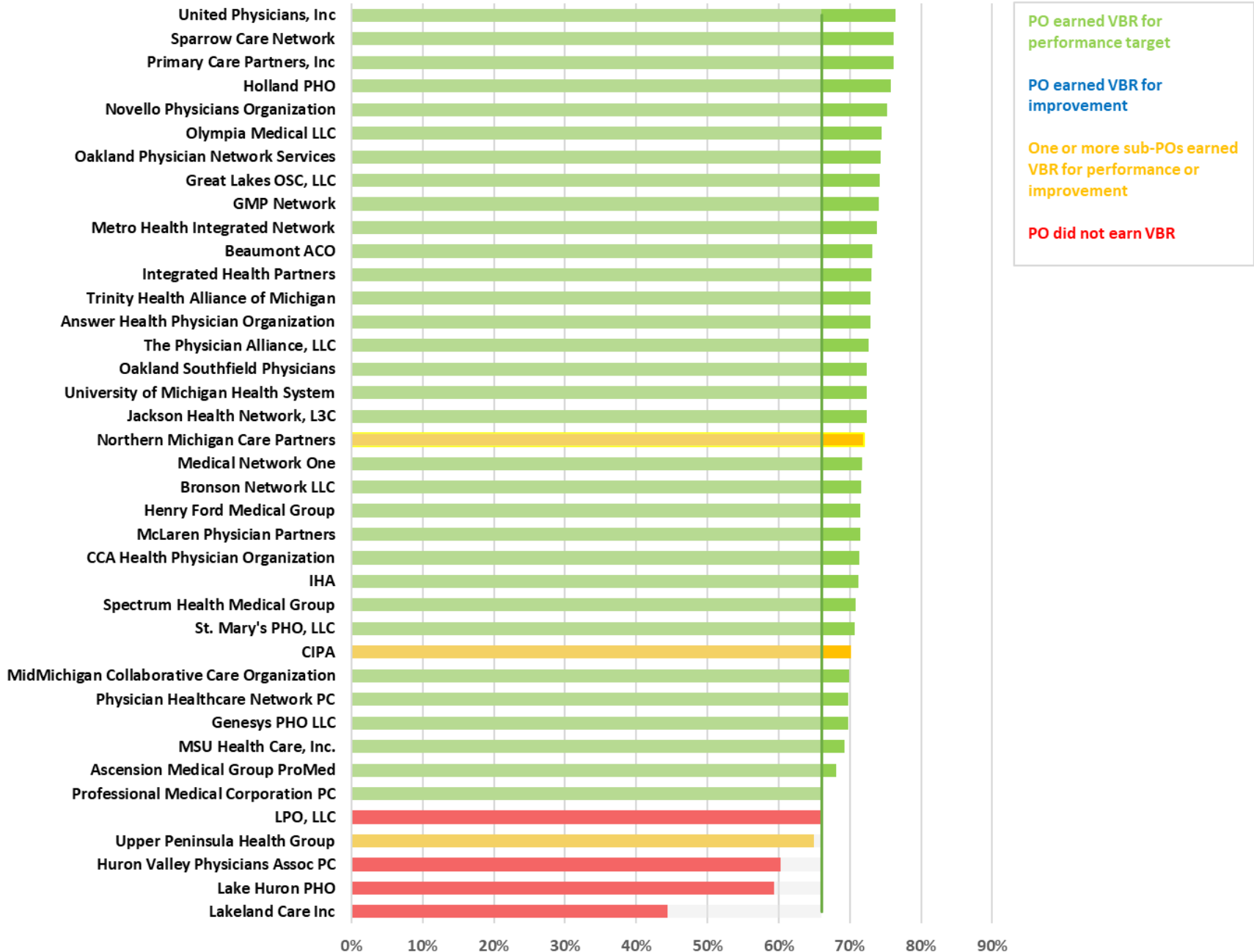
Peds OVBR Summmmary (N = 27 POs)

	One or more Sub PO earned VBR (Nbr. of POs)	PO earned VBR for improvement (Nbr. of POs)	PO earned VBR for performance (Nbr. of POs)	Total POs Earning VBR (Nbr. of POs)	Change in Total Compared to last year (Nbr. of POs)
Pediatrics: ED Encounters (per 1000 members per year)	1	1	3	5	↓ 8
Pediatrics: IP Encounters (per 1000 members per year)	11	4	8	23	↑ 14
Pediatrics: PEDCOMP1	0	0	5	5	↓ 4
Pediatrics: Pediatric Weight Management	4	2	12	18	n/a



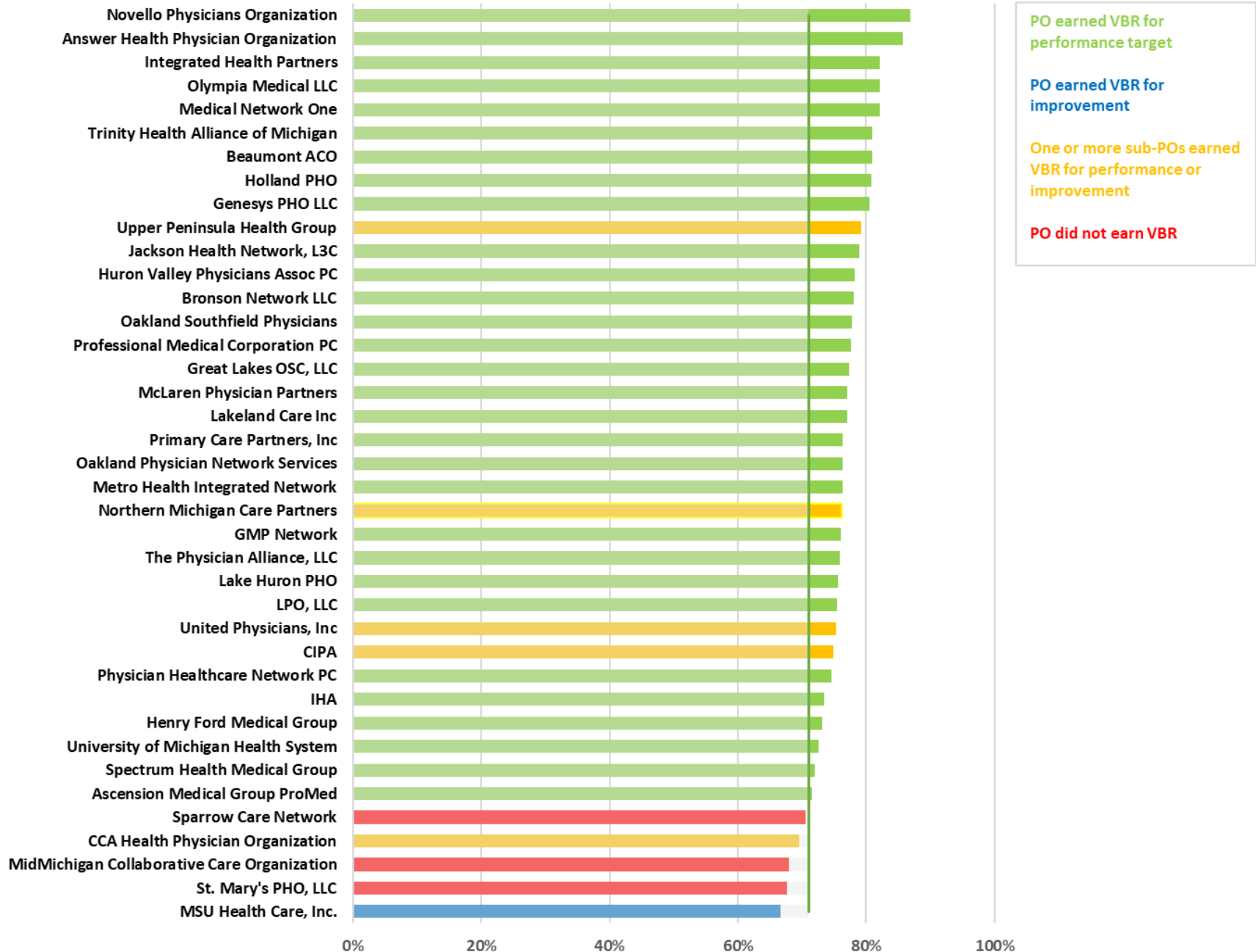
Adult: Comprehensive Diabetes Control: HbA1c < 8%

Program Year 2023 Performance = 66% / Improvement = 10%



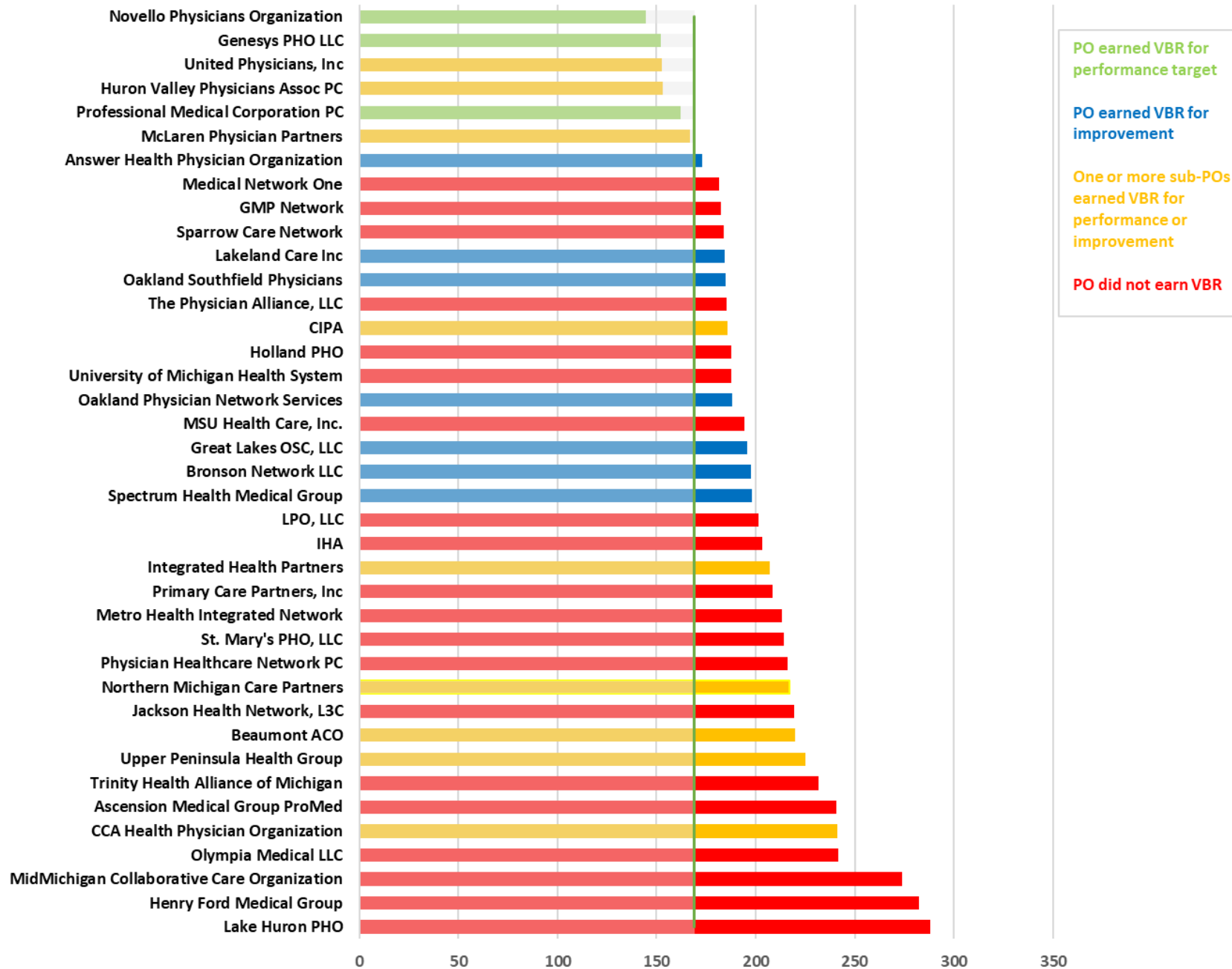
Adult: High Blood Pressure

Program Year 2023 Performance = 71% / Improvement = 10%



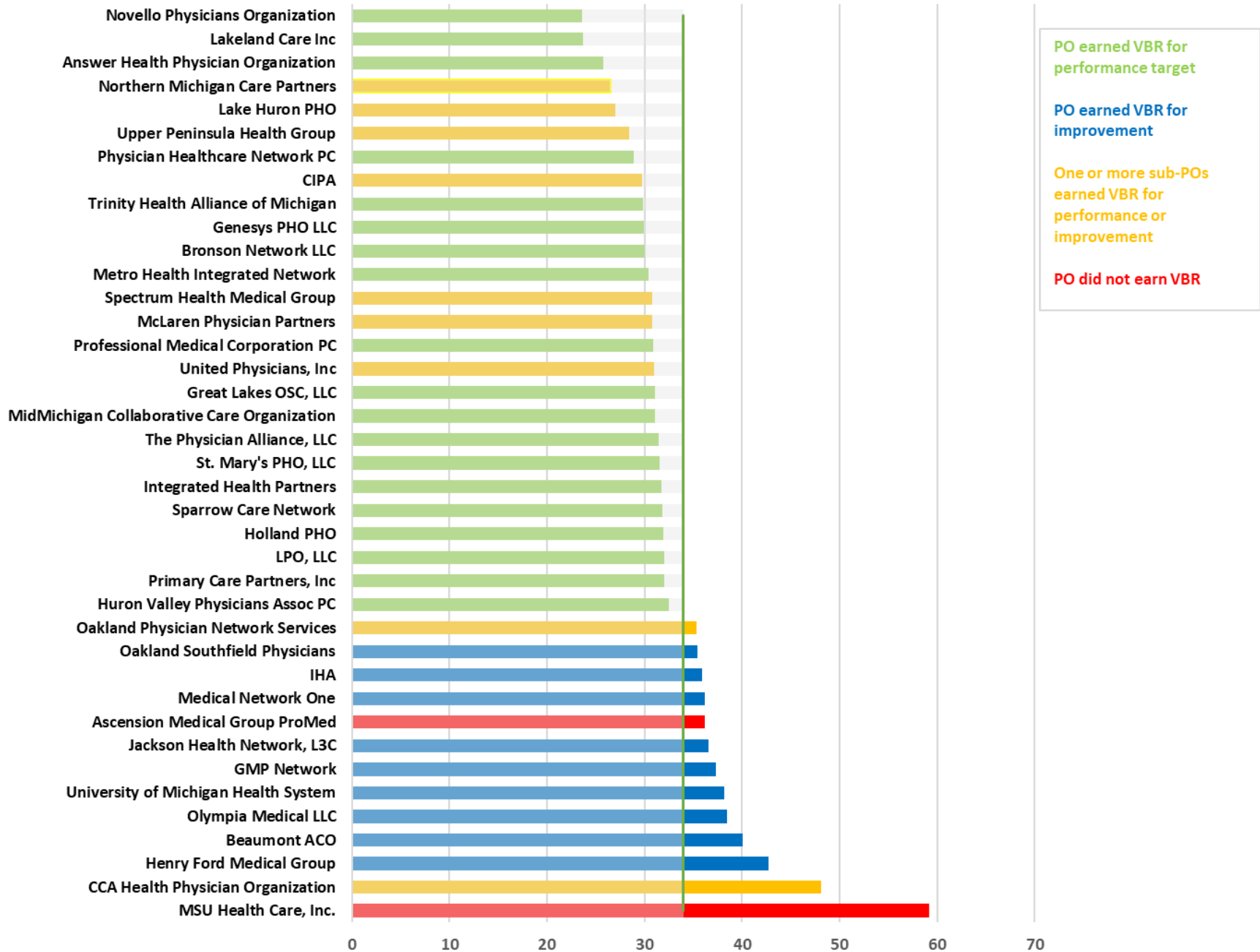
Adult: ED Encounters (per 1000 members per year)

Program Year 2023 Lower is Better Performance = 169 / Improvement = 10%



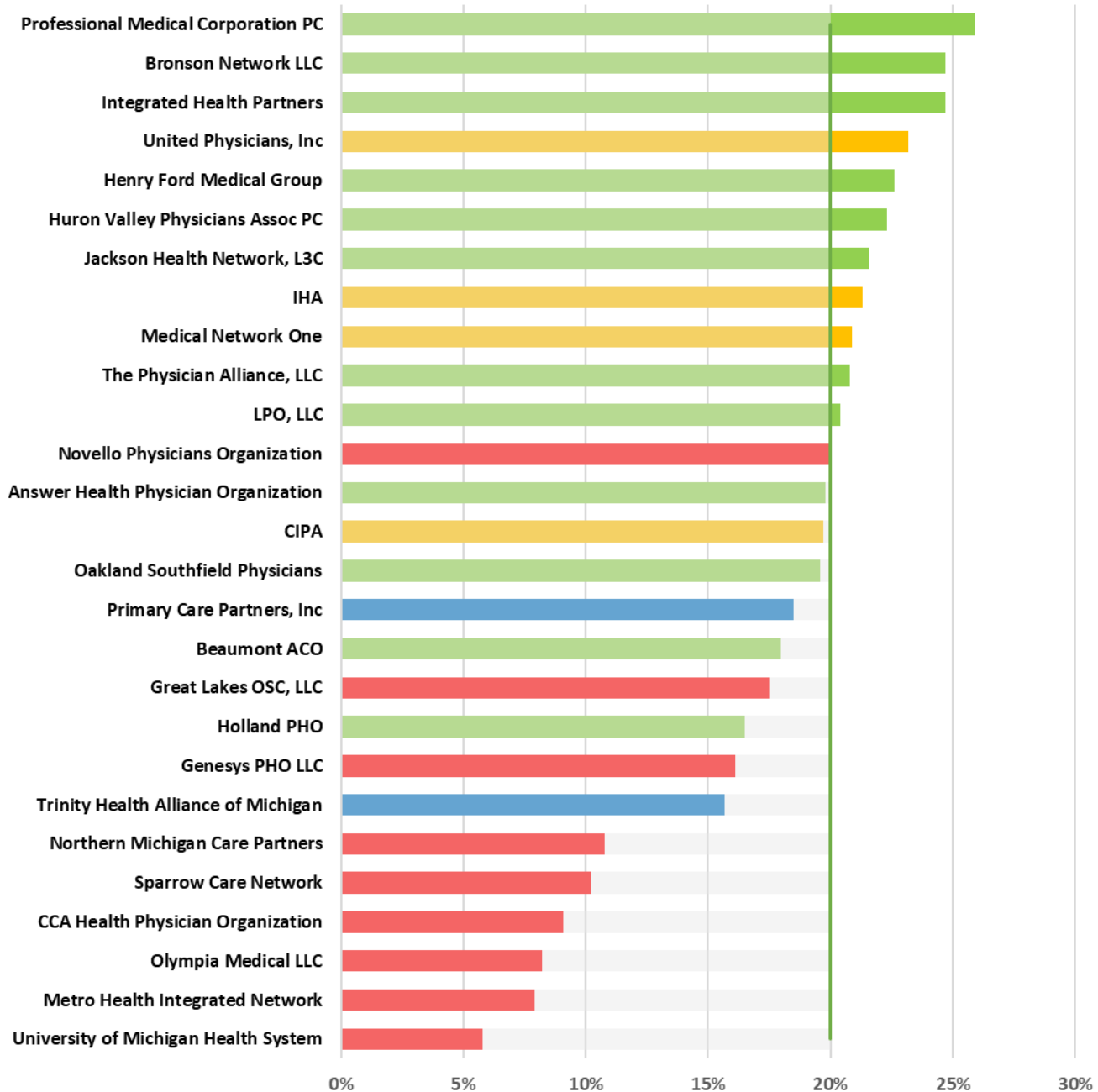
Adult: IP Encounters (per 1000 members per year)

Program Year 2023 Lower is Better Performance = 34 / Improvement = 10%



Pediatrics: Weight Management

Program Year 2023 Performance = 20% / Improvement = 5%



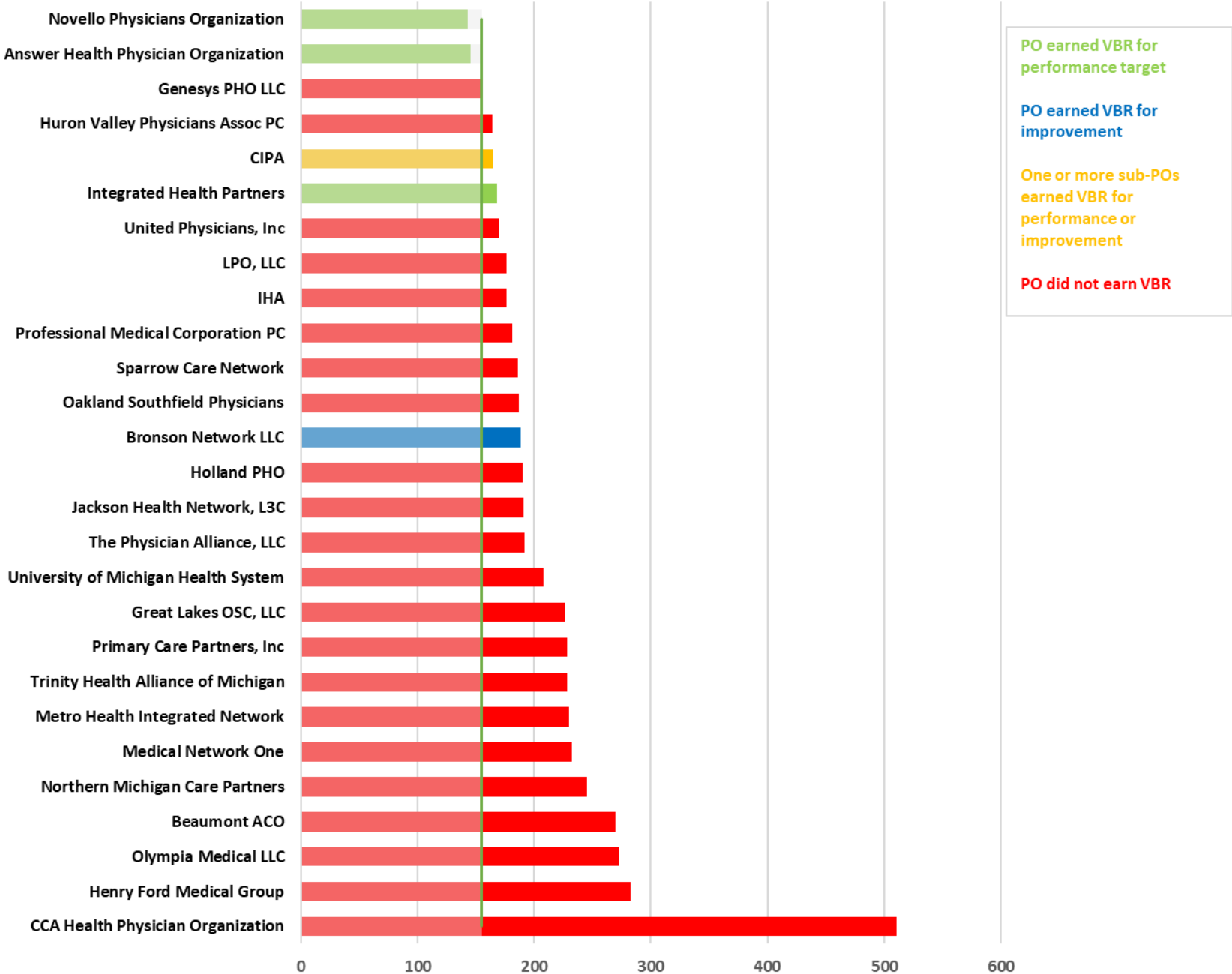
PO earned VBR for performance target

PO earned VBR for improvement

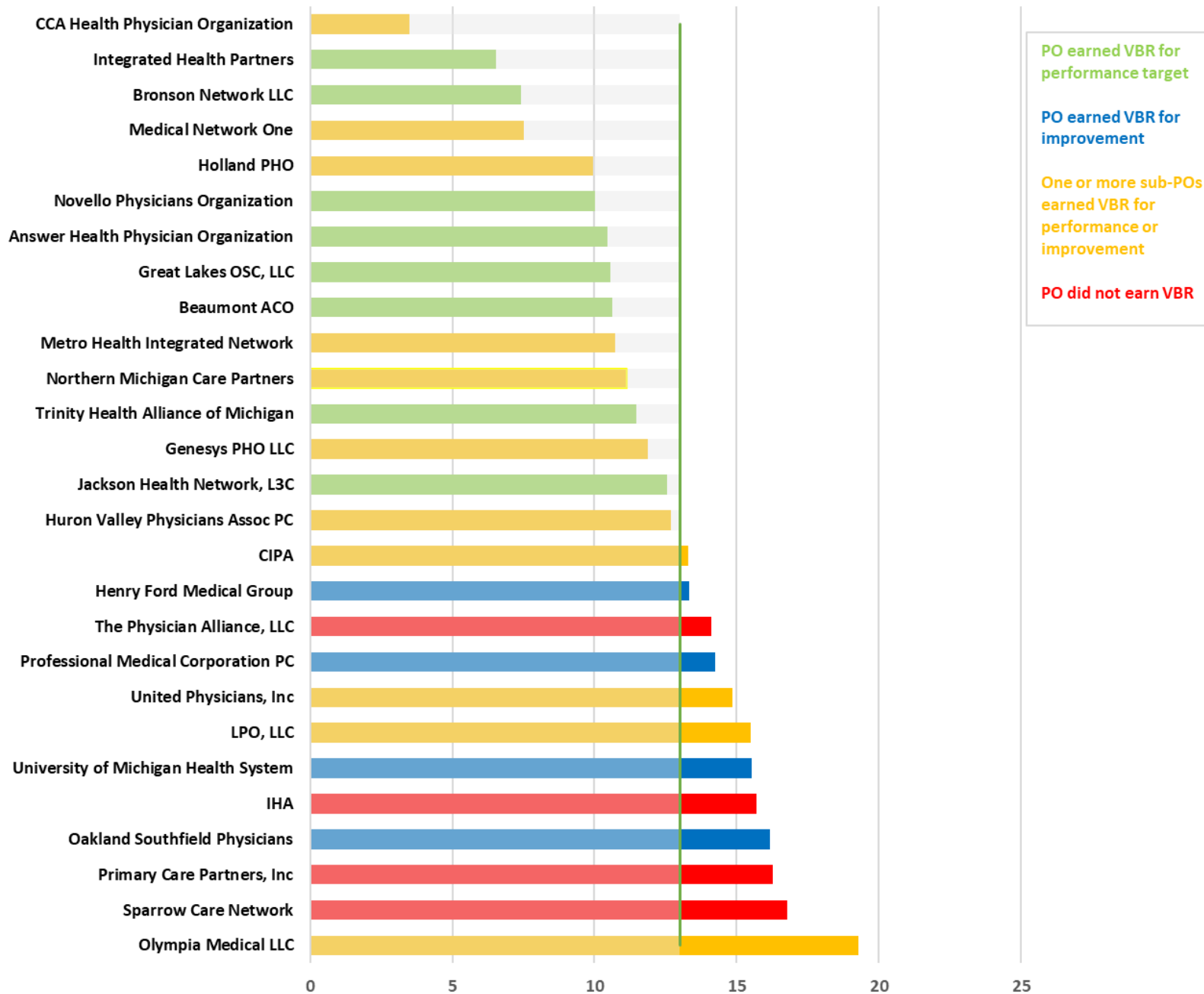
One or more sub-POs earned VBR for performance or improvement

PO did not earn VBR

Pediatrics: ED Encounters (per 1000 members per year)
Program Year 2023 Lower is Better Performance = 155 / Improvement = 10%

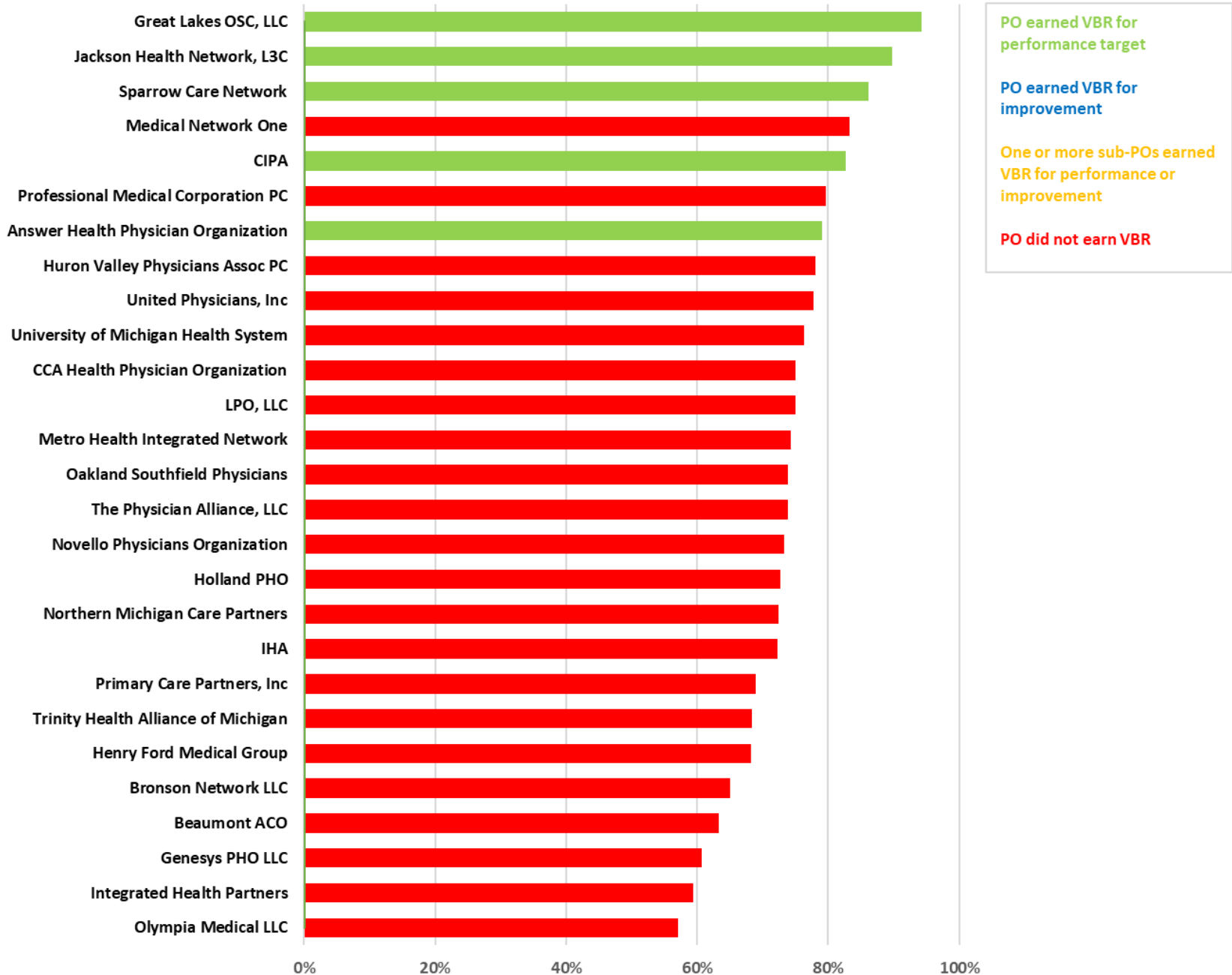


Pediatrics: IP Encounters (per 1000 members per year)
Program Year 2023 Lower is Better Performance = 13 / Improvement = 9%



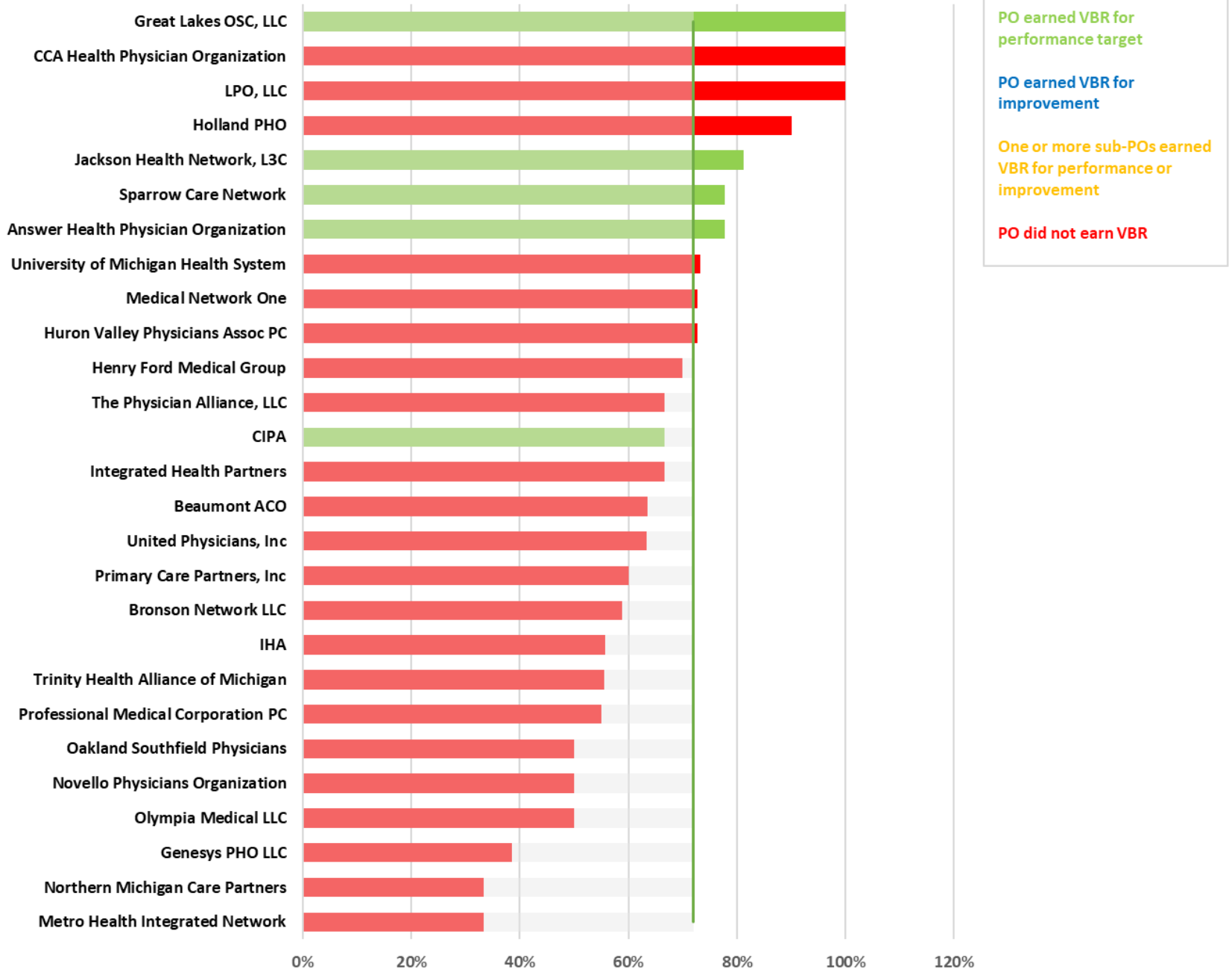
Pediatrics: PEDCOMP1

Program Year 2023 Performance = Composite Measure See Next Four Sides



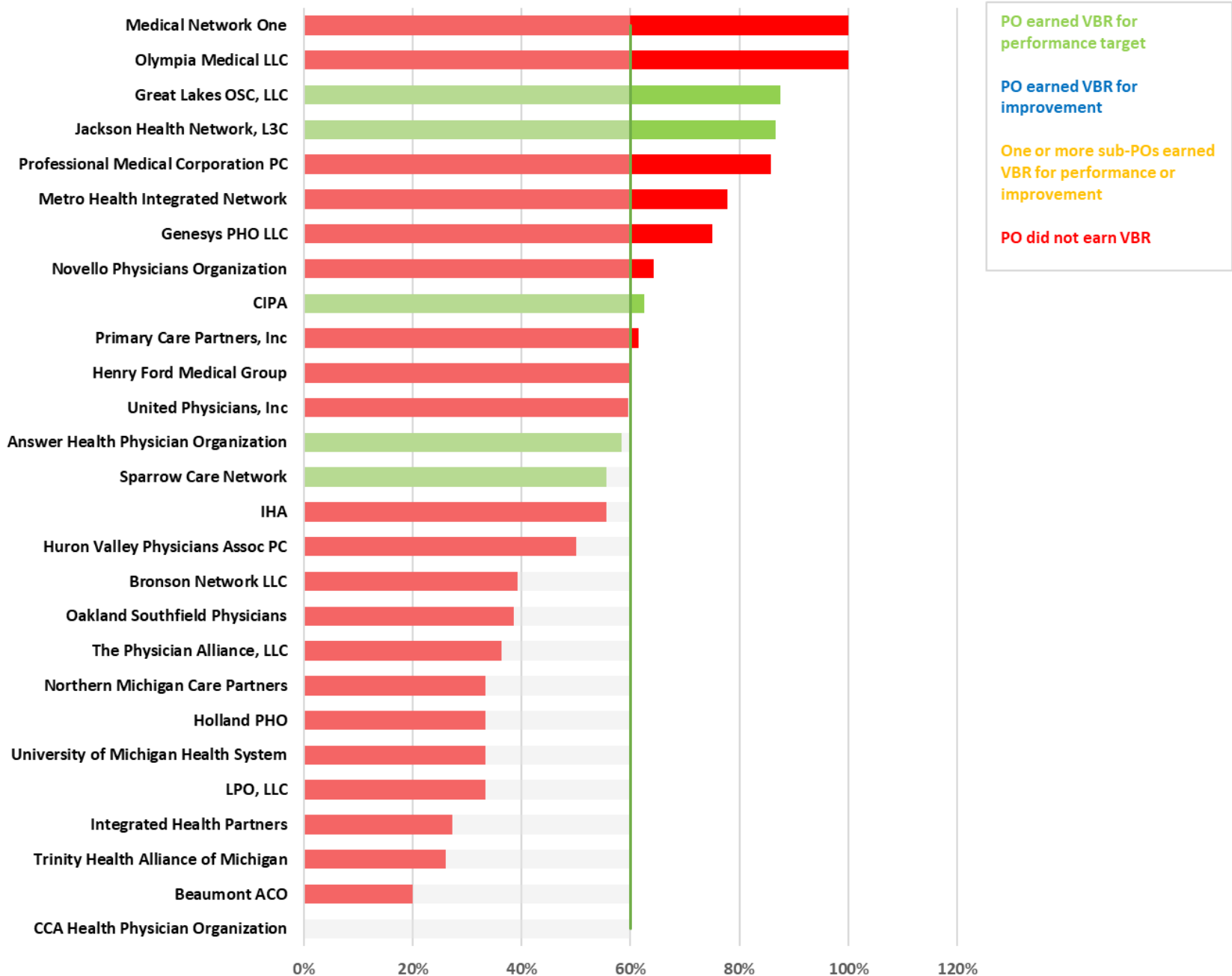
Pediatrics: Follow-Up After ED Visit for Mental Illness

Program Year 2023 Performance = 72% / Improvement = NA

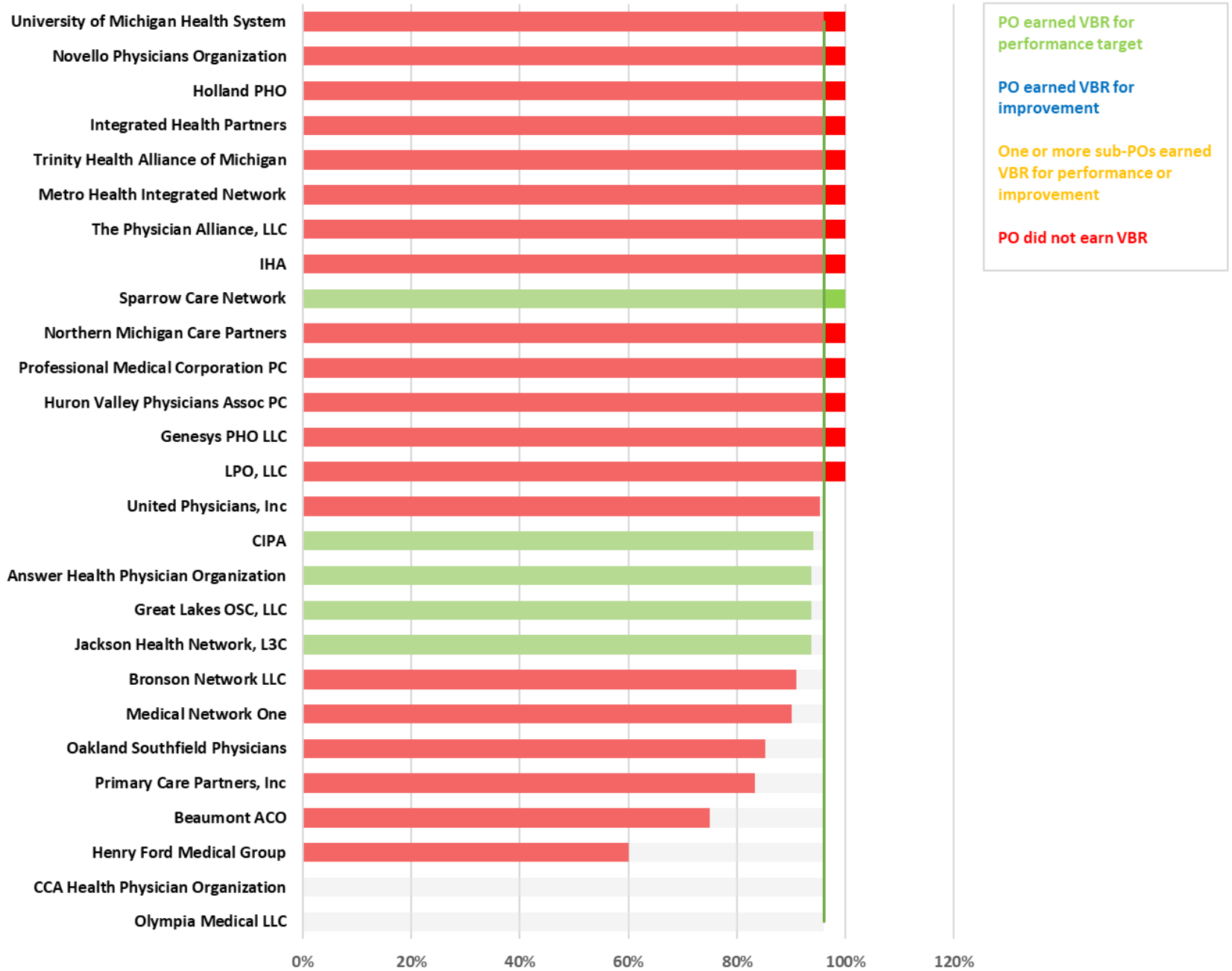


Pediatrics: Follow-Up Care for ADHD Medication - C and M Phase

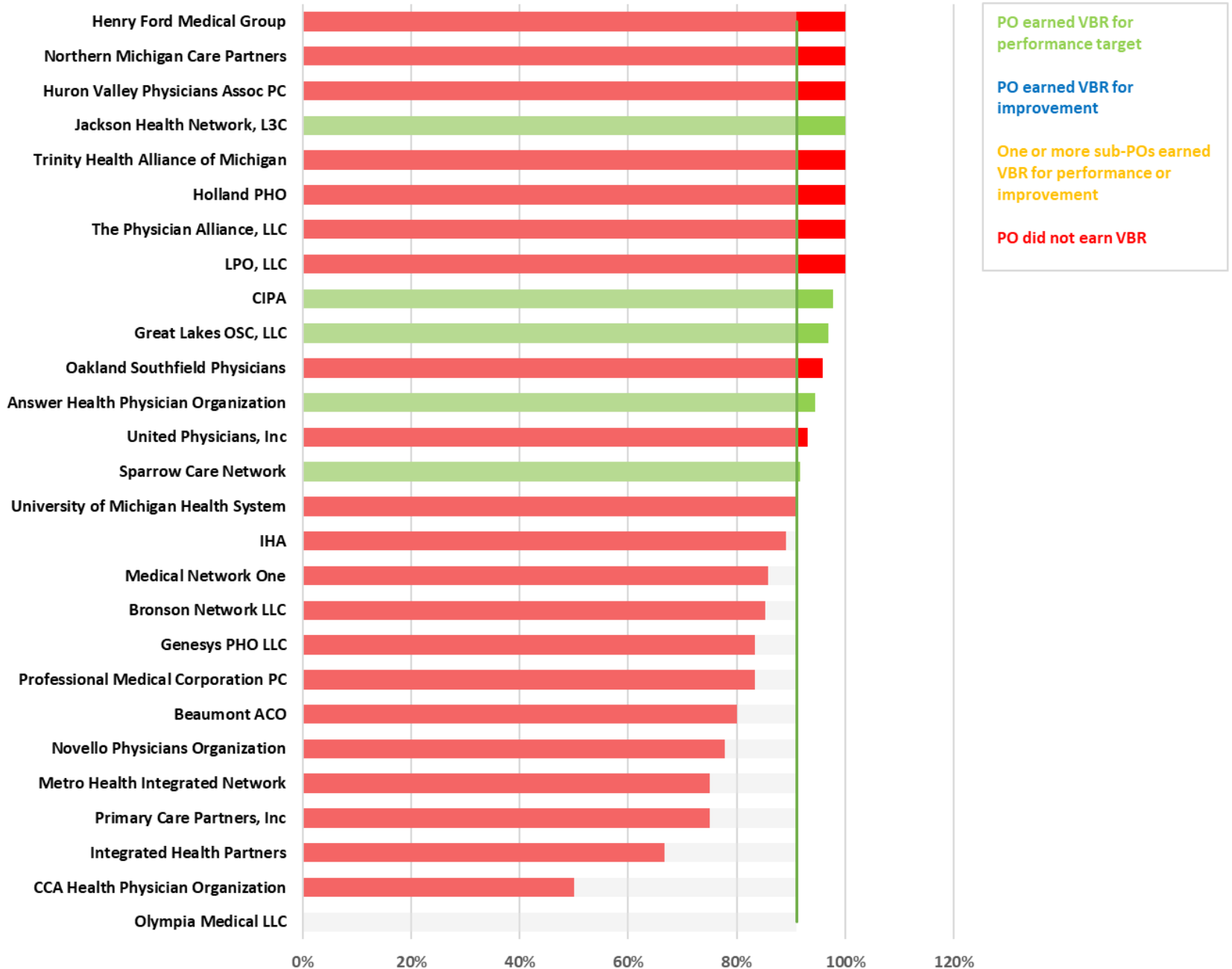
Program Year 2023 Performance = 60% / Improvement = NA



Pediatrics: Asthma Med Ratio - 5 to 11 Ratio > 50%
Program Year 2023 Performance = 96% / Improvement = NA



Pediatrics: Asthma Med Ratio - 12 to 17 Ratio > 50%
Program Year 2023 Performance = 91% / Improvement = NA

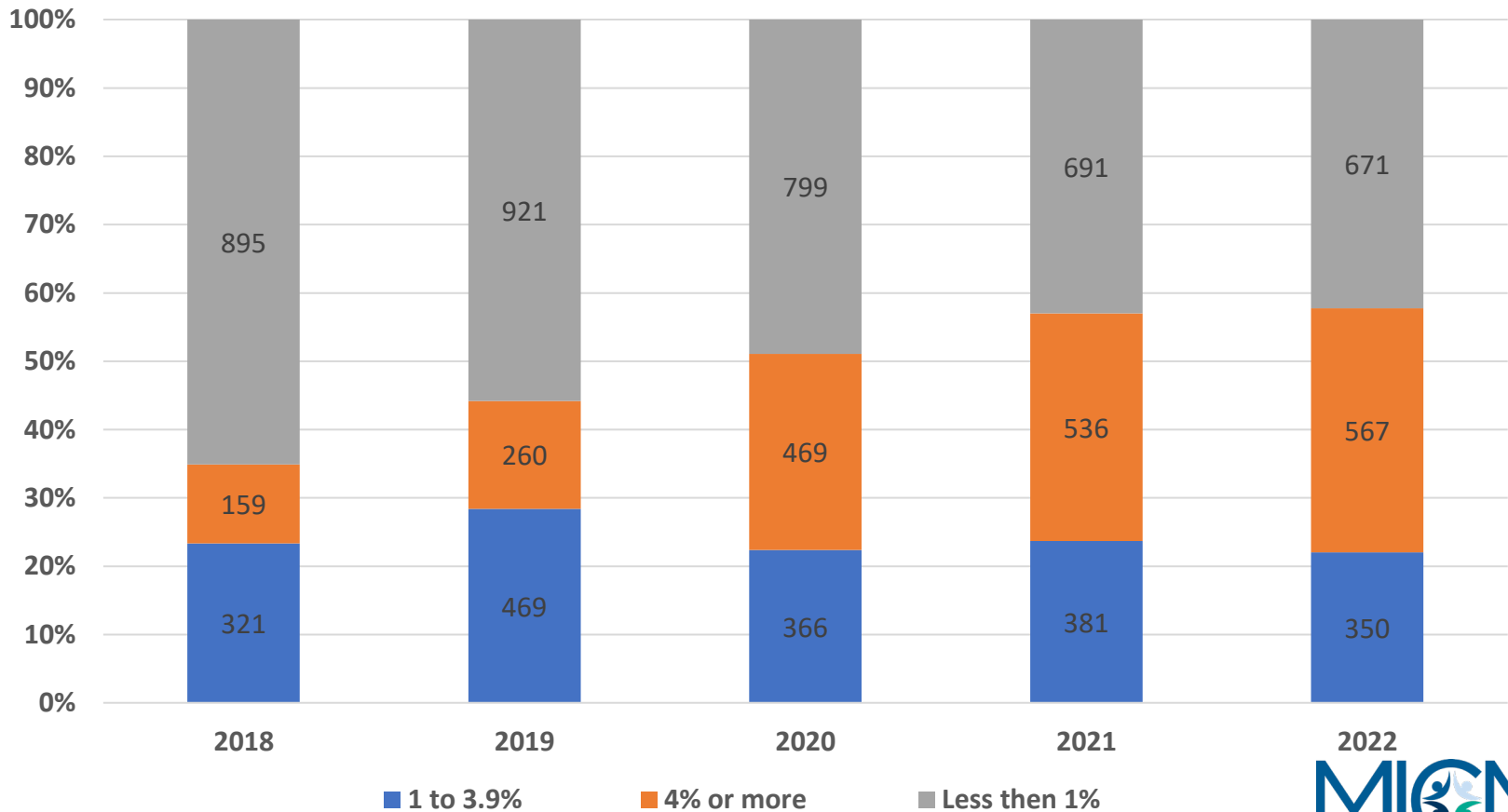




Practice Unit Engagement in PDCM



PCMH Practices with PDCM Attributed Members by Percent Engagement



Practices with < 1% Engagement Observations (N = 671)

- 191 (28%) practices attested to having CTMs
 - 91 (14%) not billing at all.
 - 100 (15%) billing but it is less than 1%
- 510 (76%) have only one or two PCPs
 - 364 (54%) 1 PCP
 - 146 (22%) 2 PCP
- 63 (9%) have less than 100 attributed members
- 292 (44%) belong to five POs
- 34 (5%) made it to 0.75% Engagement



Physician Organizations who Achieved at Least 4% with Two CM Encounters

- Bronson Network LLC
- Great Lakes OSC, LLC
- Holland PHO
- Huron Valley Physicians Assoc PC
- IHA
- Integrated Health Partners
- Jackson Health Network, L3C
- LPO, LLC



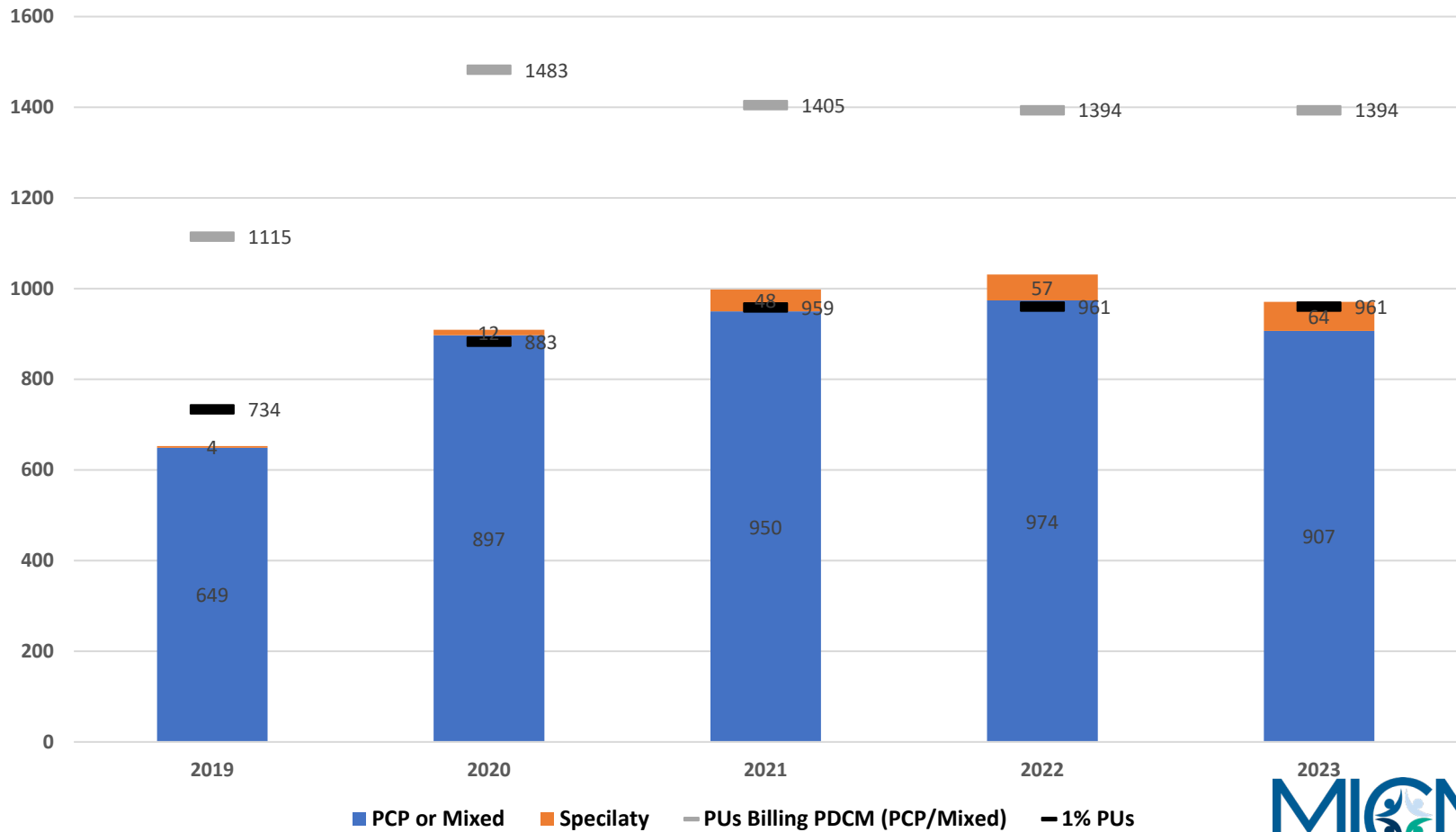
- Medical Network One
- Oakland Physician Network Services
- Professional Medical Corporation PC
- Reliance PO of Michigan, Inc.
- The Physician Alliance, LLC
- United Physicians, Inc
- University of Michigan Health System



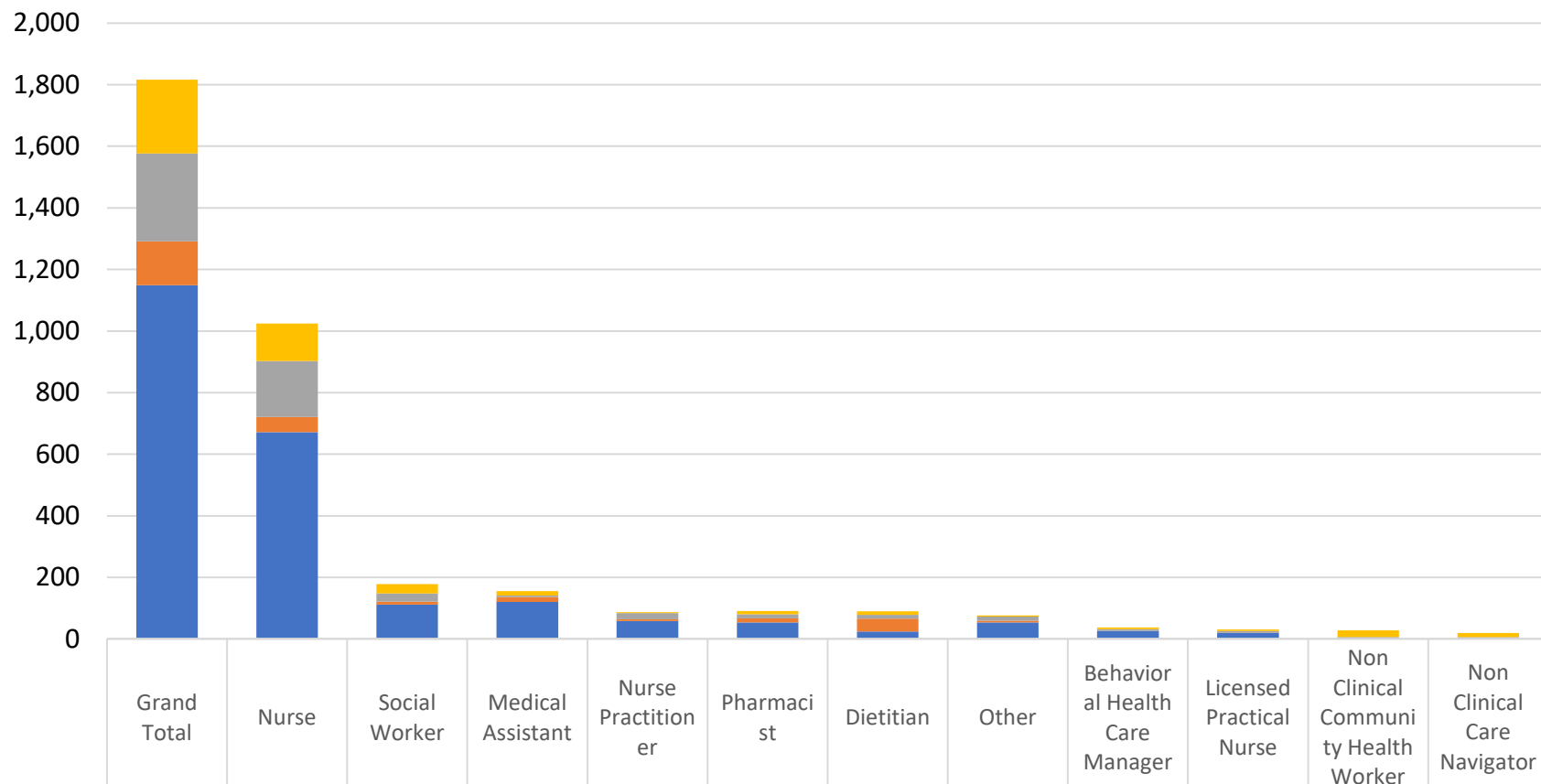
Care Management in Michigan



Attestation: Practices Reporting Dedicated CTMs



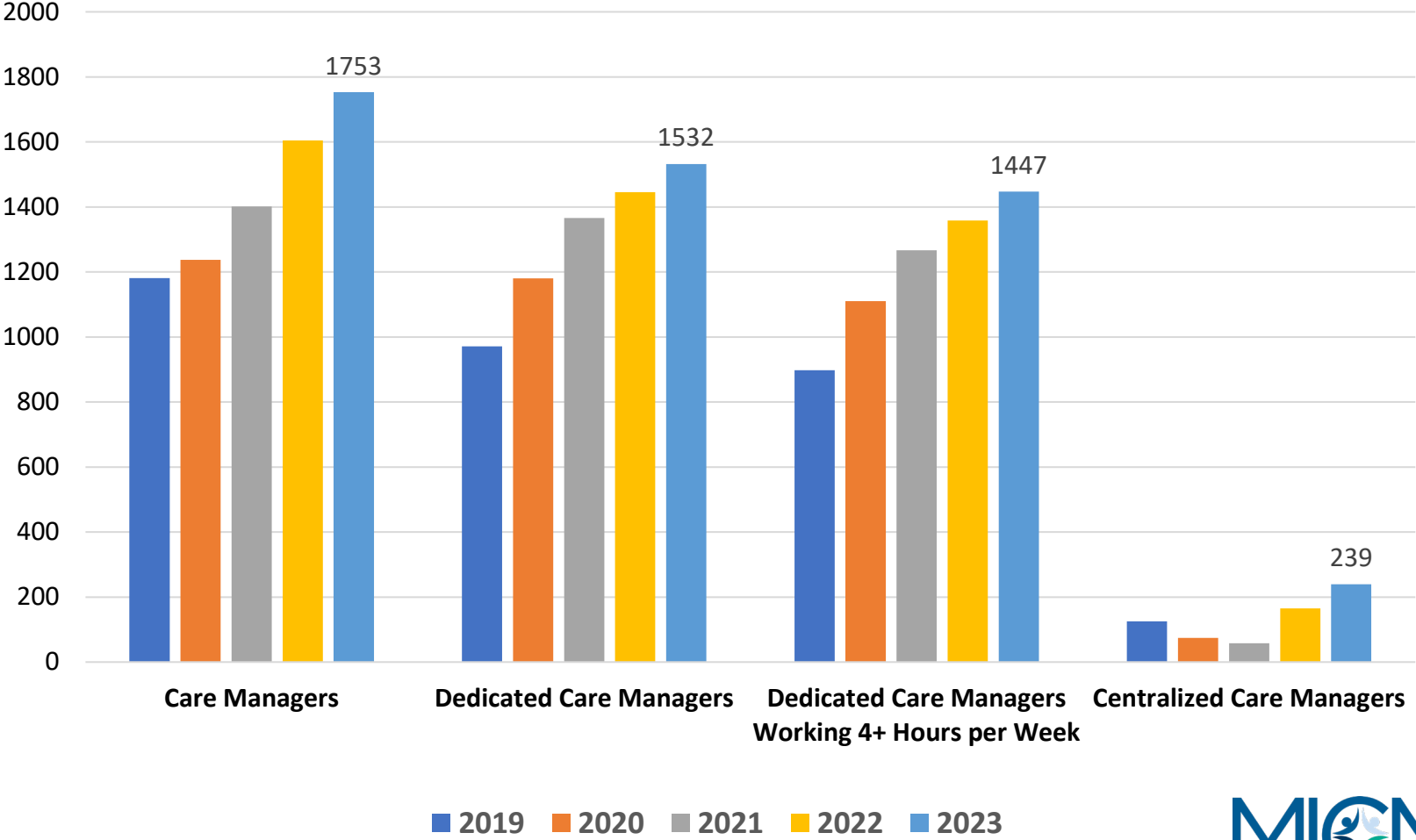
2023 Attestation: CTMs (Care Team Members) by Role (N = 1,753 CTMs)



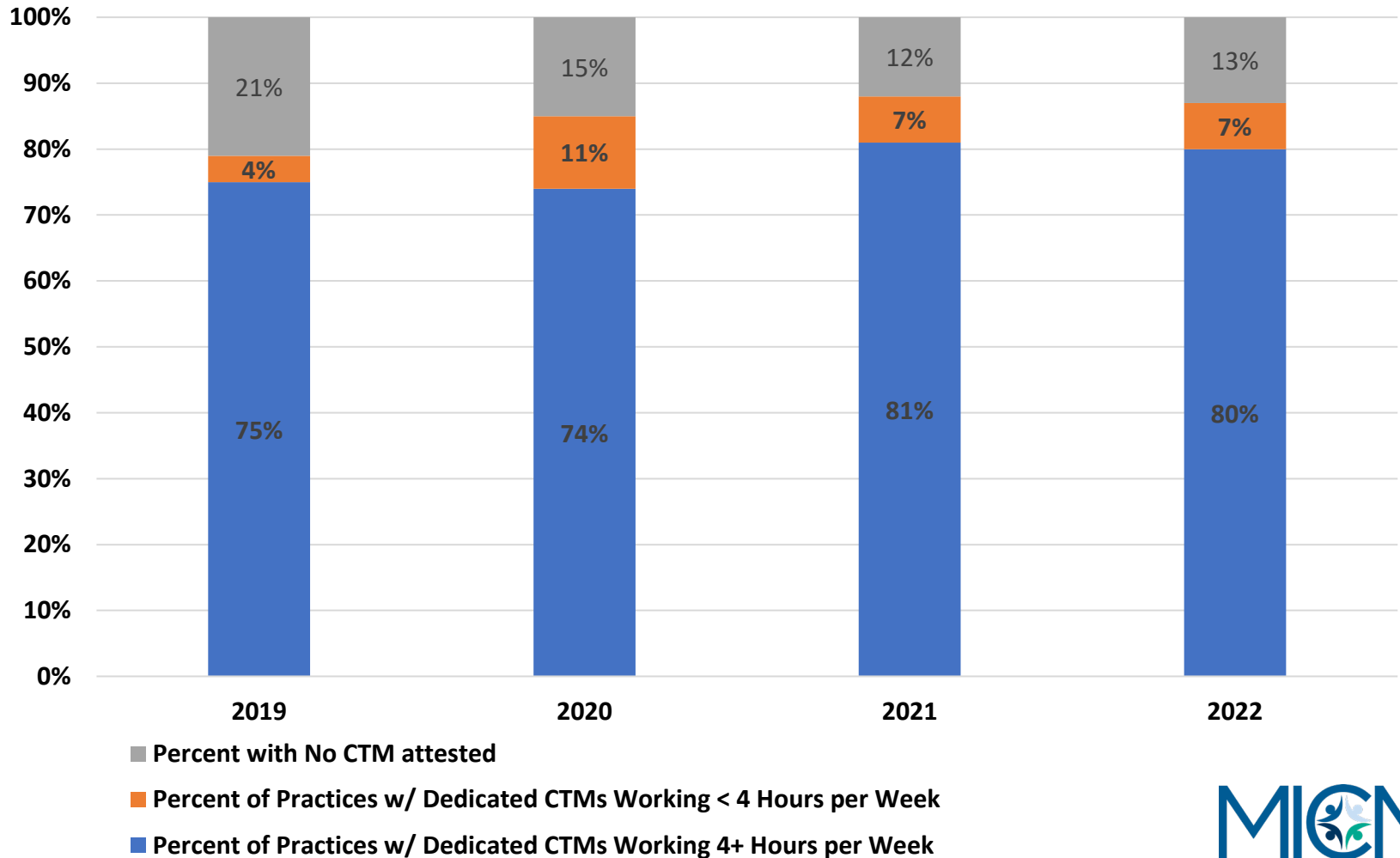
	Grand Total	Nurse	Social Worker	Medical Assistant	Nurse Practitioner	Pharmacist	Dietitian	Other	Behavioral Health Care Manager	Licensed Practical Nurse	Non Clinical Community Health Worker	Non Clinical Care Navigator
Total	1,760	990	175	155	87	83	82	76	34	31	28	19
Centralized	239	121	30	14	3	11	12	3	5	5	22	13
Mixed Practice	286	182	27	5	20	13	12	14	6	5	1	1
Specialty Practice	142	49	9	16	6	13	42	5	0	1	0	1
Primary Care Practice	1,149	672	112	120	58	54	24	54	26	20	5	4



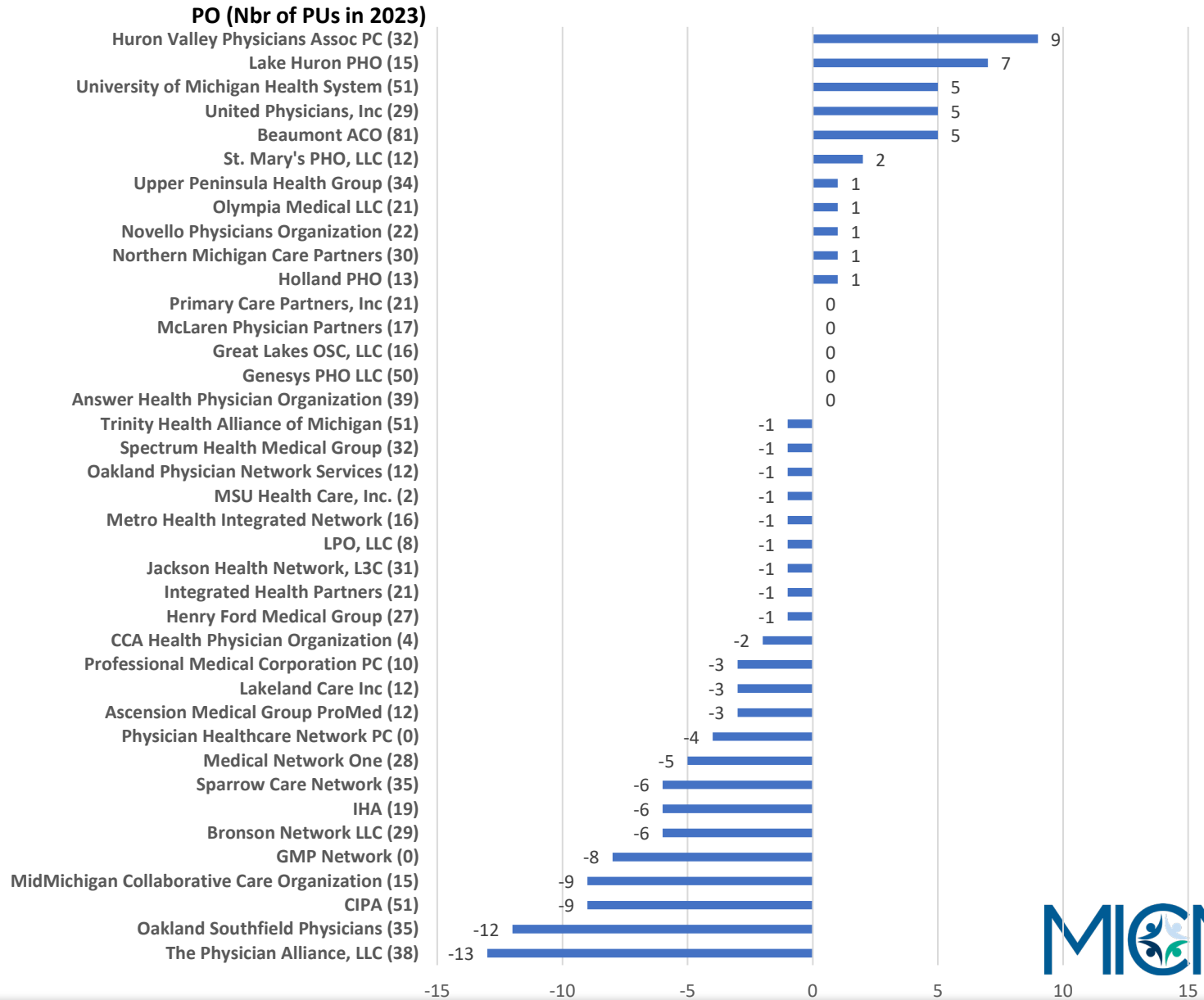
Attestation: CTMs by Year



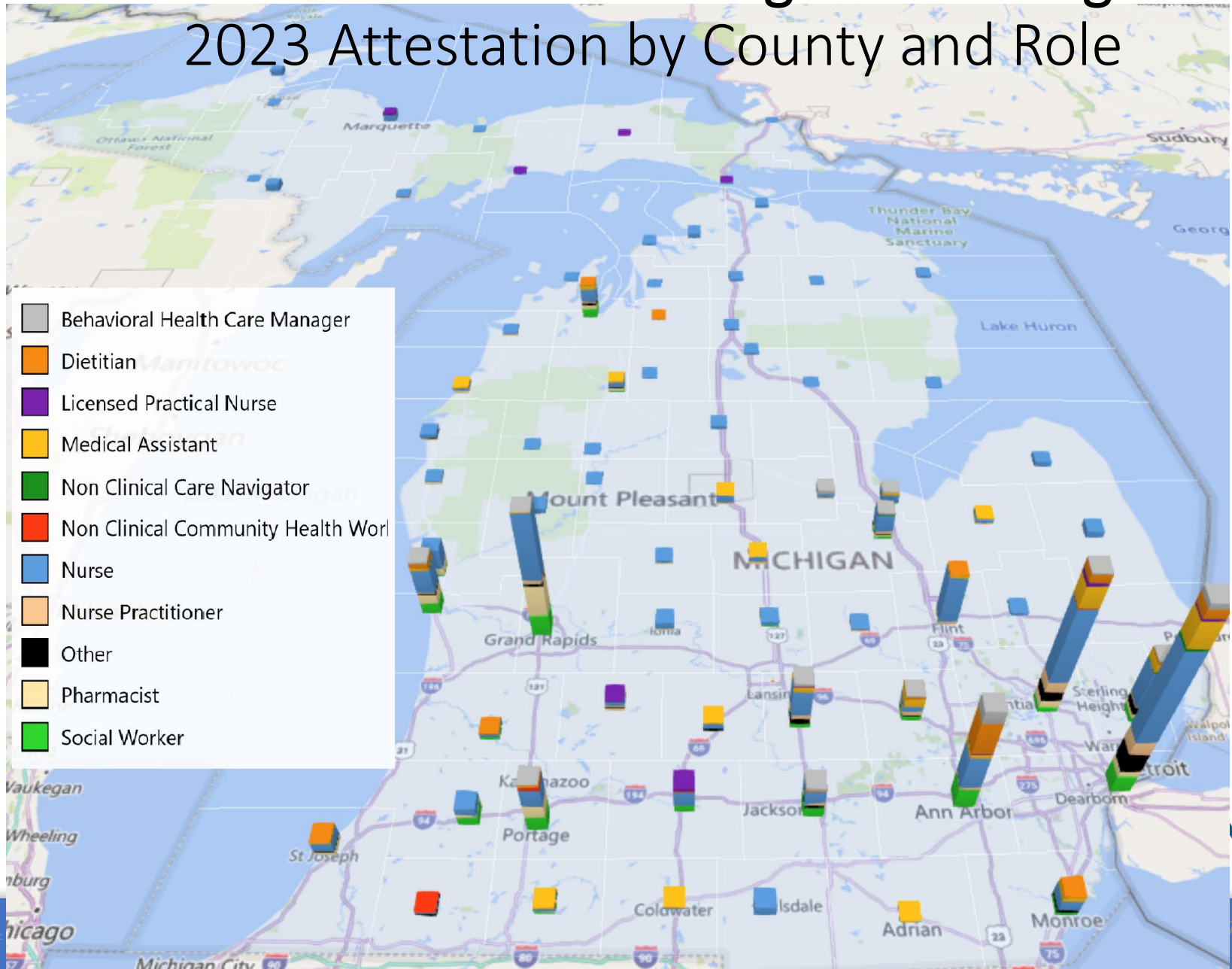
Proportion of PDCM Two Encounters on 1% Practices with Dedicated CTMs



Change in Nbr of Practices Attesting for CTMs (2022 -2023)



Number of Practices Providing Care Management 2023 Attestation by County and Role



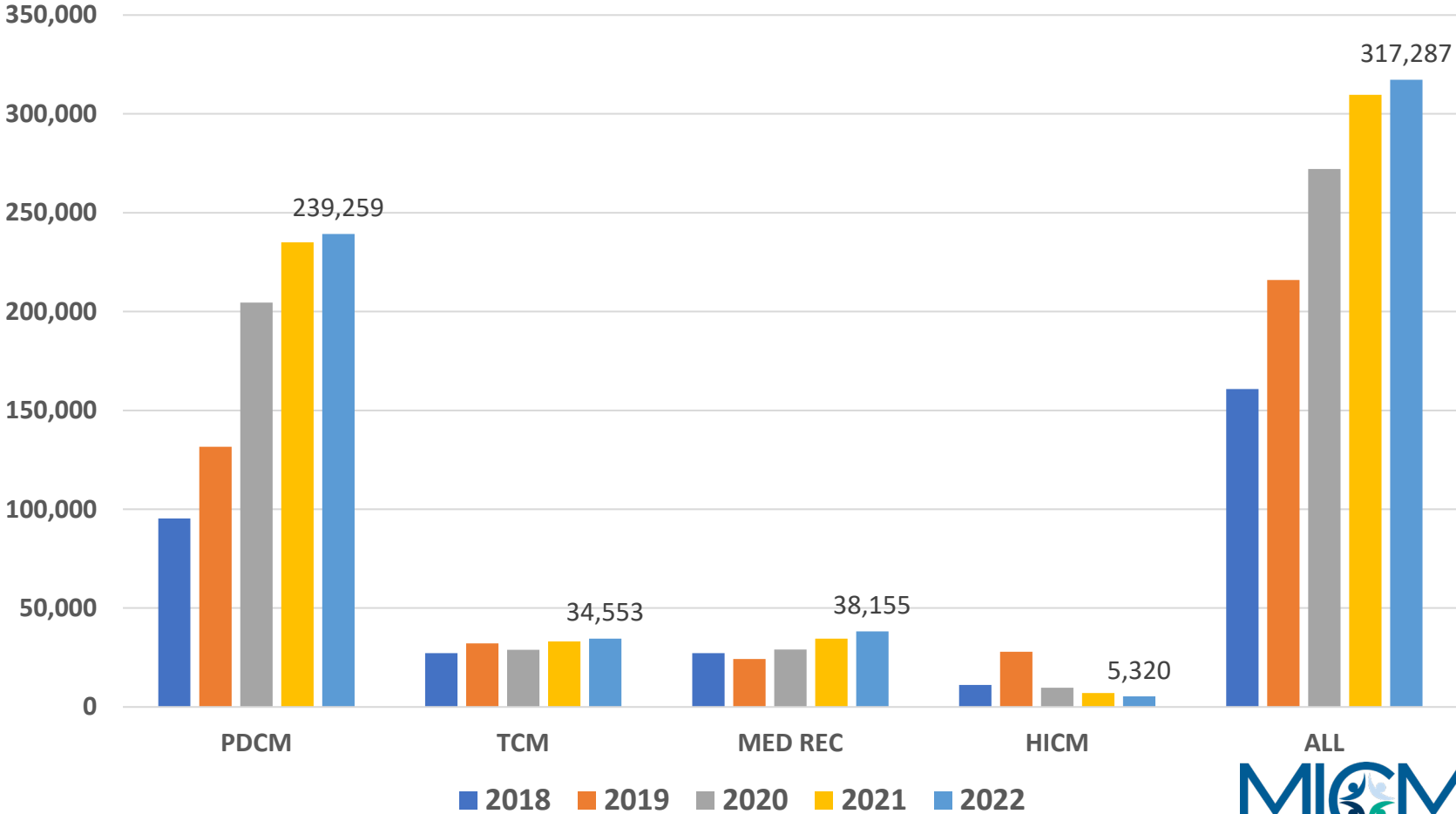


Care Management Billing



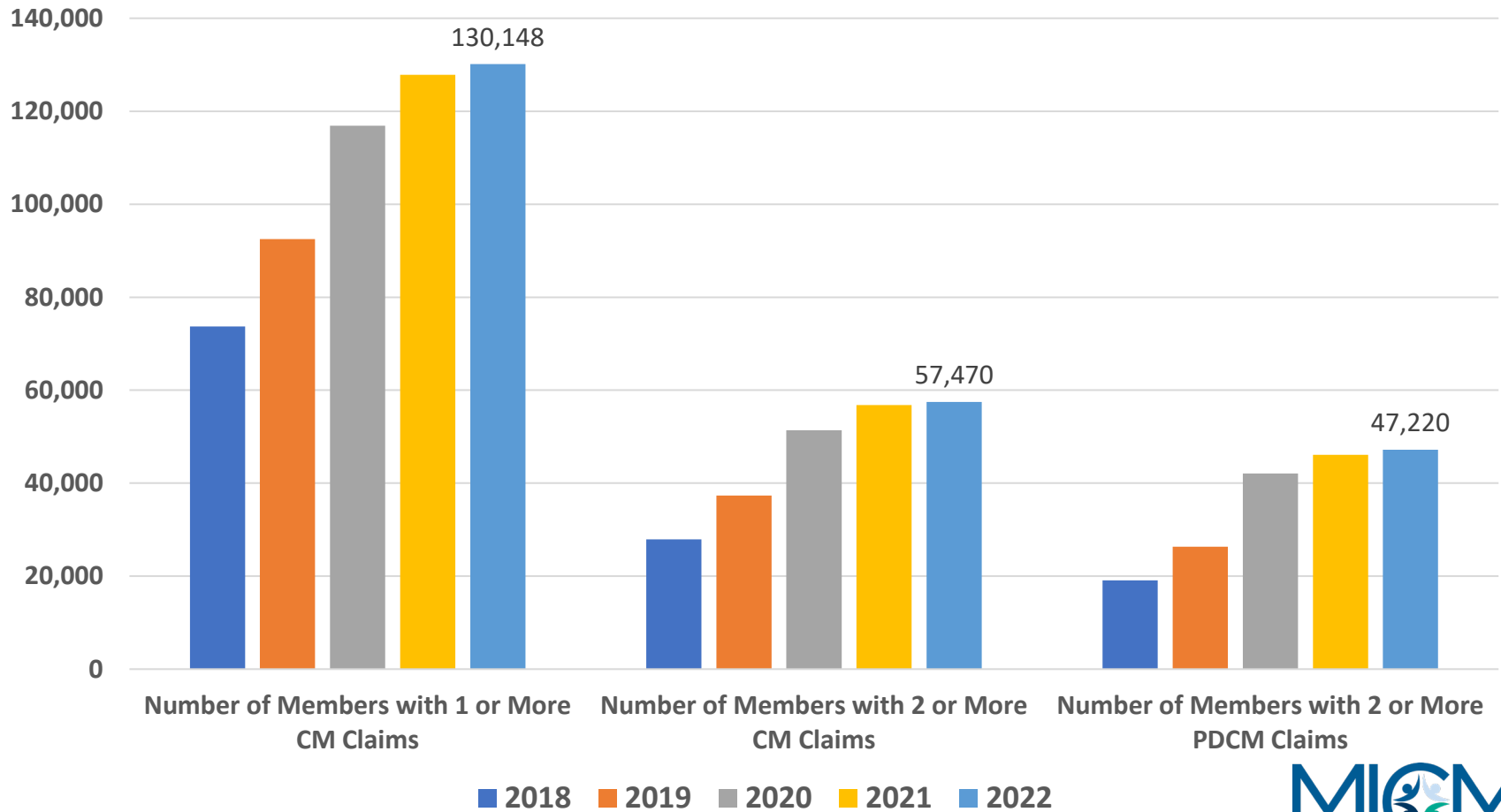
Claims Activity: Claim Counts

PGIP PCP and Mixed Practices



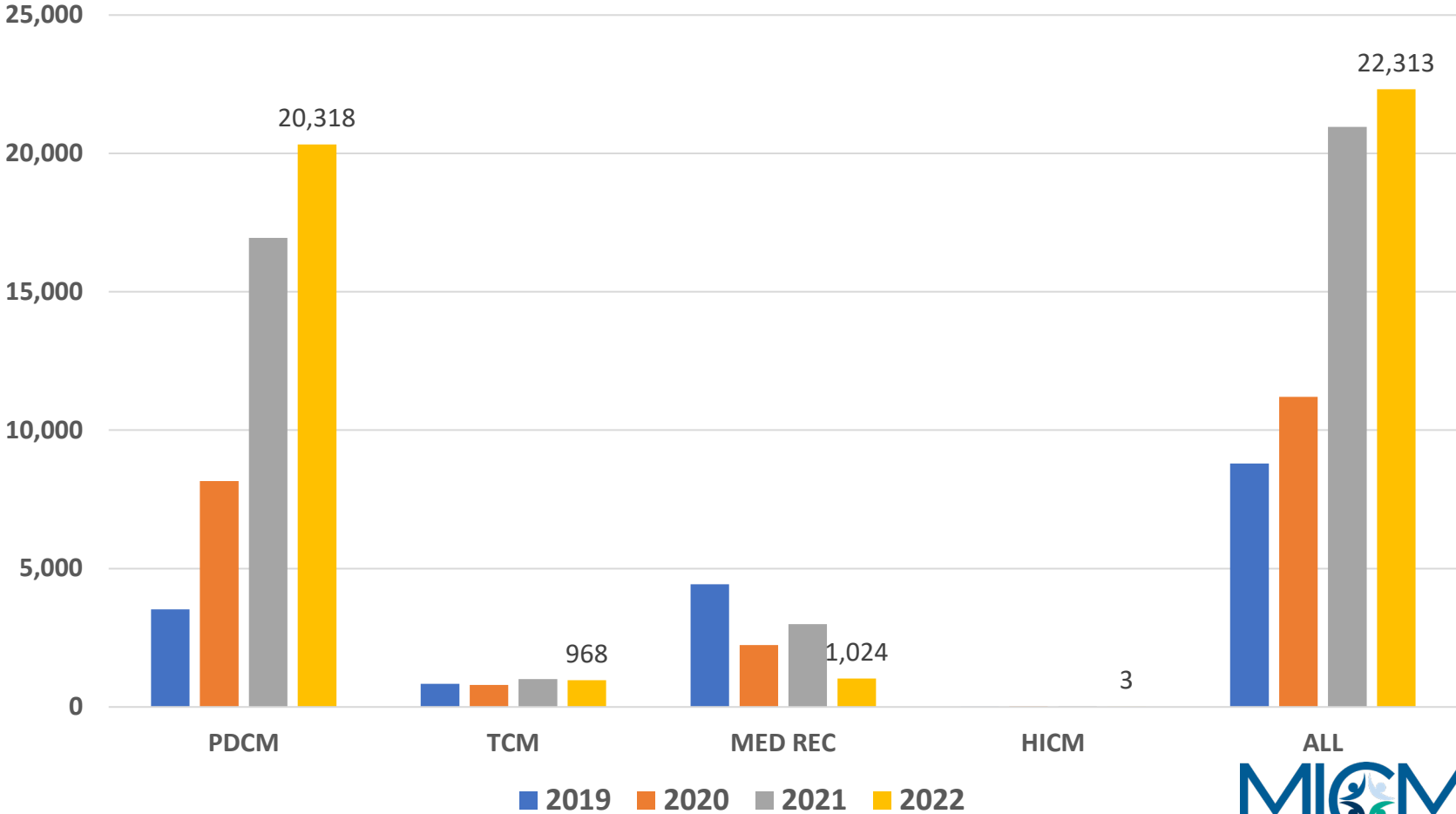
Claims Activity: Member Counts

PGIP PCP and Mixed Practices

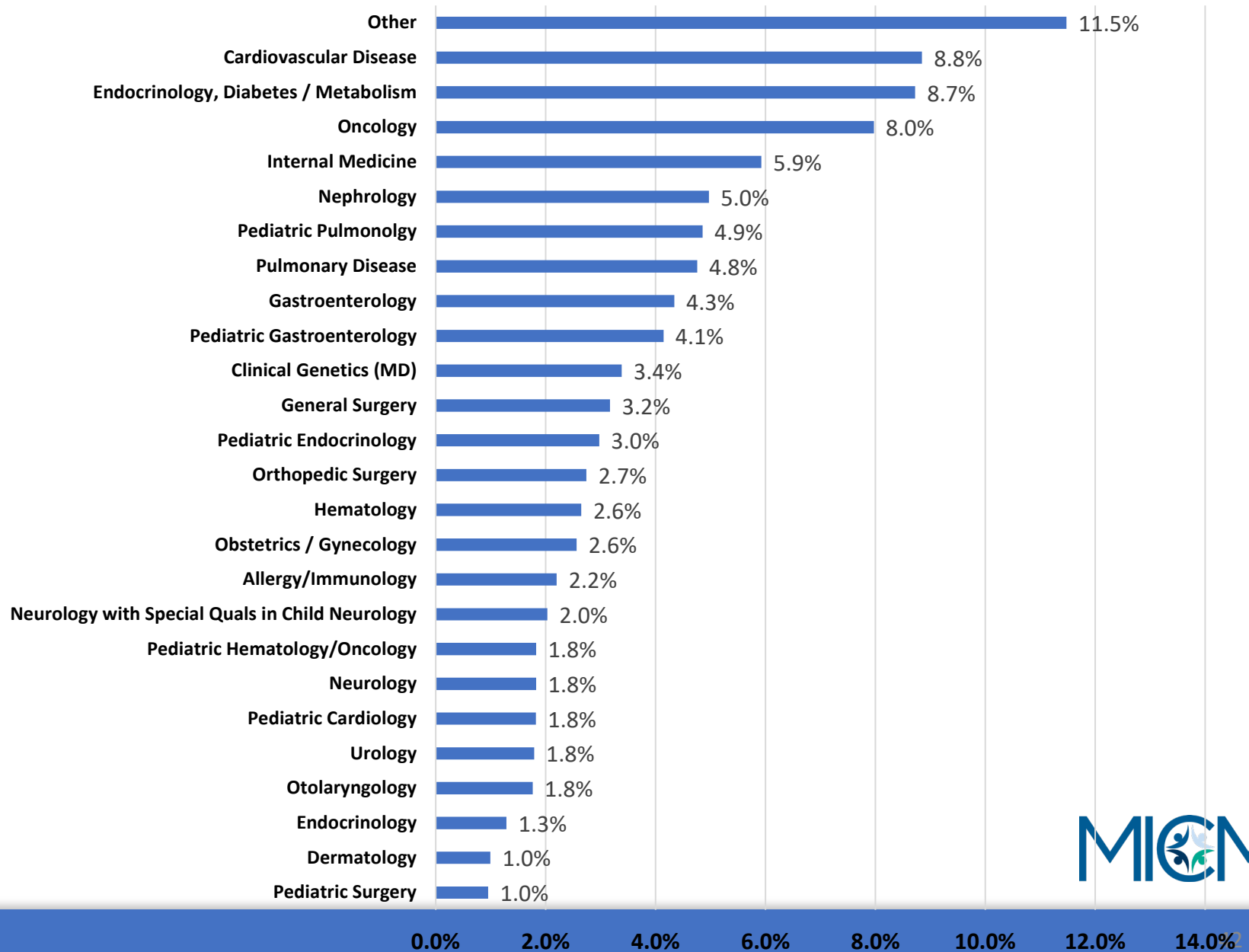


Claims Activity: Claim Counts

PGIP Specialty Practices



Claims Activity: Percent of Claims by Specialty (Top 25)



2024 MICMT Scorecard

- Training reimbursement paid in January 2025 check. Will include those trainings that occur between October 11, 2023, and October 10, 2024.
- Scorecard payment paid in January 2026 check.

2024 Scorecard				
Measure #	Weight	Measure Description	Points	Data Source
1	48	Outcomes		
		Points for the below outcome measures are earned based on the PO performance with the PDCM Outcomes VBR. <i>(See Appendix A for more information)</i>		Outcomes measures align with BCBSM outcomes reporting for POs/sub-POs.
		Peds: IP Utilization	6	
		Peds: ED Utilization	6	
		Peds: Weight Metric	6	
		Peds: Composite Metric	6	
		Adult: A1c performance	6	
		Adult: BP Performance	6	
		Adult: ED Utilization	6	
		Adult: IP Utilization	6	



2024 MICMT Scorecard (cont.)

2024 Scorecard														
Measure #	Weight	Measure Description	Points	Data Source										
2	34	Care Management Operations (Note: This will not impact PDCM Outcomes or Population Outreach VBR)												
		Percent of PCMH Designated practices that achieve the PDCM Participation threshold (2 encounters on 1% of the PDCM attributed population).	<table border="1"> <thead> <tr> <th>% of PCMH practices</th> <th># of points</th> </tr> </thead> <tbody> <tr> <td>90%</td> <td>7</td> </tr> <tr> <td>75%</td> <td>5</td> </tr> <tr> <td>50%</td> <td>3</td> </tr> <tr> <td>25%</td> <td>1</td> </tr> </tbody> </table>	% of PCMH practices	# of points	90%	7	75%	5	50%	3	25%	1	BCBSM 2024 PDCM reports (2023 claims) titled "...2023_PDCM_PU_Rpt..."
		% of PCMH practices	# of points											
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		75%	5											
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25%	1													
Note that this uses a different list: The % of PDCM Participating practices will be assessed using the 2024 1% PDCM List (2 encounters on 1% of patients) from 2023 Claims. These practices are identified in the reports provided with the Value-Based Reimbursement and PDCM Participation reports that BCBSM will distribute in Fall, 2024.														
Percentage of PDCM Participating (2 encounters on 1% of the PDCM population) practices that achieve the Population Management VBR (2 encounters on 4% of the PDCM attributed population).	<table border="1"> <thead> <tr> <th>% of PDCM practices</th> <th># of points</th> </tr> </thead> <tbody> <tr> <td>90%</td> <td>7</td> </tr> <tr> <td>75%</td> <td>5</td> </tr> <tr> <td>50%</td> <td>3</td> </tr> <tr> <td>25%</td> <td>1</td> </tr> </tbody> </table>	% of PDCM practices	# of points	90%	7	75%	5	50%	3	25%	1	BCBSM 2024 PDCM reports (2023 claims) titled "...2023_PDCM_PU_Rpt..."		
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		Patient Satisfaction Survey: PCMH Capability 4.4 in place. "PCMH/PCMH-N patient satisfaction/office efficiency measures are systematically administered."	<table border="1"> <thead> <tr> <th>% of PDCM practices</th> <th># of points</th> </tr> </thead> <tbody> <tr> <td>90%</td> <td>4</td> </tr> <tr> <td>75%</td> <td>3</td> </tr> <tr> <td>50%</td> <td>2</td> </tr> <tr> <td>25%</td> <td>1</td> </tr> </tbody> </table>	% of PDCM practices	# of points	90%	4	75%	3	50%	2	25%	1	First snapshot of 2024, looking at CY 2023.
% of PDCM practices	# of points													
90%	4													
75%	3													
50%	2													
25%	1													
		Patient Satisfaction Evaluation & Improvement: PCMH Capability 4.23 in place. "Practice has engaged in root cause analysis of any areas where there are significant opportunities for improvement in patient experience of care using tested methods such as Journey Mapping or LEAN techniques."	<table border="1"> <thead> <tr> <th>% of PDCM practices</th> <th># of points</th> </tr> </thead> <tbody> <tr> <td>90%</td> <td>6</td> </tr> <tr> <td>75%</td> <td>4</td> </tr> <tr> <td>50%</td> <td>3</td> </tr> <tr> <td>25%</td> <td>2</td> </tr> </tbody> </table>	% of PDCM practices	# of points	90%	6	75%	4	50%	3	25%	2	First snapshot of 2024, looking at CY 2023.
% of PDCM practices	# of points													
90%	6													
75%	4													
50%	3													
25%	2													
		Medication Reconciliation Rate Improvement Incentive: 10% Overall rate increase	10	BCBSM 2025 Performance Reporting for POs										



2024 MICMT Scorecard (cont.)

2024 Scorecard				
Measure #	Weight	Measure Description	Points	Data Source
3	18	Engagement:		
		Practice & Care Team Member Attestation/Verification	5	MICMT Reporting
		At least 3 scheduled phone conferences (30 minutes) with MICMT	5	
		Participation in the entire Annual Team-Based Care Conference by at least 1 PO representative	4	
Participation in the entire Annual MICMT meeting by at least 1 PO Representative with a leadership role in Care Management activity at the PO level	4			



THE BARBERS^{OP} Connections

*"Harnessing the Relationship between the Community
and Barbers to Create Healthcare Connections"*

The Barbershop Connections mission is to harness the special relationship community members have with barbers to educate about blood pressure concerns and connect people to local healthcare resources.

- Blue Cross Blue Shield of Michigan
- Michigan Department of Health and Human Services
- Michigan Institute for Care Management and Transformation
- Packard Health
- Trinity Health IHA
- University of Michigan Health

The Barbershop Connections is a collaboration in Washtenaw County between local barbershops, community groups, and the following local organizations involved within healthcare:

To learn more, check out the contact information below!

- **Mr. Fuller Cut**
 - 307 Ecorse Road, Ypsilanti 48198
 - Barbershop Connections Partner:
 - **Alex Fuller** - [\(734\) 484-2860](tel:(734)484-2860)
- **Premium Cutz**
 - 308 Perrin Street, Ypsilanti 48197
 - Barbershop Connections Partners:
 - **Dana Maggard** - [\(734\) 484-2240](tel:(734)484-2240)

*Scan me with your phone to link to the
Barbershop Connections Website!*



POEM Update



- Partnership between MICMT and MOQC
- Launched October 2020 and successful in providing care across the State of Michigan
 - 10 Clinical Oncology Pharmacists
 - 11 Physician Organizations
 - 27 Oncology Sites
 - Over 80 Physicians
- 4692 Patients*
- 14,688 Encounters
- 12,308 Interventions

*Data up to 7/31/23



POEM Successes



Quality Outcomes

- Improved dose intensity = Increased overall survival
- Improved antiemetic guideline concordance = Decreased total cost of care
- Increased patient education and adherence assessment = Improved adherence to regimens
- 2 POEM posters being presented at upcoming American Society of Clinical Oncology Quality Symposium



Statewide Cancer Drug Repository

- <https://yesrx.org/>
- Launched based on work of POEM sites
- Allow unused drugs to be donated and shared with patients in need
 - Prevent waste of valuable medications
 - Received first donation of drug from patient in September
- Other oncology practices encouraged to join



Planned Website Enhancements

- Dashboard Functionality
 - Better organized to accommodate various website roles (i.e., learner, PO leader, trainer)
 - Improved efficiency and flow to indicate incomplete/completed evaluations and tests
 - Increased reporting capabilities from a snapshot view for PO leaders and trainers
- PO Level Reports
 - Improved filters to access by training, date
 - Cleaned up columns to remove excess or unnecessary data fields





- Submit your Advanced Patient Engagement training for the scorecard points
- MICMT job-board is available for your postings
 - Any team-based care job opening
 - Contact Linny or Ashley if you are unsure how to submit
- Consultative services continue to be available
 - Patient engagement coaching/simulations, Ask the pharmacist/TOC, pharmacogenetics
 - Free service for PGIP POs and practices

Coming in 2024

- 2-hour training reimbursable at \$125 for next training cycle
 - 2 sessions of an MICMT webinar series
 - External trainings
- Chronic Kidney Disease webinar series planned for launch Q1 2024





Collaborative Care Model Implementation: Current State

Kathleen Kobernik
BCBSM





EXPANDING THE USE OF COLLABORATIVE CARE UPDATE

- BLUE CROSS BLUE SHIELD OF MICHIGAN – PHYSICIAN GROUP INCENTIVE PROGRAM
- OCTOBER 2023



NEARLY 50 M OR 19.86% OF AMERICAN ADULTS EXPERIENCED A MENTAL ILLNESS IN 2019.

4.58% OF ADULTS REPORT HAVING SERIOUS THOUGHTS OF SUICIDE. THIS HAS INCREASED EVERY YEAR SINCE 2011-2012.

24.7% OF ADULTS WITH A MENTAL ILLNESS REPORT AN UNMET NEED FOR TREATMENT. THIS NUMBER HAS NOT DECLINED SINCE 2011.

15.08% OF YOUTH EXPERIENCED A MAJOR DEPRESSIVE EPISODE IN THE PAST YEAR.

OVER 60% OF YOUTH WITH MAJOR DEPRESSION DO NOT RECEIVE ANY MENTAL HEALTH TREATMENT.

NEARLY 1 IN 3 ARE GOING WITHOUT TREATMENT. EVEN IN STATES WITH THE GREATEST ACCESS,

MORE THAN HALF OF ADULTS WITH A MENTAL ILLNESS DO NOT RECEIVE TREATMENT, TOTALING OVER 27 MILLION U.S. ADULTS.

10.6% OR OVER 2.5 MILLION YOUTH IN THE U.S. HAVE SEVERE MAJOR DEPRESSION. THIS RATE WAS HIGHEST AMONG YOUTH WHO IDENTIFY AS MORE THAN ONE RACE, AT

ONLY 27% EVEN AMONG YOUTH WITH SEVERE DEPRESSION WHO RECEIVE SOME TREATMENT, RECEIVE CONSISTENT CARE. IN STATES WITH THE LEAST ACCESS, ONLY

Behavioral Health access issues are effectively addressed through unique partnerships with Collaborative Care

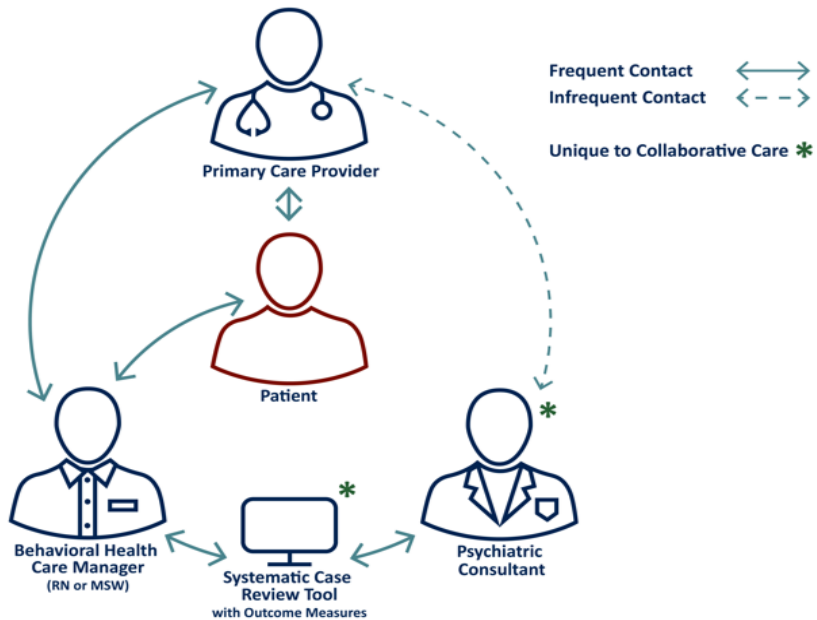
- While the psychiatrist shortage is nationwide, the situation in Michigan is even more acute. The state had 1,180 active psychiatrists in 2018, or 11.84 practitioners per 100,000 residents, which is below the national average
- We know this can be more frustrating in rural regions as two-thirds of Michigan psychiatrists are based in the Ann Arbor-Detroit region
- Collaborative Care allows patients to receive expert medication recommendations and adjustments from a psychiatric consultant they may otherwise not have access to. There is a shortage of psychiatrists, long wait times and insurance barriers

- 20% of PCP visits are related to mental health.¹
- 80% of antidepressants are prescribed by PCPs.
- PCPs see first signs of behavioral health issues.



¹ Source: 2010 National Ambulatory Medical Care Survey. Available at <http://www.cdc.gov/nchs/ahcd.htm>

The Collaborative Care Treatment Team



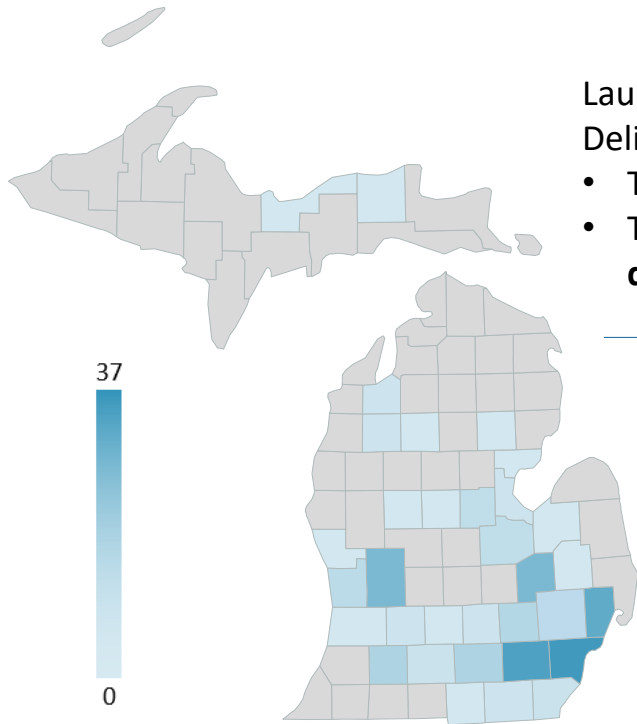
- In traditional care, the primary care team consists of the PCP and the patient with referrals to behavioral health specialists.
- CoCare adds:
 - A behavioral health care manager
 - A psychiatric consultant
- The psychiatrist and BHCM meet weekly to review the caseload of patients with mental health or substance use issues identified in the PCP office.
- The BHCM brings the psychiatrist's recommendations to the PCP, who decides whether or not to change the patient's treatment.
- Cycle repeats until patient is in remission. 11

Initiative description history

- 2020 – Blue Cross Blue Shield of Michigan and Blue Care Network began to actively promote the Psychiatric Consultant Collaborative Care Model, which is also known as CoCM which integrates behavioral health care into general medical care.
- 2021 – 2022 Increasing the number of CoCM practices were corporate goals These goals were exceeded each year. Learning module “Delivering CoCM to Adolescents” was developed and implemented
- 2022 – The CoCM Designation Program was launched. Learning module for Delivering CoCM to the Perinatal Population was developed and implemented.
- 2023 – Required that more CoCM capabilities be met to achieve CoCM Designation. Delivering CoCM to those with substance use issues learning module was developed and implemented.
- Up next – More focus on meeting fidelity to the original CoCM model. Develop learning module for oncology patients.

Collaborative Care Model Utilization

Our solid foundation has allowed Blue Cross to expand utilization of the Collaborative Care Model (CoCM).



Sept. 2023-Aug 2024 Designation cycle

Launched *new learning modules* for Delivering CoCM to:

- The **perinatal** population
- Those with **substance use disorders**

239 PCP practices
CoCM Designated



5 OB/GYN practices
CoCM Designated



~800 practitioners trained in CoCM



~1,270 PCP and OB/GYN practitioners receiving CoCM value-based reimbursement



Blue Cross:

Population-specific modules attendees:

- Trained 36 practitioners from 23 offices on perinatal CoCM
- Trained 8 practitioners from 6 offices on SUD CoCM
- Trained 113 practitioners from 90 offices on adolescent CoCM

Bronson

- We had a 19 year old patient that had some underlying depression due to covid and not having a regular senior year of high school. after meeting and starting on anti depressant, his score improved 5 points and he indicated that he never knew he could be this happy!!

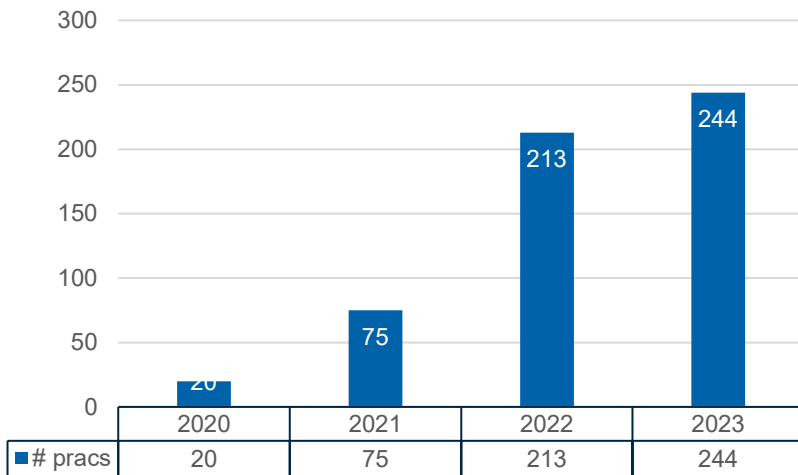
United Physicians

- Our biggest success for 2023 has been the enthusiasm with which our OBGYN practices have embraced the care model. UP

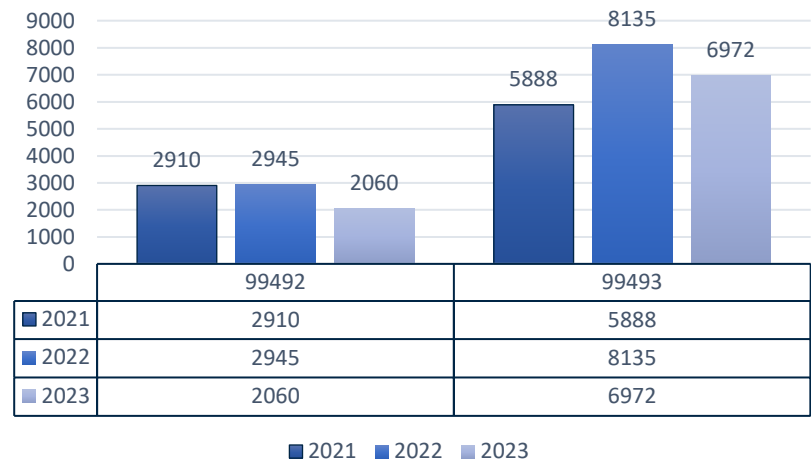
Oakland Southfield Physicians

- Patient who was in a very abusive relationship was very depressed and anxious to leave her husband. Our BHCM worked with her on resources for support, patient started therapy, and left her husband. With the recommendation of our psychiatrist consultant, the patient started a good medication regimen and is now in a healthy relationship doing much better. – Oakland Southfield Physicians

Number of practices by year



Initial and subsequent billing by year





Trinity Health
Alliance of Michigan

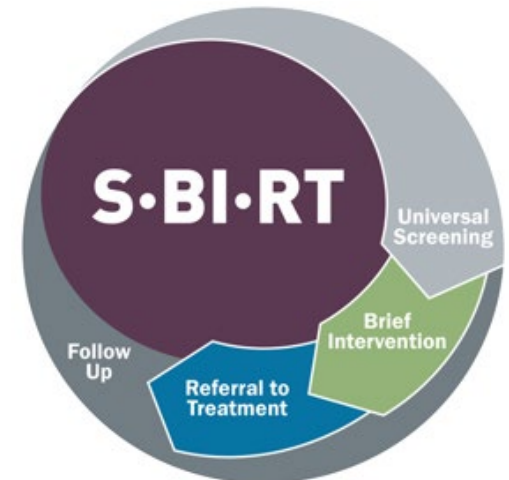
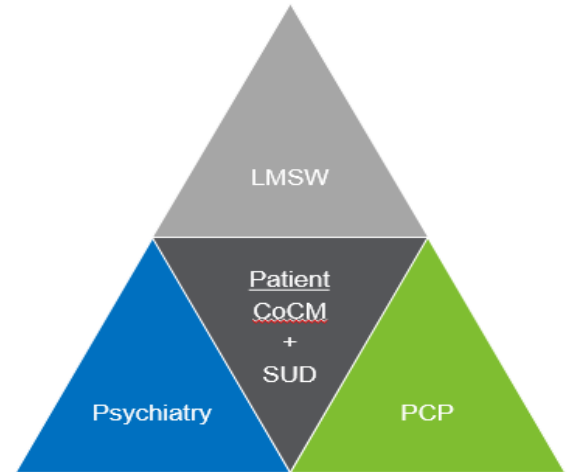
COLLABORATIVE CARE DATA UPDATE AND REFLECTION

August 2023



COCARE FOOTPRINT FOR TH WEST MI

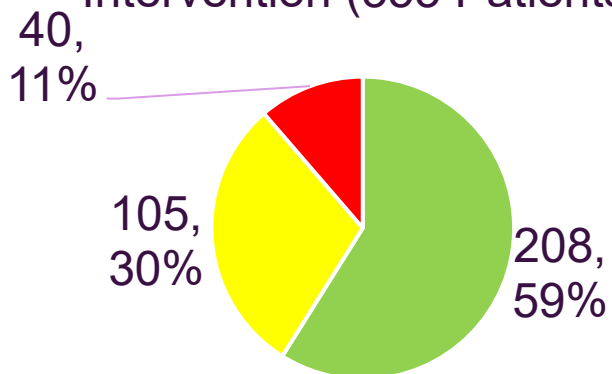
- Current State: 13 primary care offices with triad relationship
- Pilot: Inclusion of screening for substance use disorder (SUD) and SBIRT intervention
- Future State: ongoing effort to expand SUD screening and recruit more psychiatric support and LMSW's for expansion within the PO





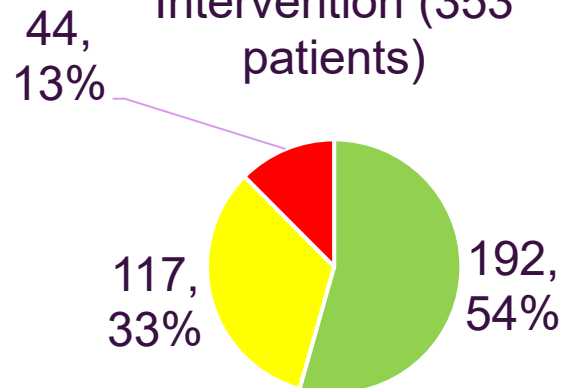
COCCARE RESULTS – PHQ-9 & GAD-7

PHQ-9 Post CoCM
Intervention (353 Patients)



- Improved PHQ-9
- Unchanged PHQ-9
- Worsened PHQ-9

GAD-7 Post CoCM
Intervention (353 patients)

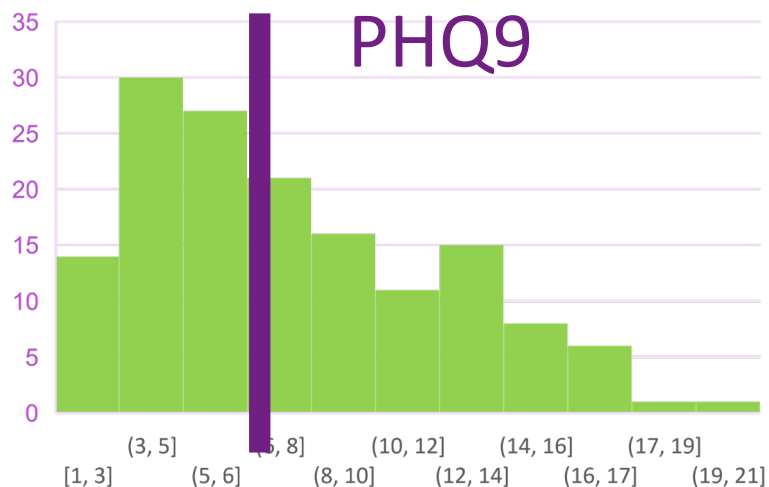


- Improved GAD-7
- Unchanged GAD-7
- Worsened GAD-7

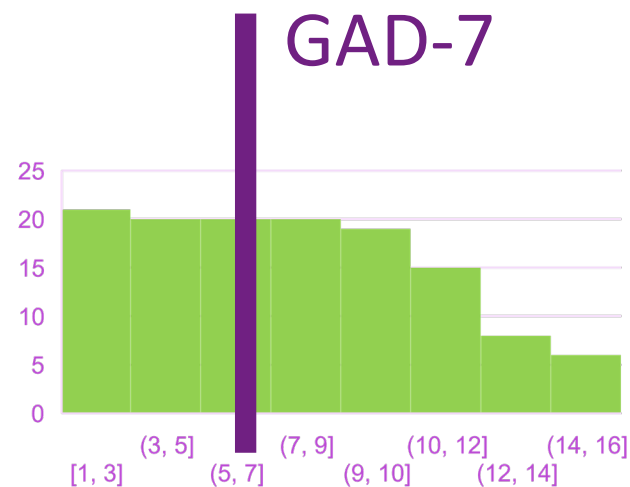
Denominator: all enrollees in CoCare from Jan – Jun 2023



CO CARE IMPROVEMENTS



- **Baseline:** 13.2
- **End:** 6.4
- **Mean Decrease:** 6.8



- **Baseline:** 12.3
- **End:** 6.2
- **Mean Decrease:** 6.1

Denominator: baseline of ≥ 10 per each measure



COCCARE PHQ-9 OR GAD-7 UNCHANGED

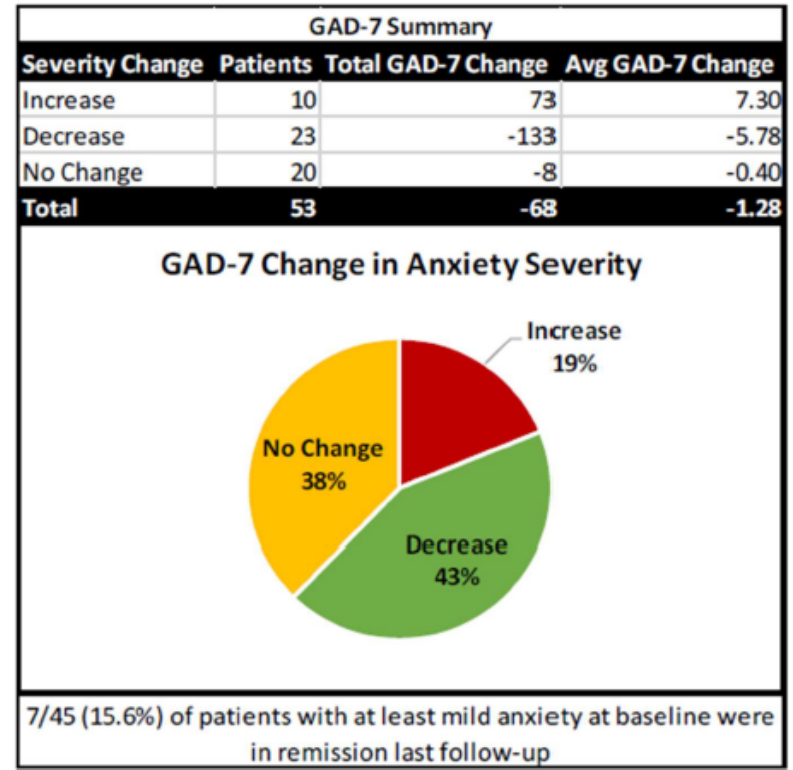
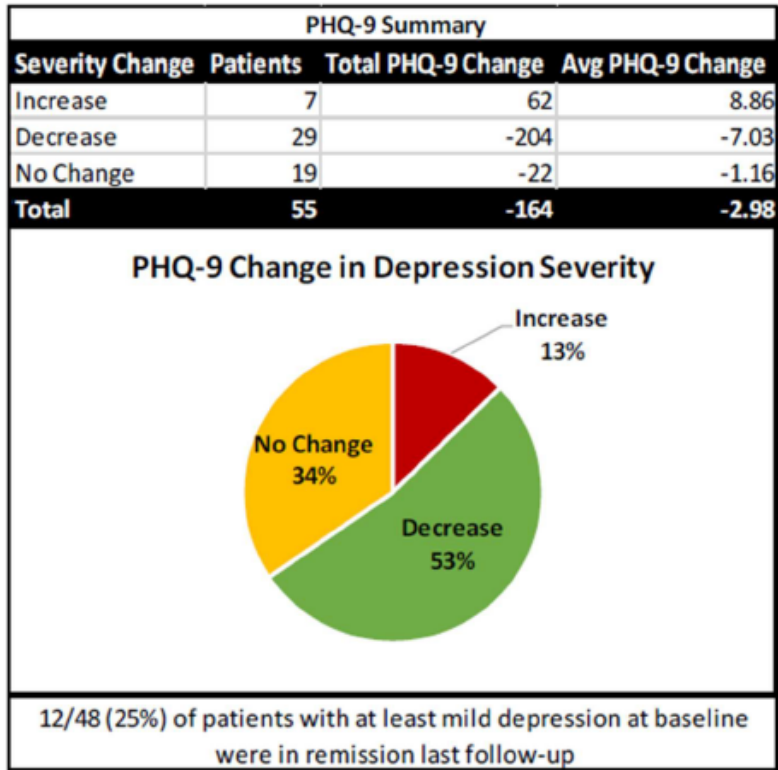
- Readiness of the patient for change/engagement
- Need for outpatient psychiatry referral for medications not prescribed by a PCP
- Need for more specific therapy (EMDR, brainspotting, ECT) that is not provided via CoCM relationship



COCARE PHQ-9 OR GAD-7 **INCREASES**

- Known fluctuations in screening results for individual patients
- Worsening scores during unpacking of psychological trauma
- Hesitancy by enrollees to start medications
- Uncovering of what are generally non-PCP-related diagnoses (e.g. bipolar disorder, schizophrenia, etc.)
- Strategies
 - More frequent touches for patients enrolled in CoCare
 - In house therapy by psychology / LMSW when medications not desired
 - Referral to psychiatry

HVPA CoCM Program - Data Summary



Story 1

I've worked with several teens who have been successful in the CoCM program who are now discharged.

With the correct medication recommendations from Dr. Block and support from the BHCM (me), they have been successful and have been discharged from the program.

Most of them needed just a little support and the right medications to get them through the tough transition to high school and they are now doing great.

They are discharged with the knowledge that they can come back to the program anytime if their situation changes.

Story 2

Patient G.C a 73-year-old female, enrolled in CoCM in April 20223 with a PHQ 9 of 10 and GAD 7 of 14. She was diagnosed with moderate major recurrent depression several years ago and recently began feeling more anxiety due to her husband's health issues. Fluoxetine was increased from 20 mg to 40 mg, per Psychiatrist Consultant's recommendation. Patient reported improvement in depression shortly after the dose increase, but still reported some anxiety. We worked on mindfulness techniques, such as deep breathing and progressive muscle relaxation, as the patient did not want to add another medication to target anxiety specifically.

Behavioral health care manager continued to follow patient for symptom monitoring and support.

Sleep hygiene, behavioral activation, and mindfulness techniques were implemented by BHCM during in person and virtual visits, wherein BHCM would check in regarding meds and any side effects, while providing patient education around coping skills.

Patient stayed in program for a total of 5 months, while checking in monthly with BHCM. When she felt ready to discharge, her PHQ 9 had decreased from a 10 to a 2, and GAD 7 went from a 14 to a 2. The patient completed a relapse prevention plan, and reported that her sleep, exercise, hobbies, and mood significantly improved since enrolling in Collaborative Care.

As a team, we were satisfied with the results and feel that our collaborative efforts helped the patient improve considerably.



United Physicians Behavioral Health Collaborative Care Management Program

Sara Baig, MPH, Senior Manager, Behavioral Health and Clinical Quality
Programs

United Physicians, Inc.

Independent PO-practice collaboration

Centrally supported, PO led program

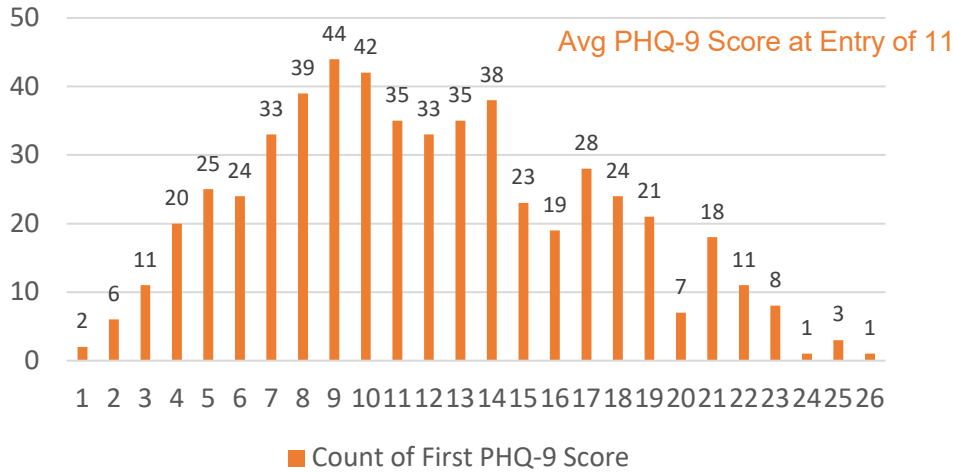
PO Staffing

- Program Manager
 - 4-6 BHCMS
 - 2 Psychiatric Consultants (0.4FTE)
 - Billing and Scheduling support
-
- PO delivers services at no charge to practice
 - PO reports outcomes for practices
 - PO bills for CoCM services
 - All services are delivered via telemedicine

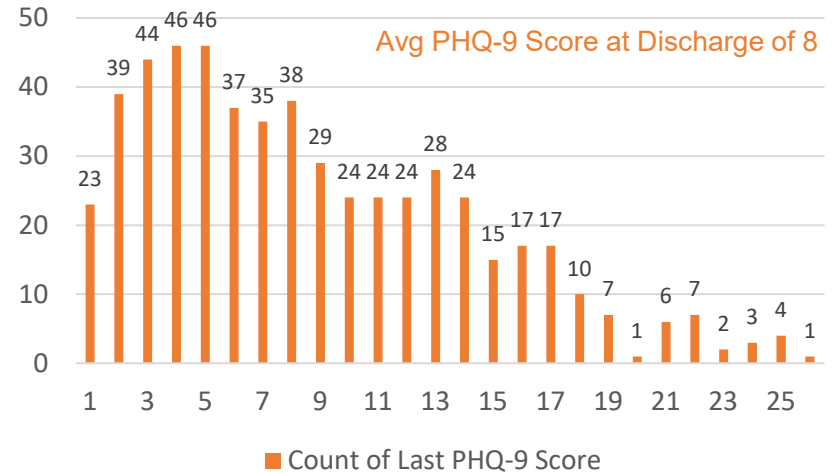
30 Practices

- 146 physicians
 - 13 Pediatric with 52 physicians
 - 9 Lifecycle with 33 physicians
 - 7 Adult with 40 physicians
 - 2 OB/Gyn with 21 physicians
-
- Practices screens all eligible patients with PHQ9 and GAD7
 - Practices meet biweekly with BHCM
 - Practices expected to demonstrate “meaningful participation” with average panel of 3-5 patients/provider to be considered eligible for VBR nomination

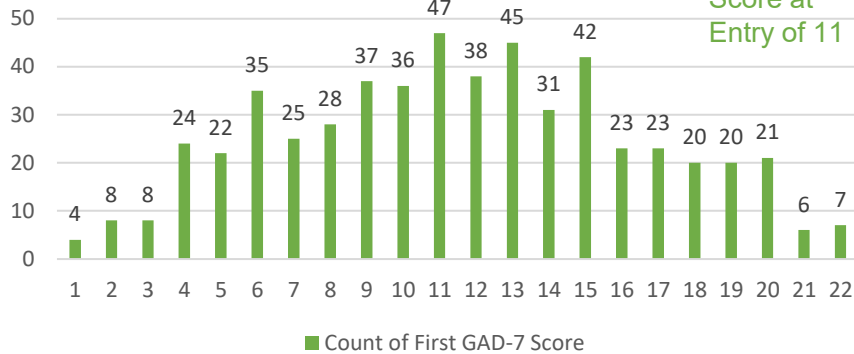
PHQ-9 Score at Entry



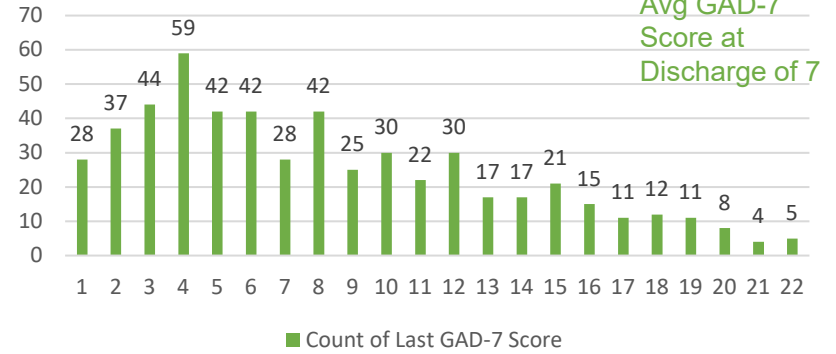
PHQ-9 Score at Discharge



GAD-7 Score at Entry

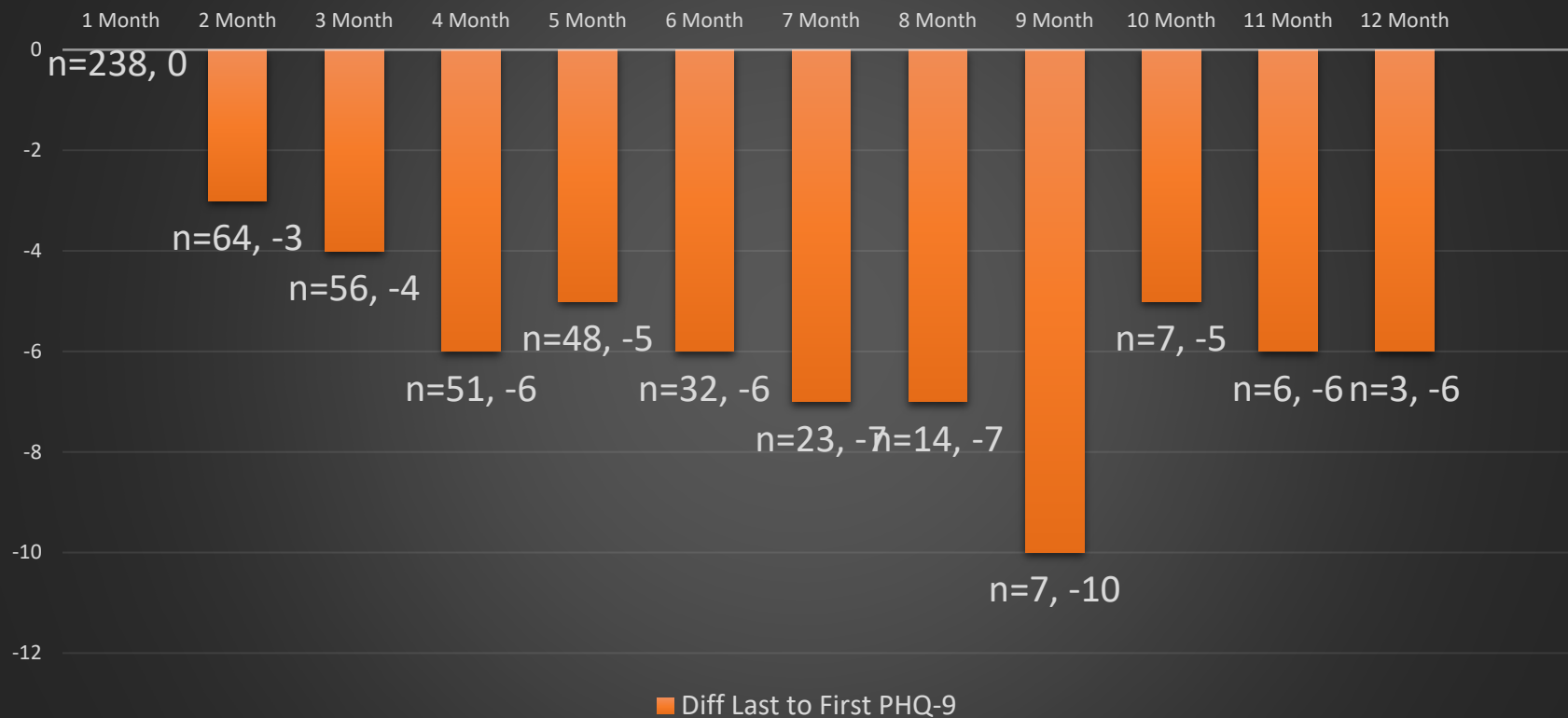


GAD-7 score at Discharge

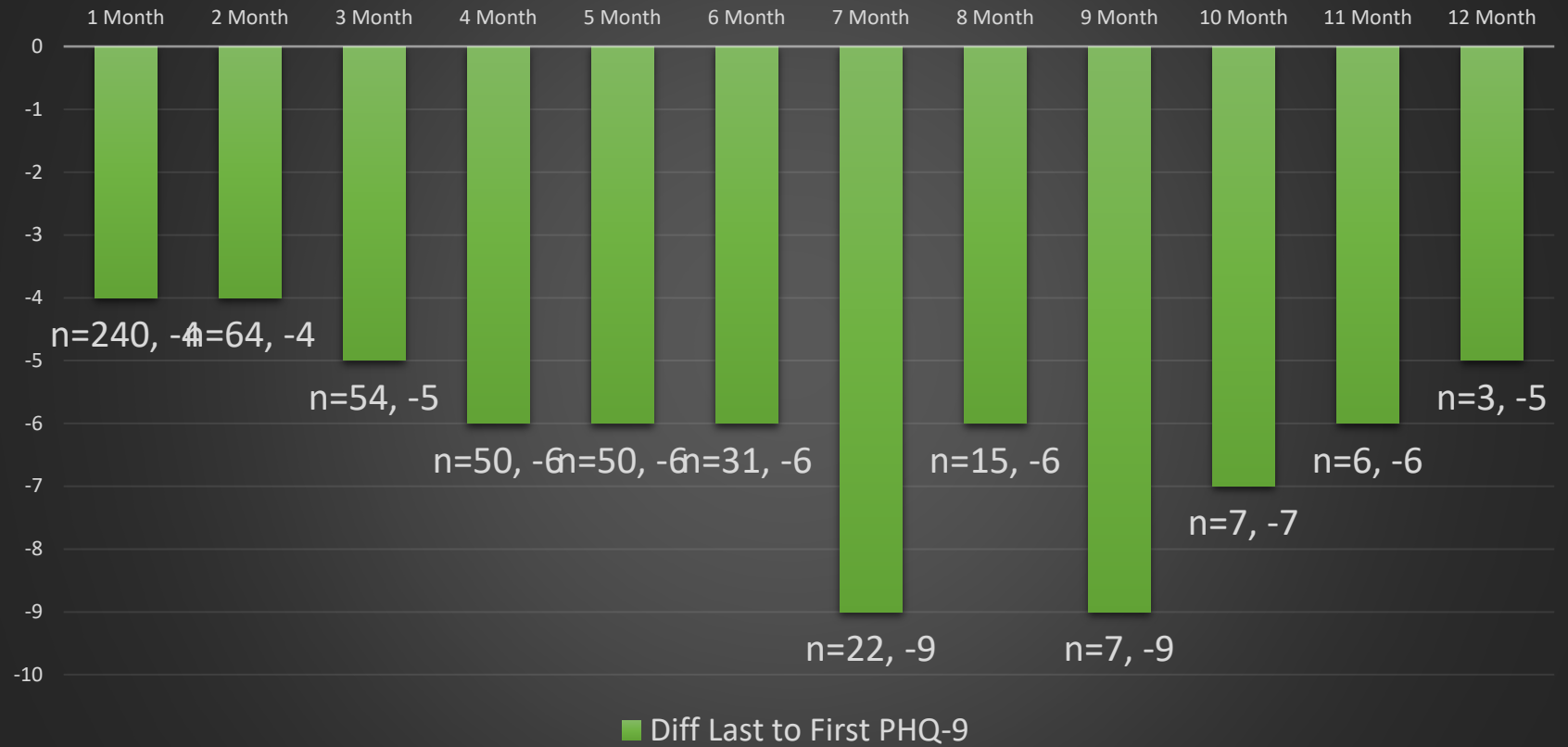


560 patients enrolled and discharged from program – average treatment duration = 20 weeks

Average Difference in PHQ 9 scores by Time in Treatment



Average Difference in GAD-7 scores by Time in Treatment





LUNCH

Please join us back here at 1



Transitions of Care Approaches

Sandra Kaltz, McLaren Physician Partners

Annette Price, Silver Pine Medical Group, United Physician, Inc

Susan Nason, Bronson Network LLC

Carissa Cowen, Munson Healthcare Clinically Integrated Network,
Northern Michigan Care Partners



Sandra Kaltz, BSN, RN

Care Coordination Manager



- 6 dedicated TOC member
- Supportive team includes RN
- Centralized, process about 1800 per month
- Mission to identify ADT activity and flows into our population health tool
- Attempt to schedule follow up appointments
- Patient unwilling at time of call directed to office/ office notified and contacts them
- Barriers include:
 - Different workflows for employed vs non-employed
 - Lower engagement rate for patient we call (36% engagement rate on initial phone call)



McLaren Physician Partners (MPP)

Transition of Care Program

Speaker: Sandra Kaltz RN, BSN

Team Structure-Overview

McLaren Physician Partners (MPP) Care Coordination

- Manager: Sandy Kaltz RN, BSN
- Care Coordination Department Team Composition: RN, LPN, MSW, Navigator
- Dedicated TOC Team: 6 Patient Navigators
- Patient Navigators- Non-licensed individuals & Occupational Therapist

Program Structure Overview

Transition of Care Program

- Target Population: Attributed (patients in at-risk contracts)
- Total Physician Membership: 2700
- PCP Membership: 30% (810)
- Source: ADT-MiHiN
- Volume: 1800 Inpatient discharges processed per month

Notification

Transition of Care Program

- Attributed patient files are sent to Michigan Health Information Network (MiHIN) every month
- Admission Discharge Transfer (ADT) Notifications are sent from MiHIN to our Population Health Management Software- (Persivia)
- Cerner Hospital Discharge List –MPP Physician Member Patients
- Internal referral process
- Department phone number on hospital discharge instructions

The screenshot displays the Persivia software interface. At the top left is the Persivia logo. The main navigation bar includes tabs for Patients, Care Team, Schedule, Superbill, Productivity, Tasks, Reports, Communications, Referrals, Discharges, and Transitions. Below this is a filter section with a 'Cohort: Select' dropdown and a 'Filters' section containing a 'Group' dropdown set to 'All'. A row of filter options includes checkboxes for 'Patient', 'MRN', 'Enc. Type', 'Attributed Facility', 'SSR Score', 'Discharge Disposition', 'Serving Facility', 'Admitted Date', and 'Discharged Date'. The top right corner shows 'McLaren H'.

Notification Process

Transition of Care Program

- Population Health Management Software- Persivia
 - Sort the daily feed of previous day discharges
 - Inpatient, Observation, Psych, SNF
 - Review & assign to Patient Navigator's schedule
 - Average 25 outreach per day/ per person (including 2-week follow-up)

Outreach Frequency & Assessment

Transition of Care Program

Outreach (Appt. Reason)	Outreach Timeframe	Assessments to Complete
TCM Initial Outreach	within 2 business days of D/C	TCM Assessment + SDOH
TCM 2nd Attempt	next business day following initial outreach attempt	
TCM Follow-Up <i>(if not referred upon initial outreach – see referral guidelines)</i>	after follow-up appt w/ provider <i>OR</i> 1-2 weeks post initial outreach	TCM/ED Follow-Up + SDOH <i>(if not prev. completed)</i>

Scheduling

Goal within 14 days with a focus on 7 days

Employed

- Directly schedule in Cerner while on phone
- Communicate in Cerner to front office for assistance in scheduling

Non-Employed

- Assistance offered/patient encouraged to schedule
- Communicate via phone/email/fax to office for assistance in scheduling

Communication to Provider

Subject:

TOC ACTION REQUIRED

Body:

The specified patient below was contacted for initial TOC outreach and needs an appointment. Please contact the patient to schedule a transition of care appointment within 14 days from discharge.

Provider:

Patient Name:

Patient DOB:

Inpatient Discharge Date:

Billable Codes for Transition of Care

- **CPT code 99495** - Requires direct contact within 2 business days of discharge (TOC Outreach) and medical decision of *moderate complexity* during a visit within **14 calendar days** of discharge
- **CPT Code 99496**- Requires direct contact within 2 business days of discharge (TOC Outreach) and medical decision of *high complexity* during a visit within **7 calendar days** of discharge
- **If seeing patients outside of the 14 day window, between day 15 – 30 post discharge, please bill the appropriate E/M code and include CPT II Code 1111F to document that a medication reconciliation was performed.**

Additional Transitional Support Services

- Lists sent to practice each week with eligible patients
- Refer into another program if patient agreeable and would benefit
 - Chronic Care Management (CCM)
 - Complex Care Management Services (CCMS)
 - Remote Patient Monitoring (RPM)

Remote Patient Monitoring

Post-Discharge Program

- Self Reporting for high-risk inpatient discharge
- Enrolled in about 3 days after discharge
- Receives one-five messages x four weeks
- Communication sent as reminder to schedule a follow-up appointment

Regarding your recent visit, if you need assistance scheduling follow-up care, have any questions regarding your recent illness or have questions about your discharge instructions or medication plan, please call (833) 508-0670

Data For		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
General Medical - High-Risk Discharge (Post Discharge)													
Total Enrolled								124	144				
Total Alerts								85	112				
Issue Breakdown													
Fever/Chills								9	4				
Nausea/Vomiting/Diarrhea								8	11				
Stomach/Abdominal Discomfort								15	8				
New/Painful Rash or Skin Redness								9	6				
New/Worse Cough								8	5				
Difficulty Breathing								7	6				
Leg Swelling								11	12				
Changes or Discomfort with Urination								11	9				
Concern about missing dialysis appts, symptoms, or access sites								2	4				
Positive ROS Symptoms									1				

HTN

TOC and Readmissions

	A	B	C	D	E	F
1	IP & SNF Discharge Claims					
2	PCP Region: All					
3	Reporting Month: Oct 2022					
4	Inclusion: IP & SNF discharges					
5						
10	Employment Status	(All)				
11						
12	Average of 30-Day All Readmission Rate	Column Labels				
13	Row Labels	1-7 Days	8-14 Days	15-30 Days	No TOC	Grand Total
14	Region 1 - Oakland	15.0%	9.2%	15.0%	35.3%	16.7%
15	Region 2 - Macomb	15.4%	9.6%	12.9%	27.0%	16.0%
16	Region 3 - Flint	13.5%	10.1%	8.1%	24.7%	14.1%
17	Region 4 - Greater Lansing	11.6%	6.8%	7.9%	28.2%	13.2%
18	Region 5 - Bay	14.5%	12.7%	13.0%	31.3%	16.8%
19	Region 6 - Central	14.2%	10.9%	9.1%	32.0%	16.4%
20	Region 7 - Port Huron	11.8%	10.5%	13.6%	38.2%	16.3%
21	Region 8 - Northern	16.4%	5.4%	9.9%	31.6%	15.9%
22	Region 9 - Lapeer	14.3%	15.7%	16.1%	27.7%	17.6%
23	Region 10 - Wayne	40.0%	25.0%	0.0%	40.0%	34.4%
24	Region 13 - St Lukes	10.4%	7.8%	2.4%	40.9%	12.5%
25	Unknown				0.0%	0.0%
26	Grand Total	14.00%	9.50%	10.57%	30.22%	15.47%

5						
6	Readmission Rate					
7						
8	PCP Region	(All)	▼			
13	Employment Status	(All)	▼			
14						
15	Average of 30-Day All Readmission Rate	Column Labels	▼			
16	Row Labels					
17				1-7 Days	8-14 Days	15-30 Days
17	⊖ Vascular			15.8%	25.0%	0.0%
18	⊖ Cardiovascular			15.8%	10.6%	17.5%
19	⊖ Endocrinology			10.6%	14.6%	13.0%
20	⊖ Other General Medicine			11.4%	12.5%	18.2%
21	⊖ Pulmonary Disease			17.0%	9.1%	9.8%
22	⊖ Nephrology			19.1%	15.2%	13.2%
23	⊖ Gastroenterology			15.5%	9.3%	13.6%
24	⊖ Infectious Disease			18.1%	10.2%	4.8%
25	⊖ Dermatology			16.7%	10.0%	12.5%
26	⊖ Oncology/Hematology			21.2%	0.0%	10.0%
27	⊖ Spine			14.3%	20.0%	0.0%
28	⊖ Neurology			9.6%	7.4%	8.6%
29	⊖ Trauma Medical			15.0%	0.0%	0.0%
30	⊖ (blank)			7.6%	5.4%	6.2%
31	⊖ ENT			0.0%	16.7%	0.0%
32	⊖ Orthopedics			6.3%	0.0%	0.0%
33	⊖ Urology			0.0%	33.3%	0.0%
34	⊖ Psychiatry or Substance Abuse			0.0%	0.0%	0.0%
35	⊖ Gynecology			0.0%	0.0%	0.0%
36	Grand Total			14.00%	9.50%	10.57%
						30.22%
						15.47%







Team Outcomes

- Department Goals
- Individual Goals – Weekly Tracking
- Process Improvement
- Real-Time Scheduling Barriers

Time Period: Q3 2022-23, +1 ▾

> Summary

> Title

- 
Increase percentage of scheduled TOC follow-up appointments overall across all attributed patients post...
 - 
 Establish individual baseline percentage of TOC Follow-up visits scheduled by April 30th.
 - 
 Increase percentage of TOC Follow-up visits scheduled during TCM services outreach by 5% (from baseline) by...
 - 
 Increase percentage of TOC Follow-up visits scheduled during TCM services outreach by 10% (from baseline) ...
 - 
 Identify 3-5 barriers to scheduling TOC Follow-Up appointments and report to Supervisor by August 30th.
 - 
 Successfully reach 70% for TOC Follow-up appointments post discharge within 7 and 14-days post discharge...

August 2023 * Updated 08/24/2023

TCM Team Member Name	ALL Initial TCM Outreach	Confirmed Initial TCM Outreach	TOC Appts Scheduled	Percentage Scheduled	Percentage Increase	Increase from June	Percentage of Successful Outreach
TEAM TOTAL	1497	525	55	6.1%	1.3%	-1.7%	35.1%

Challenges and Barriers

7-Day Follow-up

- Employed vs. non employed workflows
- In some cases-no physician availability
- Many provider bill E&M visit and not TCM code
- Patients with transportation or social issues are support by Care Coordination team (or Social work)
- 35% successful outreach rate (lack of engagement)

Annette Price
Quality Manager
Silver Pine Medical Group
United Physician, Inc



Silver Pine Medical Group- TOC Team

Care Management Team:

- Patient Care Coordinators
 - CMA or RMA certified in Care Management
- Care Managers
 - RN
 - NP / PA
 - LMSW
- Physicians
- Data Analyst
- Quality Manager



Silver Pine Medical Group- TOC Process



Process Overview:

- PCC pulls discharge reports
- PCC downloads discharge summaries
- PCC attempts to schedule patient within 2 business days
 - Successful: document & close
 - Unsuccessful: document & send to Care Managers
- Care Manager contacts patient
 - Discharge summary review
 - Medication Reconciliation
 - Addresses Barriers, Educates, & Provides Resources
 - Ensures appointment is scheduled
 - Documents discussion & close
- Clinician completes Hospital Follow-Up appointment
- PCC follow-up with patient 30 days post discharge
- Care Manager will follow-up pending PCC engagement note





Susan Nason, BSN, RN, CMC Ambulatory Care Navigator Bronson Centralized Disease Management

- Our team uses a mix of licensed and unlicensed personnel
- Medical Assistants call low and medium risk patients
- Registered Nurses call high risk patients
- We have RNs, pharmacists, and Social Workers imbedded in primary care offices in addition to a centrally located team with RNs, MAs, ASAs, and social workers
- We are planning to start utilizing MAs for medication reconciliation soon (with billing)



Carissa Cowen, CMA

Care Team Coordinator

Clinically Integrated Network



- Team includes Carissa and another trained Certified Medical Assistant to do hospital follow up calls for Munson Healthcare's outpatient primary care offices. We currently have 11 clinics we are doing calls for with more to be added.
- Carissa has been doing TOC calls since 2018 for the resident clinic, Munson Family Practice.
- We get our lists of discharged patients from McKesson STAR Reports, McLaren NM direct EMR access, MiHIN ADT Inbox, Right Fax notifications.
- We call all TOC patients and go over their discharge summary, along with also scheduling their TOC with their PCP.





Transitions of Care Discussion





Thank You for Joining!

Please complete the evaluation
e-mailed to you after the meeting.