

# The Basics of CoCM

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## ...As Did Primary Care Providers

“[Collaborative Care] has made a huge difference in the ability to manage my patients’ mental health in the long term. [Care Manager] has been able to spend more time than the 15 minutes available in clinic with myself and has been able to provide vital information in helping manage our patients’ complex social and mental health concerns (which often, at Ypsilanti, are deeply intertwined). The direct interaction she has with the psychiatrists in providing guidance regarding medication adjustments has been crucial. Additionally, I have had occasions when she will know the patients previously and will attend appointments with myself and the patient, and the insight she has to the case is invaluable. Overall, **the program’s effect on the patient care at the Ypsilanti clinic has been indispensable** and nothing but positive.”

—Jane Chagot, MD; Ypsilanti Family Medicine