

The Process of CoCM

Identifying Patients

Screening/Referrals

- Diagnosis of depression and/or anxiety
- PHQ-9 and/or GAD-7 of 10+

Additional Avenues

- New or changed dose of psychotropic medication
- Patient not responding to psychiatric medication
- Self-report (depression/anxiety symptoms)

Patient Finding

- A disease registry can be used to identify patients eligible for CoCM services

Patients who are not appropriate candidates:

- Currently under the care of a psychiatrist
- Currently involved with Community Mental Health