

The Process of CoCM

Higher Level of Care

- **Patients with:**
 - Severe substance use disorders
 - Active psychosis
 - Significant developmental disabilities
 - Personality disorders requiring long-term specialty care
- Current **CMH consumers** or persons requiring CMH-level services

The Process of CoCM

Considerations

- Significant cognitive deficits
- Acute safety concerns
- Psychotic symptoms
- Symptoms due to a medical condition
- Severe substance use disorder

Acute Safety Concerns: Suicidal Ideation

Suicidal ideation is a common symptom of depression

- Important to know when **immediate intervention** is needed
 - PHQ-9, Question 9: Thoughts that you would be better off dead or of hurting yourself in some way
- A workflow for suicidal ideation should be built into any Collaborative Care model as well as a **policy that all practice staff are familiar with**