|  |
| --- |
| Patient Engagement Curriculum Agenda |

|  |  |  |  |
| --- | --- | --- | --- |
| **TIME** | **SLIDES** | **TOPIC** |  **DETAILS** |
| 8:30-8:45 am15 minutes | 1-13 | Introduction  | * Welcome
* Housekeeping
* Introductions
 |
| 8:45-9:15 am30 minutes | 14-24 | The Why | Describe the patient-centered approach of MI* Activity – ruler line up
* Definition of MI
* Video – Mr. Smith’s Smoking Evolution
 |
| 9:15-9:45 am30 minutes | 25-41 | The Spirit  | Explain the conversation style that is the Spirit of MI* Evocation
* Compassion
* Acceptance
* Partnership
* Video – Expressing Empathy
* Activity – The non-compliant patient
* Activity – Your Turn (if Introspection exercise is used, have attendees reflect back on the exercise)
 |
| 9:45-10:30 am45 minutes | 42-62 | OARS | Demonstrate basic MI skills* Open –ended questions
* Activity – Open ended questions
* Activity – Closed vs open questions
* Affirmations
* Reflections
* Activity – In the Moment
* Video – Everybody Love Raymond
* Summaries
 |
| 10:30-10:45am15 minutes | 63-64 | BREAK |  |
| 10:45-11:15am30 minutes | 65-71 | OARS | * OARS +1
* Activity – Putting OARS in the Water
 |
| 11:15-12:00 pm45 minutes | 72-84 | Change Talk | Discuss how to use patient language cues (change talk and resistance) in the application of MI skills* DARN – CAT
* Sustain talk
 |
| 12:00-12:30 pm30 minutes | 85-86 | Lunch |  |
| 12:30-1:30 pm60 minutes | 87-103 | MI PROCESSES | Explain how to engage the patient in the four processes in MI necessary for health behavior change* Engaging
* Focusing
* Evoking
* Planning
 |
| 1:30 – 2:15 pm45 minutes | 104-126 | Barriers/Health Literacy | Identify barriers to patient engagement and behavior change* Video – Health Literacy
* Case study
* Teach back
* Discussion questions
 |
| 2:15-2:45 pm30 minutes | 127-134 | Barriers/Culture and Language  | Identify how to make cultural adaptations to MI* Activity – Group exercise / personal culture
 |
| 2:45-3:00 pm15 minutes | 135-139 | Assumptions |  |
| 3:00-3:15 pm15 minutes | 140-144 | Wrap up | * Review requirements for completion of course
* Questions
 |