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| Patient Engagement Curriculum Agenda |

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| **TIME** | **SLIDES** | **TOPIC** | **DETAILS** |
| 8:30-8:45 am  15 minutes | 1-13 | Introduction | * Welcome * Housekeeping * Introductions |
| 8:45-9:15 am  30 minutes | 14-24 | The Why | Describe the patient-centered approach of MI   * Activity – ruler line up * Definition of MI * Video – Mr. Smith’s Smoking Evolution |
| 9:15-9:45 am  30 minutes | 25-41 | The Spirit | Explain the conversation style that is the Spirit of MI   * Evocation * Compassion * Acceptance * Partnership * Video – Expressing Empathy * Activity – The non-compliant patient * Activity – Your Turn (if Introspection exercise is used, have attendees reflect back on the exercise) |
| 9:45-10:30 am  45 minutes | 42-62 | OARS | Demonstrate basic MI skills   * Open –ended questions * Activity – Open ended questions * Activity – Closed vs open questions * Affirmations * Reflections * Activity – In the Moment * Video – Everybody Love Raymond * Summaries |
| 10:30-10:45am  15 minutes | 63-64 | BREAK |  |
| 10:45-11:15am  30 minutes | 65-71 | OARS | * OARS +1 * Activity – Putting OARS in the Water |
| 11:15-12:00 pm  45 minutes | 72-84 | Change Talk | Discuss how to use patient language cues (change talk and resistance) in the application of MI skills   * DARN – CAT * Sustain talk |
| 12:00-12:30 pm  30 minutes | 85-86 | Lunch |  |
| 12:30-1:30 pm  60 minutes | 87-103 | MI PROCESSES | Explain how to engage the patient in the four processes in MI necessary for health behavior change   * Engaging * Focusing * Evoking * Planning |
| 1:30 – 2:15 pm  45 minutes | 104-126 | Barriers/Health Literacy | Identify barriers to patient engagement and behavior change   * Video – Health Literacy * Case study * Teach back * Discussion questions |
| 2:15-2:45 pm  30 minutes | 127-134 | Barriers/Culture and Language | Identify how to make cultural adaptations to MI   * Activity – Group exercise / personal culture |
| 2:45-3:00 pm  15 minutes | 135-139 | Assumptions |  |
| 3:00-3:15 pm  15 minutes | 140-144 | Wrap up | * Review requirements for completion of course * Questions |