

CHECKLIST: PRIOR TO NALTREXONE INITIATION

Patient Name: _____ Date: _____

- Review and sign treatment agreement and consents.
- Reinforce with patient the need for frequent appointment adherence, and establish whether this is realistic. If patient states that it is not manageable, address with the team prior to initiating treatment.
- Put counseling services in place prior to the patient starting treatment.
- Ensure that patient has been cleared by psychiatry if he/she has a concerning mental health history.
- Ensure labs are appropriate: hCG neg.; LFTs < 5x normal.
- Ensure patient has a UTS that is negative for all illicit substances.
- Ensure that detoxification from opioids is completed prior to the administration of naltrexone to prevent precipitated or spontaneous withdrawal. The patient must be off short-acting opioids for 5–7 days. If taking long-acting opioids, such as methadone or buprenorphine, the patient must be off for at least 7–10 days.
- Ensure that detoxification from alcohol has occurred prior to naltrexone initiation if patient has a history of alcohol-related seizures, DTs, longstanding daily use, presence of withdrawal signs or symptoms, or as otherwise clinically indicated.
- If patient is referred or presents from detox, ensure that he/she brings discharge paperwork with medication protocol to confirm what was prescribed (benzodiazepines, opioid agonists) while in detox. Benzodiazepines prescribed in detox may be present in UTS if naltrexone initiation occurs shortly after discharge from detox. Ensure that opioids are cleared and that 5–10 days have passed between last opioid dose and naltrexone initiation to prevent precipitated withdrawal.
- Consult with OBAT provider and clinical team after initial visit. After OBAT team review, schedule induction per protocol in collaboration with patient and team: date, time, prescription, and clinic schedule.

- Telephone patient to review medication initiation plan and order medication. E-fax oral naltrexone tablet prescription to pharmacy for patient to pick up. Extended-release injectable naltrexone often requires prior authorization from insurance and ordering through a specialty pharmacy; this process may take several days and requires thoughtful planning.
- Patient presents to clinic for induction/medication initiation.

Nurse Case Manager (Print Name)

Signature

Date

Witness (Print Name)

Signature

Date

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